

Dana E. Brackney

PhD, MSN, RN, CNS, CDCES, BC-ADM

Appalachian State University
Beaver College of Health Sciences
Department of Nursing
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Professional Interests

Research:

Diabetes, Management
Diabetes, Prevention
Diabetes, Experience
Education, Simulation
Education, Nursing
Communication

Teaching:

Adult Health
Health Assessment
Nursing Process
Nursing Theory
Nursing Research
Community Health
Pharmacology
Educational Strategies
Information Technology

Education

PhD, East Tennessee State University, 2010.

Major: Nursing
Supporting Areas of Emphasis: Diabetes
Dissertation Title: "Knowing Where I Am At" The Experience of
Self-Monitoring Blood Glucose for People with Non-Insulin-Requiring Type 2
Diabetes.

MSN, University of North Carolina-Chapel Hill, 1990.

Major: Nursing
Dissertation Title: The Influence of Culture on Patients' and Nurses'
Perceptions of Important Nurse Caring Behaviors.

BS, Wheaton College, 1987.

Major: Liberal Arts/Nursing

BSN, Rush University, 1987.

Major: Nursing

Work Experience

Academic

2019 - present Associate Professor, Appalachian State University.
2013 - 2019 Assistant Professor, Appalachian State University.
2012 - 2013 Adjunct Faculty, Appalachian State University.
2010 - 2012 Clinical Faculty, Appalachian State University.
1995 - 1996 Adjunct Faculty, North Carolina A & T State University.
1992 - 1993 Adjunct Faculty, The University of North Carolina at Greensboro.

Professional

2018 – present Diabetes Educator, Appalachian Regional H.S. Boone, NC.
2003 – 2015 Advanced Diabetes Manager, Mtn. Family Medicine. Boone, NC
2001 – 2003 School Nurse, Kettering City Schools. Kettering, Ohio.
1991 – 1996 CNS, CCM, Wesley Long Community Hospital, Greensboro, NC.
1987 – 1990 Charge Nurse, University of North Carolina Hospital, Chapel Hill.

Licensures and Certifications

Clinical Nurse Specialist, NC BON. (June 15, 2013 – November 30, 2020).
Advanced Diabetes Manager, ANCC. (initial June 16, 2008; - June 15, 2023).
Certified Diabetes Care and Education Specialist, CBDCE. (initial 1993;
September 1, 2017 - December 31, 2022).
Registered Nurse, NC BON # 98002. (July 18, 1987 - November 30, 2020).

Professional Memberships

American Association of Diabetes Educators.
American Nurses Association.
North Carolina Nurses Association.
Sigma Theta Tau.
International Association of Human Caring.

Awards and Honors

2021, 2020, 2019, 2018: Named the Most Memorable Graduate Faculty Member,
College of Health Sciences, Appalachian State University
2018: Staff 'Shout Out' recipient.
2016: Named to the Most Helpful Faculty Member, Office of Student Success,
Appalachian State University
2013: Making A Difference Award; College of Health Science, Appalachian State
University

TEACHING

Teaching Experience

Appalachian State University – Courses Taught (2010 – Present)

Prelicensure

NUR 2002, FOUNDATIONS LABORATORY.
NUR 3040, NURSING PHARMACOTHERAPEUTICS I.
NUR 3112, ADULT HEALTH NURSING II CLINICAL.
NUR 3120, HEALTH ASSESSMENT ACROSS THE LIFE SPAN.
NUR 3121, HEALTH ASSESSMENT ACROSS THE LIFE SPAN. (Course Coordinator)
NUR 3120, HEALTH ASSESSMENT LABORATORY.
NUR 3130, TRENDS & ISSUES IN NURSING.
NUR 4200, NURSING RESEARCH.
NUR 4210, NURSING RESEARCH APPLICATION.
NUR 4130, PROFESSIONAL NURSING CAPSTONE. (Course Coordinator)
HON 4010, SR HONORS THESIS/PROJECT.

RN-BSN

NUR 3011, CONCEPTS OF PROFESSIONAL NURSING.
NUR 3021, HEALTH ASSESSMENT. (Course Coordinator)
NUR 4021, NURSING CARE OF COMMUNITIES. (Course Coordinator)
NUR 4033, NURSING RESEARCH. (Course Coordinator)
NUR 4051, NURSING CARE OF THE OLDER ADULT

MSN

NUR 5040, THEORIES FOR ADVANCED NURSING PRACTICE.
NUR 5150, ADVANCED HEALTH ASSESSMENT FOR ADULTS.
NUR 5715, INSTRUCTIONAL STRATEGIES FOR NURSING AND INFORMATICS.
NUR 5600, RESEARCH PROJECT

Teaching Innovation and Curriculum Development

NUR 4200, Nursing Research, Fall 2019. Developed new educational materials.
New Course, NUR 4210, Nursing Research Application, Spring 2019. Developed all educational materials.
New Course. NUR 5715 Instructional Strategies and Nursing Informatics. Fall 2017. Developed all educational materials. Incorporated A-Portfolio and integrated with the online MSN program. Reviewed by Quality Matters.

New Course. NUR 3121 Health Assessment Across the Life Span. Spring 2017, Spring 2018

Redesigned NUR 3020 from a 15 week course to a 5 week course with significant changes in instructional design. This included an integration of lab/clinical with a four day class schedule. In addition, I created active learning activities with in class group work, case studies and developed authentic assessments. Revised again in Spring 2018 to a twice a week flipped classroom.

New Course. NUR 5150 Advanced Health Assessment. Fall 2016.

Developed new course for the online MSN program. Integrated best practice and submitted course through quality matters. Used innovative artificial intelligence program to support course content.

New Course. NUR 5040 Theories for Advanced Nursing Practice. Summer 2016.

Taught this newly developed course for new MSN program

Revise Existing Course. NUR 3021 Health Assessment. Summer 2016.

