






## Showcase your Expertise in Diabetes Care, Education, and Management Initial Certification

	CDCES	BC-ADM
Overview	<p>CDCESs educate and support people affected by diabetes. They help people and their families:</p> <ul style="list-style-type: none"> <li>• Understand and manage the condition</li> <li>• Achieve behavioral and treatment goals</li> <li>• Optimize health outcomes</li> </ul>	<p>BC-ADM holders manage complex patient needs*:</p> <ul style="list-style-type: none"> <li>• Assist people at risk for and with diabetes and other cardiometabolic conditions with therapeutic problem-solving</li> <li>• Adjust/prescribe medications</li> <li>• Treat and monitor acute and chronic complications and other comorbidities</li> <li>• Counsel on lifestyle modifications</li> <li>• Address psychosocial issues</li> <li>• Participate in research and mentoring</li> </ul> <p><small>*Within their discipline's scope of practice and licensure</small></p>
Qualifying Disciplines	<p>Registered &amp; Advanced Practice Registered Nurse Registered Dietitian/Registered Dietitian Nutritionist (RD/RDN) Pharmacist PA Physician (MD/DO) And others (see website or handbook)</p>	<p>Registered &amp; Advanced Practice Registered Nurses Registered Dietitian/Registered Dietitian Nutritionist (RD/RDN) Pharmacist PA Physician (MD/DO)</p>
Education	n/a	Master's or higher degree in a clinically relevant area
Experience	<ul style="list-style-type: none"> <li>• 2 years of general work experience</li> <li>• 1000 hours of diabetes care and education in up to 5 years, with 200 hours in last 12 months</li> </ul>	500 hours of clinical practice in advanced clinical diabetes management in up to 48 months (clinical hours must be earned after advanced degree obtained)
Continuing Education	15 hours applicable to diabetes within 2 years before applying	n/a
Exam Structure	175 multiple-choice items, includes 25 pre-test, unscored items. Time to test: 4 hours.	175 multiple-choice items, includes 25 pre-test, unscored items. Time to test: 3-1/2 hours.
Major Exam Content Areas (# of Questions)	<ul style="list-style-type: none"> <li>• Assessment (37)</li> <li>• Care and Education Intervention (105)</li> <li>• Standards and Practices (8)</li> </ul>	<ul style="list-style-type: none"> <li>• Assessment and Diagnosis (45)</li> <li>• Planning and Intervention (50)</li> <li>• Evaluation and Follow-Up (34)</li> <li>• Population Health, Advocacy, and Professional Development (21)</li> </ul>
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	CDCES	BC-ADM
Testing Modalities	In Person Test Center or Live Remote Proctoring	
Initial Certification Fees	\$350	\$900 \$600 – ADCES member discount (valid for 2025 only)
Application/Testing Window	Apply and Test Year-Round	June testing window (application due May 1; final deadline May 15 with additional \$50 late fee) December testing window (application due November 1; final deadline Nov 15 with additional \$50 late fee)
Practice Exam	50 multiple-choice items - \$55 fee	72 multiple-choice items - \$60 fee
Renewal Requirements	Every 5 years Renewal fee 1,000 renewal practice hours Exam or Continuing Education Pathway	Every 5 years Renewal fee 1,000 practice hours Professional Development Pathway only
Handbook		
<p>For more information:</p>  <p><a href="http://www.cbdce.org">www.cbdce.org</a>  <a href="mailto:info@cbdce.org">info@cbdce.org</a></p>		