



Ambassador Orientation Initial CDCES[®] Certification Preparing for the Exam

(last updated Sept 2024)



Preparation – What to Study?

- As the CDCES certification is a practice-based certification, it requires individuals to accrue professional practice experience prior to applying. This practice experience is necessary in order to master the knowledge and application of that knowledge associated with the specialty.
- As such the ‘where to go’ to study is not an easy and direct answer to provide as one cannot just study from a ‘book’ to prepare for the exam. The exam does assess not just knowledge related to diabetes care and education but the ability to apply knowledge and analyze situations a diabetes care and education specialist may see in their role.



Prep Tips

- Review the Exam Handbook
 - Review Exam Content Outline (ECO)
 - Identify potential areas for study
 - Review References/Resources page
- Responsible for knowledge over all of ECO
- Consider usual population – be sure to study aspects of the ECO outside of that profile
- Reach out to peers and/or members of diabetes care team from different discipline



Exam Content Outline – CDCES Program (effective 7/2024)

Category	Domain	No. of Questions/Percent
I	Assessment	37 (25% scored)
II	Care and Education Intervention	105 (70%)
III	Standards and Practices	8 (5%)
Total Scored Items		150 (100%)
Pre-test Unscored Items		25 (any above category)

[Visit website for full Exam Content Outline](#)



General Test Preparation

- Develop study plan
- Know amount of content
- Develop time line
- Organize content
- Prioritize content based on your strengths and weaknesses
- Study in short bursts
- Take breaks
- Consider creating/joining a study group



Prep Tips

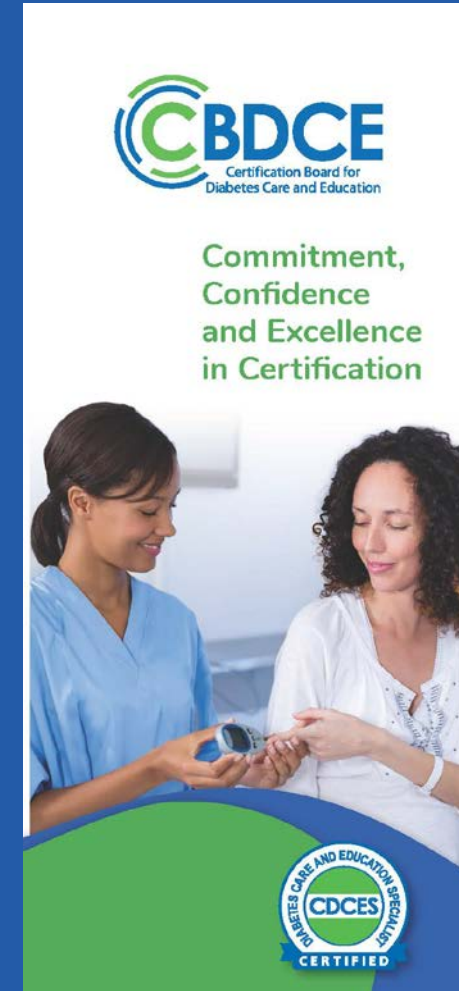
- Still nervous about exam day? Consider making use of a practice examination
- **CDCES** Program - Learn more at:
<https://www.cbdce.org/prepare>



Becoming a CDCES

Exam Details & Preparation

Learn more by visiting the CBDCE website at cbdce.org and/or downloading the examination handbook





Thank you for reviewing:
Ambassador Orientation –

Initial CDCES® Certification - Preparing for the Exam

Please scan the QR code or use the link below to complete the quiz about this presentation:

<https://form.jotform.com/242685004619155>