As course coordinator I revised this online course to include a number of technological adaptations. The course had not been updated for 5 years and course content and assignments were updated as well as use of technology within this online course.

Revise Existing Course. NUR 3040 Nursing Pharmacotherapeutics I. Spring 2016.

I redesigned this course using Fink's taxonomy for meaningful education. This included class activities related to high risk medications and creating an educational framework using the 5 rights of medication administration to organize course content. Innovative activities included group development of case study and performance to demonstrate course concepts.

Revise Existing Course. BSN program. Spring 2015.

Curriculum design for use of simulation across the BSN program.

Designed new course to synthesize labs in the Junior Fall semester. Course redesign. Including course calendar with integration of materials across the junior curriculum. Development of simulation activities for all of the content areas and a final lab experience with high fidelity simulation including administration of medication, assessment, evaluation and performance of care skills, documentation and nursing diagnosis.

Non-Credit Instruction

Graduate Project (2), Chair (December 2018 – present)

Graduate Projects (2), Reader (September 2018 - present)

Graduate Projects (2), Reader (September 2017 – December 2018)

Graduate Thesis, reader (August 2017 – December 2018)

Undergraduate Honors Thesis, Chair (August 2018-present)

Undergraduate Honors Thesis, Chair (August 2016-May 2017)

Undergraduate Honors Thesis, Chair (August 2015-May 2016)

Undergraduate Honors Thesis, Reader. (November 2012 - August 2013).

Skills Lab, Instructor/Lecturer/Faculty 90 students/semester (2011-2016).

RESEARCH

Published Intellectual Contributions

Refereed Journal Articles Published

Brackney, D. E., Daughtridge, E., Tocci, N. D., Childers, S., Wilson, T. & Meucci, M, (Accepted 4/13/21). Feasibility of play-based dance to promote physical activity in second grade students. *American Journal of Health Education*,

Hawes, E. M., Lee, C. R., **Brackney, D. E.**, Ensly, T. G., Kidd, J., & Page, C. (2020). Cannabidiol products: Review of the regulatory and clinical considerations. *The Journal for Nurse Practitioners* 16 (10), 741-755. <https://doi.org/10.1016/j.nurpra.2020.07.022>

Smith, C. M., Lane, S. H., **Brackney, D. E.**, & Horne, C. E. (2020). Role expectations and workplace relations experienced by men in nursing: A qualitative study through an interpretive description lens. *Journal of Advanced Nursing*, 76(5) <https://doi.org/10.1111/jan.14330>

Furr, S., Lane, S. H., Martin, D., & **Brackney, D. E.** (2020). Understanding roles in health care through interprofessional educational experiences. *British Journal of Nursing* 29(6). <https://doi.org/10.12968/bjon.2020.29.6.364>

Brackney, D. E. & Lane, S. H. (2020). Visible reading using PDF software as an innovative teaching strategy. *Nursing Education Perspectives*. <https://doi:10.1097/01.NEP.0000000000000656>

Brackney, D. E. (2018). Hypoglycemia: An unwelcome companion in effective diabetes management. *American Nurse Today*, 13(8), 1-6. www.americannursetoday.com/archive/june-2018-vol-13-no-8/

Brackney, D. E. (2018). Enhanced self-monitoring blood glucose in non-insulin-requiring Type 2 diabetes: A qualitative study in primary care. *Journal of Clinical Nursing*, 27(9-10), 2120-2131. <https://doi.org/10.1111/jocn.14369>

Beaver College of Health Sciences Summer Research funds supported this project.

Brackney, D. E. & Brooks, J. L. (2017). Complementary and alternative medicine: The Mozart Effect on childhood epilepsy, a systematic review. *The Journal of School Nursing*, 34(1), 28-37. <https://doi.org/10.1177/1059840517740940>

Brackney, D. E. & Lane, S. H., Dawson, T., Koontz, A. (2017). Simulation performance and National Council Licensure Examination for Registered Nurses outcomes: Field research perspectives. *Creative Nursing*, 23(4), 555-565. <https://doi.org/10.1891/1078-4535.23.4.255>

Sigma Theta Tau International, *Phi Psi Chapter Research Grant* supported this project.

Brackney, D. E. & Priode, K.S. (2017). Back to reality: The use of the PQ for measurement of fidelity in simulation. *Journal of Nursing Measurement*. 25(2), 66E-73E. <https://doi.org/10.1891/1061-3749.25.2.E66>
Beaver College of Health Sciences Summer Research funds supported this project.

Lane, S. H., Huffman, C, **Brackney, D. E.** & Cuddy, A. (2016). Going domestic: Importing the study abroad experience, the development of a multicultural New York City study away program. *Nursing Forum*, 52(3), 196-206. <https://doi.org/10.1111/nuf.12189>.

Brackney, D. E. (2016). New insulin preparations: Potential benefits and risk assessments. *The Journal for Nurse Practitioners*. Elsevier. 12(3), 75-79. <https://doi.org/10.1016/j.nurpra.2015.11.009>
Beaver College of Health Sciences Summer Research funds supported this project.

Brackney, D. E. & Priode, K. S. (2015). Creating context with prebriefing: A case study using simulation. *Journal of Nursing Education and Practice*, 5(1), 129-136. <https://doi.org/10.5430/jnep.v5n1p129>
Beaver College of Health Sciences Summer Research funds supported this project.

Brackney, D. E. & Cutshall, M. (2014). Prevention of Type 2 Diabetes among youth: A systematic review, Implications for the school nurse. *The Journal of School Nursing*. 31(1), 6-21. <https://doi.org/10.1177/1059840514535445>

Refereed Journal Articles prior to Appalachian State

Brackney, D. E. (2010). The first four visits: Blood glucose testing aids diabetes self-management in primary care. Chicago, IL: AADE *Diabetes In Practice*.

