



MedStar Health

MedStar Diabetes Institute

April 15, 2021

Certification Board for Diabetes Care and Education
330 East Algonquin Road, Suite 4
Arlington Heights, IL 60005

Dear CBDCE BOD,

It is my pleasure to write a letter of recommendation for Carine Nassar, MS, RD, CDCES. Carine and I have been MedStar colleagues for over 15 years and I feel fortunate to have the opportunity to work with such an exemplary researcher and DCES.

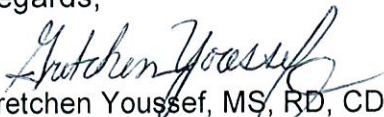
Carine's significant contribution to diabetes care and education through diabetes research has changed the way we care for patients with elevated blood glucose in the MedStar Health System, improved outcomes and increased patient and provider satisfaction.

Carine is highly focused and would bring strong evaluation and strategic planning skills to the CBDCE as she has exhibited in her role as Co-Program Director of the MedStar Diabetes Institute. In addition, she is detailed oriented and has excellent understanding of budgeting and evaluation of resource appropriation.

She has excellent communication skills; both written and verbal and is respectful of others when communicating her thoughts and building consensus. As part of her Program Director role, she successfully interacts with key stakeholders and leaders across our system. In addition, she understands the responsibility of being a BOD and would be respectful of the confidentiality and role she will take in this position.

I believe that Carine would be an excellent fit for your BOD and would make significant contributions.

Regards,



Gretchen Youssef, MS, RD, CDCES
Co-Program Director, MedStar Diabetes Institute
MedStar Health