Looking for a Partner to Manage Your Diabetes?

Team up with a Certified Diabetes Care and Education Specialist (CDCES)

Who is a CDCES?

A Certified Diabetes Care and Education Specialist (CDCES) is a health professional who has a comprehensive knowledge of and experience in diabetes prevention, prediabetes, and diabetes management. To earn the CDCES credential, a diabetes care and education specialist must go through a rigorous process, including passing an examination that covers numerous aspects related to managing diabetes, not just one area.

What Does a CDCES Do?

A CDCES partners with you to help you achieve your goals in managing your diabetes throughout your life and provides you with the tools you need to self-manage your diabetes. CDCESs educate and support people affected by diabetes. They help people and their families understand and manage the condition, achieve behavioral and treatment goals and optimize health outcomes.

Why Should You See a CDCES?

Diabetes impacts you in many areas of your life. Successful self-management involves knowledge across a broad range of topics including healthy eating, taking medication, monitoring, being active, problem solving and reducing risk. It's difficult for you to gain all that knowledge alone. With a CDCES on your team, you can learn how to effectively manage and improve your health.

When Should You See a CDCES?

You should consult with a CDCES upon diagnosis and during the transitions of important life stages. It is crucial to have ongoing support from a CDCES to help successfully manage your diabetes throughout your lifetime.

How Do You Locate a CDCES?

Ask your primary care provider or specialist for a referral to a CDCES or locate a CDCES near you through the "Locate a CDCES Directory" at www.cbdce.org.

CBDCE
Certification Board for Diabetes Care and Education
Commitment • Confidence • Excellence

Locate a CDCES today!

www.cbdce.org/locate

The program is accredited by the National Commission for Certifying Agencies (NCCA).