Brackney, D. E. (2007). Read, write, laugh and learn: A student's perspective, 8, 5-7. *Indo-Pacific Journal of Phenomenology*.
www.ipjp.org/index.php?option=com_jdownloads&Itemid=25task=view.download&cid=49

Presentations

Huffman, C & **Brackney, D. E.** (October 15-18, 2020, online). Weighing in: Patient experiences with lifestyle modification of PCOS related infertility, *Nurse Practitioner Woman's Health National Conference*, Anaheim, CA.

Brackney, D. E. & Daughtridge, E., Meucci, M. (September 14–18, 2020, virtual). Mornings in Motion, school-based dance for health and wellness: Feasibility and physical activity outcomes, *2020 Virtual Research and Creative Activities at Appalachian (RECAPP)*, Boone, NC.

Presentations (cont.)

Brackney, D. E. & Daughtridge, E. (August 14–17, 2020, online). Mornings in Motion, school-based dance for health and wellness: Feasibility and physical activity outcomes, *Association of Diabetes Care & Education Specialists Annual Conference, Atlanta, GA.*

Brackney, D. E. & Lane, S. H., (February 20, 2020). *Moving from forums to authentic community: Applying adult learning theory. SOTL Commons Conference, Savannah, GA.*

Lane, S. H., **Brackney, D. E.** Howell, M., Huffman, C., & Harmon, K. (February 20, 2020). Developing healthcare cultural competence with study away: Experiential learning pedagogy. *SOTL Commons Conference, Savannah, GA.*

Brackney, D. E. & Lane, S. H., (February 22, 2019). Purposeful reading: Using pdf editors to orient adult learners to the reading of nursing scholarship. *American Association of Colleges of Nursing, Masters in Nursing Conference, Tampa, FL*

Brackney, D. E. (September 26, 2018). Mornings in Motion. *SCORE, Boone, NC*

Lane, S. H. & **Brackney, D. E.**, (February 23, 2018). Innovative access to educational materials using open textbooks: Examples of content for online MSN education. *American Association of Colleges of Nursing, Masters in Nursing Conference, Anaheim, CA*

Brackney, D. E. & Lane, S. H., (February 23, 2018). Innovative pedagogical approaches: Using Tanner's (2006) clinical judgement model to guide online reflection. *American Association of Colleges of Nursing, Masters in Nursing Conference, Anaheim, CA*

Huffman, C., **Brackney, D. E.**, Martin, S. (2017, October 28 – November 1). Provider experiences with lifestyle management in women with PCOS. Poster presentation *American Society of Reproductive Medicine, Scientific Congress, San Antonio, TX*

Brackney, D. E. (2017, February). Physical assessment in the age of experience. Podium presentation at the *American Association of Colleges of Nursing, Masters in Nursing Conference, Atlanta GA*

Presentations (cont.)

- Lane, S. H. & Huffman, C & **Brackney, D. E.** (2017, February). Importing the study abroad experience for undergraduate and graduate students: the development of an interprofessional multicultural New York City Study Away Program. Poster presentation at the *American Association of Colleges of Nursing, Masters in Nursing Conference*, Atlanta GA
- Lane, S. H. & Huffman, C & **Brackney, D. E.** (2016, November). Bringing cultural learning to rural nursing: A New York City Study Away Program. Podium presentation for the *Global Symposium*. Boone, NC.
- Brackney, D. E.**, Lane, S.H. & Huffman, C. (2016, November). Using Tanner's (2006) Clinical Judgement Model for reflection on service learning. Podium presentation for the *Global Symposium*. Boone, NC
- Lane, S.H., Huffman, C. & **Brackney, D. E.** (2016, November). Bringing cultural learning to rural nursing. Podium presentation for the *Global Symposium*. Boone, NC
- Brackney, D. E.** & Bernard, J. S. (2016, October). Stroke and diabetes in context. Lecture for the *Interprofessional Education Symposium*, Boone, NC
- Brackney, D. E.** & Lane, S. H. (2016, February). Trends in Nursing Education: Evaluating Program Outcomes and Competency with Simulation; Podium presentation for the *American Association of Colleges of Nursing, Masters in Nursing Conference*, Houston, TX
- Brackney, D. E.** (2015, August). Use of SMBG in T2 DM Self Management: 'Knowing Where I Am At'. Podium presentation at AADE Jazz it up with innovation and engagement, *American Association of Diabetes Educators*, New Orleans, LA
- Brackney, D. E.** (2014, March). Story Telling and SMBG: The Experience of Type 2 Diabetes in Southern Appalachia. Poster session presented at the annual meeting of the *STTI Honor Society of Nursing Region 13 Research Conference*, Sigma Theta Tau, Winston-Salem, NC
- Brackney, D. E.** (2013, June). Mrs. D Exploring Narrative as Transforming Care for Diabetes Management in Primary Practice. Paper presented at the annual meeting of the *34th International Association for Human Caring Conference*, IAHC, Orlando, FL
- Brackney, D. E.** (2013, March). Story Telling and Self Monitoring Blood Glucose: The Experience of Type 2 DM in Southern Appalachia. Paper presented at the annual meeting of the *Appalachian Studies Association*, Boone, NC

Presentations (cont.)

Brackney, D. E. (2011, August). Story Telling and SMBG: The Experience of Type 2 Diabetes in Southern Appalachia. *AADE Annual meeting*, San Antonio, TX

Brackney, D. E. (2007, August). Diabetes Management in Primary Care: A Model. Podium presentation at the national meeting, *American Association of Diabetes Educators*, St. Louis, MO

Media Contributions

Internet

Healio. (August 6, 2015).

Endocrine Web. (August 6, 2015).

Science Daily. (August 5, 2015).

