1. Expectations:
   - Health professionals specializing in diabetes care and education will demonstrate through certification:
     - knowledge and skills are up-to-date
     - ability to practice proficiently, safely, and in a manner consistent with current National Standards of Diabetes Self-Management Education and Support (NSDSMES)
   - All individuals will engage in a personal assessment to identify professional needs and participate in appropriate activities that are inclusive of the Examination Content Outline in the current Handbook.

2. Continuing Education CE Cycles for 2022 Applications
   Refer to the Accrual Cycles Information, Appendix I, page 27.

3. Continuing education activities:
   - Must be provided by or approved by a provider on the CBDCE List of Recognized Providers. (Refer to the list of Recognized Continuing Education Providers on page 29).
   - Must be applicable to diabetes. All subject matter on the Certification Examination Content Outline published in the 2022 Certification Examination for Diabetes Care and Education Specialists Handbook is considered applicable to diabetes.
   - All continuing education activities must be completed before submitting the application.
   - Must be at a professional level that enhances the quality and effectiveness of diabetes care and education practice.
   - Does not have to be discipline specific nor does it have to be in any specific area of concentration, e.g., social workers may attend a diabetes related nursing program and use those clock hours for renewal of certification.

   Activities not acceptable for continuing education
   - Academic courses
   - Other certification/credentials awarded
   - Elected office or serving on Boards and/or Committees
   - Articles or books written by the applicant
   - Journal clubs or professional reading
   - Presentations or lectures by the applicant
   - Posters or poster sessions and exhibits
   - Preceptorships or mentor hours
   - Research
   - Volunteer activities

4. Continuing Education Hours
   A. All continuing education activities must be reported in clock hours, i.e., the actual time spent on the continuing education activity, not contact hours, credits, or units awarded by the recognized provider. One clock hour equals 60 minutes.
   B. Presentations – Participants may include in the time to be counted as clock hours the course overview, introductions, the educational presentation, and questions and answers. Time may not be counted for general announcements, breaks, lunch, exhibits, or poster sessions.
   C. Self study programs (online or written booklets) – Participants may count the actual time spent on completing the activity. Clock hours submitted cannot be more than the number of contact hours/credits/units awarded by the recognized provider.

Activities acceptable for continuing education
- Continuing education courses
- Independent study
- Seminars
- Online programs
- Workshops
- Telephonic or video conference programs
- Conferences
5. Recognized Continuing Education Providers*

Continuing education programs must be provided by or approved by one of the following:

- Association of Diabetes Care and Education Specialists (ADCES) https://www.diabeteseducator.org/education
- Academy of Nutrition and Dietetics (ACADEMY) https://www.eatrightstore.org/cpe-opportunities
- Accreditation Council for Pharmacy Education (ACPE) Accredited or Approved Providers http://www.acpe-accredit.org/
- Accreditation Council for Continuing Medical Education (ACCME-AMA) Accredited or Approved Providers http://www.accme.org/
- American Nurses Credentialing Center (ANCC) Accredited or Approved Providers https://www.nursingworld.org/Organizational-Programs/Accreditation/Find-an-Accredited-Organization
- American Academy of Family Physicians (AAFP) http://www.aafp.org/cme.html
- American Association of Nurse Practitioners (AANP) http://www.aanp.org/education/continuing-education-ce/ce-opportunities
- American Academy of Optometry (AAO) http://www.aopt.org/
- American Academy of PAs (AAPA) https://www.aapa.org/learning-central/
- American College of Endocrinology (ACE) https://www.aace.com/college/
- American Medical Association (AMA) https://www.ama-assn.org/education-center
- American Nurses Association (ANA) https://www.nursingworld.org/ana/
- American Occupational Therapy Association (AOTA) http://www.aota.org/Education-Careers/Continuing-Education.aspx
- American Physical Therapy Association (APTA) http://www.apta.org/CareersEducation/
- Commission on Dietetic Registration (CDR) Accredited or Approved Providers https://www.cdrnet.org/products/continuing-professional-development-education
- Council on Continuing Medical Education (CCME-AOA) Approved Sponsors https://osteopathic.org/cme/
- Council on Podiatric Medical Education (CPME-APMA) Approved Sponsors http://www.cpme.org/education/content.cfm?ItemNumber=2422&navItemNumber=2237
- International Diabetes Federation (IDF) http://www.idf.org/
- National Association of Clinical Nurse Specialists (NACNS) https://nacns.org/professional-resources/education/
- National Association of Social Workers (NASW) https://www.socialworkers.org/Careers/Continuing-Education

Continuing education hours from accredited academic institutions within the United States or its territories granting degrees related to professional practice are also accepted. Contact the CBDCE national office for information.

* Note: The links to the various organizations on the list are provided as a courtesy, and though all attempts are made to ensure the links are viable, CBDCE is not responsible for links that may be incorrect or become inactive. In addition, though CBDCE may have a professional relationship with any number of these organizations, CBDCE is separate and autonomous from all of the organizations included on the list.