

## **Appendix II**

### **Continuing Education Guidelines - Initial Certification**

1. Expectations:

- Health professionals specializing in diabetes education will demonstrate through certification:
  - knowledge and skills are up-to-date
  - ability to practice proficiently, safely, and in a manner consistent with current National Standards of Diabetes Self-Management Education and Support (NSDSMES)
- All individuals will engage in a personal assessment to identify professional needs and participate in appropriate activities that are inclusive of the Examination Content Outline in the current Handbook.

2. Continuing Education CE Cycles for 2020 Applications  
Refer to the Accrual Cycles Information, Appendix I, [page 22](#).

3. Continuing education activities:

- Must be provided by or approved by a provider on the CBDCE List of Recognized Providers. (Refer to the list of Recognized Continuing Education Providers on [page 24](#)).
- Must be applicable to diabetes. All subject matter on the Certification Examination Content Outline published in the *2020 Certification Examination for Diabetes Care and Education Specialists Handbook* is considered applicable to diabetes.
- All continuing education activities must be completed before submitting the application.
- Must be at a professional level that enhances the quality and effectiveness of diabetes education practice.
- Does not have to be discipline specific nor does it have to be in any specific area of concentration, e.g., social workers may attend a diabetes related nursing program and use those clock hours for renewal of certification.

Activities acceptable for continuing education

- Continuing education courses
- Independent study
- Seminars
- Online programs
- Workshops
- Telephonic or video conference programs
- Conferences

Activities **not** acceptable for continuing education

- Academic courses
- Other certification/credentials awarded
- Elected office or serving on Boards and/or Committees
- Articles or books written by the applicant
- Journal clubs or professional reading
- Presentations or lectures by the applicant
- Posters or poster sessions and exhibits
- Preceptorships or mentor hours
- Research
- Volunteer activities

4. Continuing Education Hour

- A. All continuing education activities must be reported in clock hours, i.e., the actual time spent on the continuing education activity, not contact hours, credits, or units awarded by the recognized provider. One clock hour equals 60 minutes.
- B. Presentations – Participants may include in the time to be counted as clock hours the course overview, introductions, the educational presentation, and questions and answers. Time may not be counted for general announcements, breaks, lunch, exhibits, or poster sessions.
- C. Self study programs (online or written booklets) – Participants may count the actual time spent on completing the activity. Clock hours submitted cannot be more than the number of contact hours/credits/units awarded by the recognized provider.

## 2020 Certification Examination for Diabetes Care and Education Specialists

### 5. Recognized Continuing Education Providers

- \*
- Continuing education programs must be provided by or approved by one of the following:
- American Association of Diabetes Educators (AADE) <https://www.diabeteseducator.org/education>
  - American Diabetes Association (ADA) <https://professional.diabetes.org/continuing-education>
  - Academy of Nutrition and Dietetics (ACADEMY) <https://www.eatrightstore.org/cpe-opportunities>
  - Accreditation Council for Pharmacy Education (ACPE) Accredited or Approved Providers  
<http://www.acpe-accredit.org/>
  - Accreditation Council for Continuing Medical Education (ACCME-AMA) Accredited or Approved Providers  
<http://www.accme.org/>
  - American Nurses Credentialing Center (ANCC) Accredited or Approved Providers  
<https://www.nursingworld.org/Organizational-Programs/Accreditation/Find-an-Accredited-Organization>
  - American Academy of Family Physicians (AAFP) <http://www.aafp.org/cme.html>
  - American Association of Nurse Practitioners (AANP)  
<http://www.aanp.org/education/continuing-education-ce/ce-opportunities>
  - American Academy of Optometry (AAO) <http://www.aaopt.org/>
  - American Academy of PAs (AAPA) <https://www.aapa.org/learning-central/>
  - American Association of Clinical Endocrinologists (AACE) <https://www.aace.com/>
  - American College of Endocrinology (ACE) <https://www.aace.com/college/>
  - American College of Sports Medicine (ACSM) <https://www.acsm.org/learn-develop-professionally/ceonline2>
  - American Medical Association (AMA) <https://www.ama-assn.org/education-center>
  - American Nurses Association (ANA) <https://www.nursingworld.org/ana/>
  - American Occupational Therapy Association (AOTA) <http://www.aota.org/Education-Careers/Continuing-Education.aspx>
  - American Physical Therapy Association (APTA) <http://www.apta.org/CareersEducation/>
  - American Psychological Association (APA) <http://www.apa.org/ed/ce/index.aspx>
  - Commission on Dietetic Registration (CDR) Accredited or Approved Providers  
<https://www.cdrnet.org/products/continuing-professional-development-education>
  - Council on Continuing Medical Education (CCME-AOA) Approved Sponsors <https://osteopathic.org/cme/>
  - Council on Podiatric Medical Education (CPME-APMA) Approved Sponsors  
<http://www.cpme.org/education/content.cfm?ItemNumber=2422&navItemNumber=2237>
  - International Diabetes Federation (IDF) <http://www.idf.org/>
  - National Association of Clinical Nurse Specialists (NACNS) <https://nacns.org/professional-resources/education/>
  - National Association of Social Workers (NASW) <https://www.socialworkers.org/Careers/Continuing-Education>
  - National Commission for Health Education Credentialing (NCHEC) Designated Providers  
<https://www.nchec.org/continuing-education>
- Continuing education hours from accredited academic institutions within the United States or its territories granting degrees related to professional practice are also accepted. Contact the CBDCE national office for information.

\* Note: The links to the various organizations on the list are provided as a courtesy, and though all attempts are made to ensure the links are viable, CBDCE is not responsible for links that may be incorrect or become inactive. In addition, though CBDCE may have a professional relationship with any number of these organizations, CBDCE is separate and autonomous from all of the organizations included on the list.