Research in Progress

Furr, A., **Brackney, D. E.**, & Turpin, R. (2020). Perinatal nurses respond to Shared Decision-Making education: A quasi-experimental study. *Journal of Perinatal Nursing*,

Huffman, C., **Brackney, D. E.** & Phillips, C. (On-going) "PCOS lifestyle management for infertility". C. Phillips presented at the State of North Carolina Undergraduate Research and Creativity Symposium.

Brackney, D. E., Meucci, M. & Daughtridge, E. (On-going), IRB approved interprofessional research project. "Afternoons in Action" Research group. Data Collection underway Fall 2019.

Brackney, D. E. "Nursing Experiences" (On-Going)
IRB approved collection of critical incidents beneficial for nursing education. I integrated the data collected into the courses that I have taught. This descriptive study is being written up as an educational innovation.

Brackney, D. E. "Virtual Reality in the Simulation Environment".
IRB # 18-0119 Applied and received summer support 2018 for this study of student experience with virtual reality education. Recruited faculty participants from UNC-G was not successful. 18 participants with continued data collection planned for 2019.

Grants Awarded

Brackney, D. E. (2019) & Daughtridge, E. "School Based Dance for Child Fitness." *University Research Council*, (3.022.00).

Lane, S. H. & **Brackney, D. E.** (2015). Sigma Theta Tau International, *Phi Psi Chapter Research Grant Award*. (\$500).

Grant Submissions

Belcher, B., **Brackney, D. E.** & Beaver College of Health Sciences (2019) Hillman Emergent Innovation- 2019.

Lane, S. H. & **Brackney, D. E.**, Huffman, C. S. (2017). Study Abroad Exchange: ASU X 2, *Appalachian State University QEP Grant*. (\$7,500)

Brackney, D. E., Meucci, M., & Daughtridge, E. (2017). Guided Movement to Music for Elementary Students, *Kelly Cares* (\$9,544)

Brackney, D. E. & Daughtridge, E. (2017). Obesity Prevention with Guided Movement to Music for Elementary Students, *URC* (\$10.000)

Brackney, D. E. (2012). Simulation for Rural Health Care, *Economic Innovation Grant. Rural Center*. (\$80,100).

SERVICE

Department

2013-2014

Chair, Faculty Development Committee.

Developed materials for educational offerings and CEU approval:

Transforming the Healthcare Experience through Art.

Established a writing club for faculty (write watchers) with Susan Lane.

Updated the Department of Nursing Faculty Handbook.

Member, Admissions Committee.

Reviewed admissions process

Read applicant essays

Evaluated applicants

Member, Faculty Search Committee

Reviewed each applicant

Contacted references

Participated in campus visits and interview process

Member, Department Personnel Committee

Advisor, BSN students

Met with students and kept information in Degree Works

Held advising dinner in my home
Developed Emergency Simulation for senior students.
Attended Nursing Department Community Advisory Board meetings.
Participated in the fall welcome back student events as organized by student affairs.
Scheduled training for faculty on simulation equipment
Assessed simulation equipment needs obtained quotes and requested materials.
Maintained functioning simulation lab.

2014-2015

Chair, Faculty Development Committee.

Maintained a writing club for faculty (Write Watchers) with Susan Lane.
Reorganized the Department of Nursing Faculty Handbook.
Submitted for faculty approval Department of Nursing Promotion and Tenure Document.

Member, Chair Search Committee

Reviewed each applicant
Contacted references
Participated in campus visits and interview process

Member, MSN Task Force

Contributed to the writing of the revised MSN proposal appendix C.

Member, Curriculum committee.

Advisor, BSN students

Met with students and kept information in Degree Works
Held advising dinner in my home

Developed a new Junior spring lab course with high fidelity simulation.

Developed a new Senior spring lab course with simulation and emphasis on high patient risk skills (central line, chest tubes, emergency protocols).

Attended Nursing Department Community Advisory Board meeting.
Participated in the fall and spring welcome back student events as organized by student affairs.
Maintained functioning simulation lab.

2015-2016

Chair, Faculty Search Committee.

Complete search for two faculty positions

Chair, Program Evaluation Committee.

Evaluated EBI results and guided a discussion on results for department.
Changed EBI timing to match RN-BSN graduation changes.
Organized tracking of supporting documentation with program objectives
Communicating process with faculty.

Member, MSN Task Force

Contributed to revising recruiting materials
Reviewed letters for applicants
Reviewed applications for admission

Advisor, BSN students

Met with students and kept information in Degree Works
Held advising dinner in my home.

Developed a new Fall lab course for the junior year which integrated
Pharmacology, Nursing Process, Adult Health I and Skills using simulation
and other educational modalities.

Participated in the fall and spring welcome back student events as organized by
student affairs.

Maintained functioning simulation lab.

2016-2017

Chair, Faculty Search Committee.

Completed search for three faculty positions

Program Evaluation Committee.

Evaluated EBI results and guided a discussion on results for department.

Communicating process with faculty.

Chair, MSN Committee

Contributed to writing of program outcomes and assessment.

Reviewed letters for applicants

Reviewed applications for admission

Provided two day MSN orientation

Advisor, BSN students

Met with students and kept information in Degree Works

Held advising lunch in my home. (December 2017)

Redesigned NUR 3040 Pharmacotherapeutics I for Summer

Participated in student events as organized by student affairs.

Maintained functioning simulation lab (2016).

Wrote 18 reference/recommendation letters.

2017-2018

Faculty Search Committee.

Contributed to the position announcement and review of applications for four
faculty position openings.

Program Evaluation Committee.

Created plan with clear delineation of responsibilities for each committee.

Evaluated EBI results and guided a discussion on results for department.

Communicated program evaluation process with faculty.

MSN Committee

Contributed to writing of program outcomes and assessment.

Contributed to preparation for **CCNE accreditation visit.**

Reviewed letters for MSN applications.

Reviewed applications for admission.

Provided two-day MSN orientation

Contributed to **self-study document** with focused work on **Standard IV.**

Mentor, BSN students

Informed students of professional events and opportunities

Met with interested students

Held advising dinner in my home (December 2017)

Redesigned NUR 3121 Health Assessment Across the Life Span

Supported student events:

Participated in both Student Affairs and MSN program events: White Coat ceremony, soup day, sweet relief, and educational toolbox.

Collaborated with Social Work Department to **integrate Screening, Brief Intervention and Referral to Treatment (SBIRT) across the nursing curriculum.**

Wrote 11 reference/recommendation letters for students seeking to advance their education.

Safety Committee

Member, Edwin Duncan (Fall 2017). Prepared to respond to local emergency.

2018-2019

Program Evaluation Committee. (Spring 2019)

MSN Committee Chair

Reviewed letters for applicants

Reviewed applications for admission

Provided two-day MSN orientation

Mentor, BSN students

Informed students of professional events and opportunities

Met with interested students

Course Design

Designed NUR 4210 Nursing Research Application

Student events:

Participated as organized by student affairs or MSN program: white coat ceremony, Sigma Theta Tau, Phi Psi Event. (Fall 2018, Spring 2019)

BSN Student interviews:

Participated in BSN program applicant interviews. (Spring 2019)

Collaborated with Social Work Department to **integrate Specific Brief Intervention and Referral to Treatment (SBIRT) across the nursing curriculum.** SBIRT Module 2 Training January 10th and 16th.

Wrote 16 reference/recommendation letters for students seeking to advance their education.

2019-2020

Program Evaluation Committee Chair

MSN Committee

Reviewed letters for applicants

Reviewed applications for admission

Provided MSN orientation

Mentor, BSN students

Informed students of professional events and opportunities

Met with interested students
Course Design
New Preparation and design for NUR 4200 Nursing Research
Student events:
Participated as organized by student affairs or MSN program: Sigma Theta Tau, Phi Psi Event-moved to Online. (Fall 2019, Spring 2020)
BSN Student interviews:
Participated in BSN program applicant interviews. (Spring 2020)
Collaborated with Social Work Department to **integrate Specific Brief Intervention and Referral to Treatment (SBIRT) across the nursing curriculum**. SBIRT Module 2 Training January 9th and 13th.
Wrote 12 reference/recommendation letters for students seeking to advance their education.

College

2013-2014

Member, College of Health Sciences (CHS) Task Force on Strategic Planning.
(Compensated)

Met with CHS members to work on the following college topics: review of organizational structure, enrollment management plan, areas for growth, research focus, by-laws, promotion and tenure guidelines, work load and faculty expectations.

Attended CHS board meeting and presented information on the simulation lab.

2014-2015

Beaver CHS Building Project and Planning.

Contributed to building project planning related to nursing lab space. Visited other labs and researched lab design.

Wake Forest PA program

Scheduled and oriented faculty to simulation space and equipment.

Inter Professional Education. (April 27, 2015).

Discussion leader with Wake Forest Faculty member facilitating case based education.

Attended CHS board meeting and presented information on the simulation lab.

2015-2016

Beaver CHS Building Project and Planning.

Contributed to building project planning related to nursing lab space. Visited other labs and researched lab design, provided information as requested.

Attended classroom space planning meeting.

Wake Forest PA program

Scheduled and oriented faculty to simulation space and equipment.

Inter Professional Education. (October 26, 2015).

Discussion leader to facilitate case based education.

2016-2017

Wake Forest PA program

Scheduled and oriented faculty to simulation space and equipment.

Inter Professional Education. (October 24, 2016).

Invited speaker on pathophysiology of stroke and diabetes.

Discussion leader to facilitate case based education.

Graduation participant December 2016 and May 2017

Participated in Pinning May 2017

2017-2018

Inter Professional Education (March 2018)

Wrote case study for IPE even March 2018,

Participated in **SBIRT development in nursing curriculum**

Participated in White Coat Ceremony 2017

Participated in Pinning December 2017

Participated with the Rural Health Outreach and Collaborative (RHOC)

Contributed to the development of a universal health data set.

Graduation participant December 2017 and May 2018

Participated in Pinning May 2018

2018-2019

Ribbon Cutting tour guide for Leon Levine Nursing Labs (Fall 2018 9/21/18)

Inter Professional Education (2018)

Participated in **SBIRT development in nursing curriculum**

Presenter Pre-Health Conference, Boone, NC. Advanced Practice Nursing:

Overview. October 27, 2018

Participated in RN-BSN recognition December 2018

Graduation participant December 2018 and May 2019

Participated in Pinning May 2019

2019-2020

Participated in **SBIRT development in nursing curriculum**

Participated in RN-BSN recognition December 2019

Graduation participant December 2019 and May 2020 (video greeting)

University

2013-2014

Open House. (September 2013).

Represent the simulation lab to prospective students STEM. (April, 2014).

Organized materials and activities and volunteers for STEM related to Nursing

Honors College. Guided Michael Cutshall's in completion of his honor's thesis

2014-2015

Open House. (September 2014).

Represent the simulation lab to prospective students.

STEM. (April, 2015).

Organized materials and activities and volunteers for STEM related to Nursing

2015-2016

Open House. (September 2015).

Represent the simulation lab to prospective students

The University of North Carolina System Board of Governors Presentation.

(March 17, 2015).

Presented the BCHS simulation lab to the board of governors and university administrators. I prepared students to demonstrate the use of the lab and answered questions from the board.

NC Science Expo (April 2016)

Presentations for Williams Academy 25 6th-8th and Jr Discovery Academy 25 9th graders

2016-2017

Open House. (September 2016).

Represented the simulation lab and Appalachian programs to prospective students

STEAM Expo (April 2017)

Organized materials, activities and volunteers for STEM program.

Honors College. Guided Jessica Brooks in completion of her honor's thesis

2017-2018

Open House (September 2017)

Represented the simulation lab and Appalachian programs to prospective students

PREPARE (Fall 2017 – Spring 2018)

Worked with the Office of Research to develop Grant acquisitions.

National Accreditation

Prepared for Accreditation visit from the Commission on Collegiate Nursing Education

Honors College Guided Kara Czarnecki in her honor's thesis-withdrew 2017

Safety Committee (Fall 2017)

Prepared to respond to emergencies or prevent injury on campus

College Diabetes Network (Spring 2018)

Served as the CDN faculty advisor. Helped this new club to establish bylaws, checking account, attended meetings and met with parents of students with diabetes.

2018-2019

Ribbon Cutting Ceremony, Leon Levine Hall, September 2018

Represented the simulation lab and Appalachian programs to at the ribbon cutting ceremony
Honors College Guided Clare Phillips in her honor's thesis, URC presentation Inclusive Leadership Retreat, **Sustained Dialogue**, Participant with student groups, October 25-26, 2018
 Faculty Advisor, College Diabetes Network, Student organization.

2019-2020

Faculty Advisor, College Diabetes Network, Student organization.

Community:

Sigma Theta Tau

Member of Phi Psi and support the mission of the organization.

Appalachian Regional Health Care System

I started and support the program, *Moving forward with Diabetes*, at the Broyhill Wellness Center. This program achieved ADA recognition and uses evidence based group visits to serve people with diabetes.

State of the Child Community Forum (April 2018)

I participated in this Watauga Compassionate Community Initiative to support children with Adverse Childhood Events (ACEs).

Professional Service

1993 - Present	Member	American Association of Diabetes Educators
2003 - 2015	Provider	Mountain Family Medicine
2003 - Present	Member	American Nursing Association
2003 - Present	Member	North Carolina Nurses Association (NCNA)
2014 - Present	Member	NCNA Simulation Council,
2015 - Present	Member	NCNA CNS Council
2013 - Present	Member	Sigma Theta Tau, Phi Psi
2014 - 2015	Leadership Succession	Sigma Theta Tau, Phi Psi
2015 - 2017	Treasurer	Sigma Theta Tau, Phi Psi
2014 - 2015	MSN Preceptor	Eastern Carolina University
2014 - 2015	Role-Delineation Study	American Association of Diabetes Educators
2014 - Present	Journal Reviewer	Journal of School Nursing,
2014 - Present	Journal Reviewer	Journal of Nurse Practitioners
2015	Journal Reviewer	Policy, Politics & Nursing Practice
2015	Consultant	BCHS Researchers.
2018 - Present	Provider	Appalachian Regional Healthcare System
2019 - Present	Journal Reviewer	Journal of Nursing Measurement

PROFESSIONAL DEVELOPMENT ACTIVITIES

2020 CEU hours (27.0)

2019 CEU hours (30.5)

2018 CEU hours (11.5)

Workshop, "Scaffolding in an Accelerated Nursing Program", Bailey, C. PhD, MSN, RN, APRN-BC, CHSE, Beeler, L, MSN, RN, FNP, PhD(c), SSTI, Phi Psi, Boone, NC (November 29, 2018)

Continuing Education, "Identifying Leadership Potential and Strategies for Individual Growth", Rachel Zimmer, DNP, NP-C, NCNA, Boone, NC. (July 17, 2018), 1.0

Continuing Education, "Welcome and Opening Plenary: Improving the work is the work", AACN, (February 22, 2018), 1.5

Continuing Education, "Plenary Session: Clinical Transformation in quality and safety and nursing leadership", AACN, (February 22, 2018), 1.5

Continuing Education, Learning Labs; "Moving the evidence on online courses and class size to practical application", (February 23, 2018), 1.0

Continuing Education, "Learning Labs Preparing for CCNE Accreditation & tips on reporting data: Commonly asked Questions", (February 23, 2018), 1.0

Continuing Education, "Podium Abstracts", AACN, (February 23, 2018), 2.5

Continuing Education, "CCNE Forum on Accreditation Standards: An update on the review and revision process", AACN, (February 24, 2018) 1.0

Continuing Education, "Program Session New Developments from the National Council of State Boards of Nursing for Master's Education", AACN, (February 24, 2018), 1.0

Continuing Education, "Closing Program Session Managing Up and Influencing Across: A New Leadership Competency", AACN, (February 25, 2018) 1.0

2017 CEU hours (52)

Continuing Education Program, "8th Annual Pharmacology Update for Primary Care Providers," Carolina Nursing Center for Lifelong Learning, Chapel Hill, NC. (December 8, 2017). 6.4

Faculty Development, "PREPARE", Appalachian State, Office of Research, (October 27, 2017). 7.0

Faculty Development, "AGrants: Internal Routing & Proposal Review", Appalachian State Workshops, (October 26, 2017). 1.5

Faculty Development, "SPIN Database Training", Appalachian State Workshops, (October 24, 2017). 1.0

Faculty Development, "PREPARE", Appalachian State, Office of Research, (October 6, 2017). 5.0

Workshop, "Open Textbook Network Workshop," Center for Academic Excellence, Boone, NC. (September 27, 2017). 2.0 (2017 Cont.)

Continuing Education, "Opening Keynote - Nurse Power!™ ", Donna Cardillo, RN, MA, CSP, NCNA, (September 14, 2017), 1.0

Continuing Education, "NC Board of Nursing Update", Crystal Tillman, DNP, RN, FRE, CPNP-PC, PMHNP-BC, NCNA, (September 14, 2017), 1.0

Continuing Education, "RN Networking Central | Posters", NCNA, (September 14, 2017), 1.5

Continuing Education, "Clinical Nurse Specialist: The Undiscovered APRN", Kristi Reguin-Hartman, MSN, APRN, ACNS; Michael Urton, MSN, APRN, AGCNS, NCNA, (September 14, 2017), 1.0

Continuing Education, "Creating a Healthy Learning/Teaching Online Environment", Kathleen Ennen, PhD, RN, CNE; Jennifer B. Sugg, EdD, MSN, CCRN, NCNA, (September 14, 2017), 1.0

Continuing Education, "The Addition of Interprofessional Education to an Undergraduate Nursing Curriculum" Susan Furr, DNP, RN, NCSN; Michele Pfaff, DNP, RN, NCNA, (September 15, 2017), 1.0

Continuing Education, "To Treat Me, You Have to Know Who I Am: Understanding Cultural Competency for the LGBTQ Patient" Dee Dinsdale, DNP, MEd, RN, VHA-CM, NCNA, (September 15, 2017), 1.0

Continuing Education, "RN Networking Central | Posters", NCNA, (September 15, 2017), 1.0

Continuing Education, "Membership Forum", NCNA, (September 15, 2017), 1.0

Continuing Education, "Plenary Session: Emerging Technologies: Trends in Health Care and Nursing Education", AACN, (February 23, 2017), 1.25

Continuing Education, "Poster Presentations", AACN, (February 23, 2017), 1.0

Continuing Education, "Welcome and Opening Plenary: Driving Quality Improvement in Today's Health System", AACN, (February 23, 2017), 1.5

Continuing Education, "Breakout Session: The Future of Healthcare: The Role of the Masters Prepared Clinical Nurse Leader in a Value-Based System", (February 24, 2017), 1.0

Continuing Education, "Innovation Presentations", AACN, (February 24, 2017), 2.5

Continuing Education, "Learning Lab: Insights into the Commission on Collegiate Nursing Education (CCNE) Accreditation Process and Standards", AACN, (February 24, 2017) 1.25

Continuing Education, "Learning Lab: Masters Essentials: Standards, Guidelines, and Expectations", AACN, (February 24, 2017), 1.25

Continuing Education, "Closing Plenary: Creating a Healthy Work Environment", AACN, (February 25, 2017) 1.0

Continuing Education, "Plenary Session: Building a Culture of Health", AACN, (February 25, 2017), 1.0

(2017 Cont.)

Faculty Development, "Path to Promotion and Tenure", Appalachian Workshops, (February 14, 2017), 1.0

Continuing Education, "Screening and Brief Intervention with Adolescents". Kognito, (January 28, 2017). 2.0

Continuing Education, "Screening, Brief Intervention and Referral to Treatment Student Training Module 2 (January 13, 2017). 6.0

2016 CEU hours (64.42) (DM 37.25)

Continuing Education, "Case Challenges in Type 2 Diabetes: Patient-Centered Approaches for Complex and High-Risk Patients" Medical Education Resources, Inc. (November 16, 2016) 1.5

Continuing Education, "Current Controversies in Dyslipidemia Management: A Point-Counterpoint Discussion" Postgraduate Institute for Medicine (November 16, 2016) 1.0

Continuing Education, "Best Nursing Practices: Care of Patients Prescribed Opioids for the Treatment of Pain" Elite CE, (October 2, 2016) 3

Continuing Education, "Shoulder Problems Illustrated" (October 21, 2016) 0.25

Continuing Education, "Disorders of the Endocrine System: Anatomy, Physiology and Current Treatment Initiatives" Elite CE, (October 2, 2016) 10

Continuing Education, "Nursing: Intimate Partner Violence" Elite CE, (October 2, 2016) 2

Continuing Education, "Heroin Use in America: Identification, Treatment and Prevention" Elite CE, (October 2, 2016) 4

Continuing Education, "Hooked: Drug Abuse in America" Elite CE, (October 2, 2016) 3

Continuing Education, "Wound Care: Priorities for Nursing", Elite CE, (October 2, 2016) 8

Continuing Education Program, "NCNA Annual Convention", Winston Salem, NC (September 30, 2016) 13.5

Continuing Education, "North Carolina Nurses Vote in 2016!" NCNA, (August, 16, 2016) 2

Continuing Education, "Drug Therapy for Older Type 2 Diabetes Patients: When Do Hypoglycemia Risks Outweigh HbA1c Goals? (March 12, 2016) 1.0

Continuing Education, "Improving Patient Outcomes: Hypoglycemia Risk Reduction in Patients with Type 2 Diabetes Mellitus" (March 12, 2016) 1.75

Continuing Education, "Diabetes and Pregnancy: Updated Screening and Treatment Guidelines to Improve Outcomes" (March 12, 2016) 1.0

Continuing Education, "Basal Insulin and Beyond: Management of Persistent Hyperglycemia in T2DM", Johns Hopkins, (March 8, 2016). 1

(2016 Cont.)

Continuing Education Program, "Master's Education: Are Nurse Faculty Prepared for Their Role?". AACN, Master's Education conference: Navigating the Present and Anticipating the Future, Houston, TX. (February, 25-27, 2016). 11.42-program

Continuing Education Program, "Academic Nursing leadership: The Best Days of Your Life!" Master's Education conference: Navigating the Present and Anticipating the Future, Houston, TX. (February, 25-27, 2016).

Continuing Education Program, "Poster Presentations". Master's Education conference: Navigating the Present and Anticipating the Future, Houston, TX. (February, 25-27, 2016).

Continuing Education Program, "Abstract Presentations". Master's Education conference: Navigating the Present and Anticipating the Future, Houston, TX. (February, 25-27, 2016).

Continuing Education Program, "CCNE: Accreditation 101". Master's Education conference: Navigating the Present and Anticipating the Future, Houston, TX. (February, 25-27, 2016).

Continuing Education Program, "The Use of Simulation in Master's Nursing Education." Master's Education conference: Navigating the Present and Anticipating the Future, Houston, TX. (February, 25-27, 2016).

2015 CEU hours (84)

Continuing Education Program, "Nursing Advocacy," NCNA; Sigma Theta Tau Phi Psi, Boone, NC. (December 3, 2015).

Continuing Education Program, "The Power of Positive Computing: Improving Health and Happiness by Unlocking the Science of Voice?", AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).

Continuing Education Program, "2014 Guidelines for Management of High Blood Pressure," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).

Continuing Education Program, "A Good Night's Rest: Sleep and Diabetes," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).

Continuing Education Program, "A Systematic Review of the Literature of the Effect of DSME on HbA1c for People with Type 2 Diabetes," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).

Continuing Education Program, "Adequate Nutrition Label Literacy May Be Less Common than You Think," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).

Continuing Education Program, "BC-ADM – What's New? – Role Delineation and More," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).

Continuing Education Program, "Culinary Medicine," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).

Continuing Education Program, "Current State of DSMT Reimbursement and Healthcare Reform," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).

(2015 Cont.)

- Continuing Education Program, "Diabetes Prevention and All that Jazz," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Disease Management – the Role of the Diabetes Educator," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Does a Double Checking Insulin Procedure Promote Patient Safety?," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Engaging patients in their care using Connected Health," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "How to Use Your Words to Teach: Successful Writer and Editor Tell the Whole Story," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Hypoglycemia in Type 1 Diabetes: The Impact on Family Members," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Improving Outcomes for Women with Type 2 Diabetes: Individualizing Evidence-Based Care," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Optimizing CGM: Best Practices for the Diabetes Educator," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Pathophysiology of Pre-Diabetes and Early Treatment Considerations," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Patient advocacy across the ages: Navigating diabetes management challenges at school, on the job, and in other aspects of daily life," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Poster Credit," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "The "e" is for Engagement," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Type 1 Diabetes and Physical Activity: Integrating Data," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Use of SMBG in T2 DM Self-Management: 'Knowing Where I Am At'," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).
- Continuing Education Program, "Who's on First? What's on Second? Identifying a Line-up of Newer Agents to Individualize Care for Your Patient with T2DM," AADE Annual Meeting & Exhibition, New Orleans, LA. (August 5, 2015 - August 8, 2015).

(2015 Cont.)

Continuing Education Program, "Module 1 Socialization," North West AHEC-Nurse Educator Institute. (January 1, 2015 - January 4, 2015).

Continuing Education Program, "Module 2 Teaching and Learning Methodologies," North West AHEC-Nurse Educator Institute. (January 1, 2015 - January 4, 2015).

Continuing Education Program, "Module 3 Curriculum Design," North West AHEC-Nurse Educator Institute. (January 1, 2015 - January 4, 2015).

Continuing Education Program, "Module 4 Improving Performance," North West AHEC-Nurse Educator Institute. (January 1, 2015 - January 4, 2015).

2014 CEU hours

Continuing Education Program, "Acromegaly": Challenges in Diagnosis," Vindico Medical Education, Thorofare, NJ. (September 5, 2014).

Tutorial, "ATI," ATI, Boone, NC, USA. (August 28, 2014).

Continuing Education Program, "Certificate in Simulation," Drexel University, Philadelphia, PA, USA. (August 11, 2014 - August 15, 2014).

Tutorial, "Laerdal SimPad Training," Laerdal, Boone, NC, USA. (May 12, 2014).

Continuing Education Program, "The Hero is You," NCNA Northwest Region, Hickory, NC, United States. (May 6, 2014).

Continuing Education Program, "Transforming the Healthcare Experience through Art," Sigma Theta Tau, Phi Psi chapter, Boone, NC, United States. (April 19, 2014).

Conference Attendance, "Transforming Nursing Research through Collaborative Inquiry," Sigma Theta Tau Region 13, Winston-Salem, NC, United States. (April 11, 2014 - April 12, 2014).

Workshop, "asic Guidelines for Test Item Writing and Construction," NCLN, Greensboro, NC, United States. (March 29, 2014).

2013 CEU hours

Continuing Education Program, "Research reports from two Perspectives: Quantitative and quantitative Methods." Phi Psi Sigma Theta Tau, Boone, NC, United States. (December 6, 2013).

Workshop, "Introduction to SlimMan 3G," Laerdal Medical Corporation and Emergency Medicine Learning and Resource Center, Boone, NC, United States. (July 30, 2013 - July 31, 2013).

Continuing Education Program, "Insulin Therapy: Current Challenges. New Solutions," Boone, NC, United States. (July 16, 2013).

Continuing Education Program, "International Association for Human Caring," IAHC, Orlando, FL, USA. (May 29, 2013 - June 1, 2013).

Retreat, "Universal Design for Learning and Course (re)design Retreat," Hubbard Center, Boone, NC, USA. (May 13, 2013 - May 16, 2013).

(2013 Cont.)

Conference Attendance, Appalachian Studies Association, Boone, NC. (March 22, 2013 - March 24, 2013).

Continuing Education Program, "CAM 101 Complementary and Alternative Therapies," Sigma Theta Tau International, Online. (January 14, 2013).

Continuing Education Program, "Everyday Ethics in Nursing Practice," STTI, Online. (January 13, 2013).

2012 CEU hours

Continuing Education Program, "Lateral Violence in Nursing," Appalachian State University Department of Nursing, Boone, NC, USA. (December 7, 2012).

2011 CEU hours

Workshop, "Laerdal Simulation Workshop," Laerdal, Boone, NC. (December 9, 2011 - December 10, 2011).

Conference Attendance, AADE, San Antonio, TX, USA. (August 2, 2011 - August 7, 2011).