



# CDCES<sup>®</sup> Presentation

Nebraska ADCES Coordinating Body Meeting  
November 2022

# Presenters



Becky Sulik, RDN, LD, CDCES®  
2022 CBDCE Board Chair



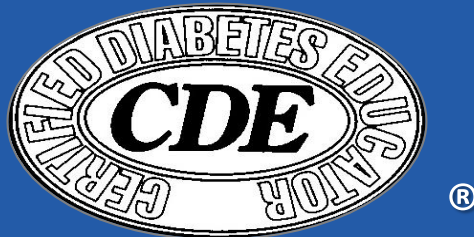
Sheryl Traficano, MBA, CAE  
CEO

# National Certification Board for Diabetes Educators



1986

Certified Diabetes  
Educator

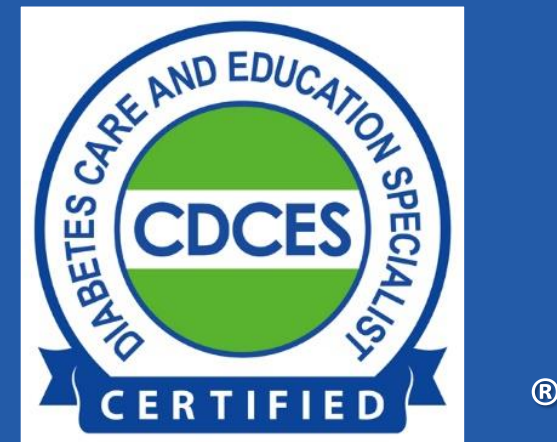


# Certification Board for Diabetes Care and Education



2020

Certified Diabetes Care and  
Education Specialist



# CDCESs...

## Certificants are CONFIDENT & FULFILLED\*

97% say certification provides personal and professional growth and accomplishment

87% believe the credential helps to increase their marketability

92% said certification enhances their confidence

97% value their credential

95% believe the certification enhances their credibility

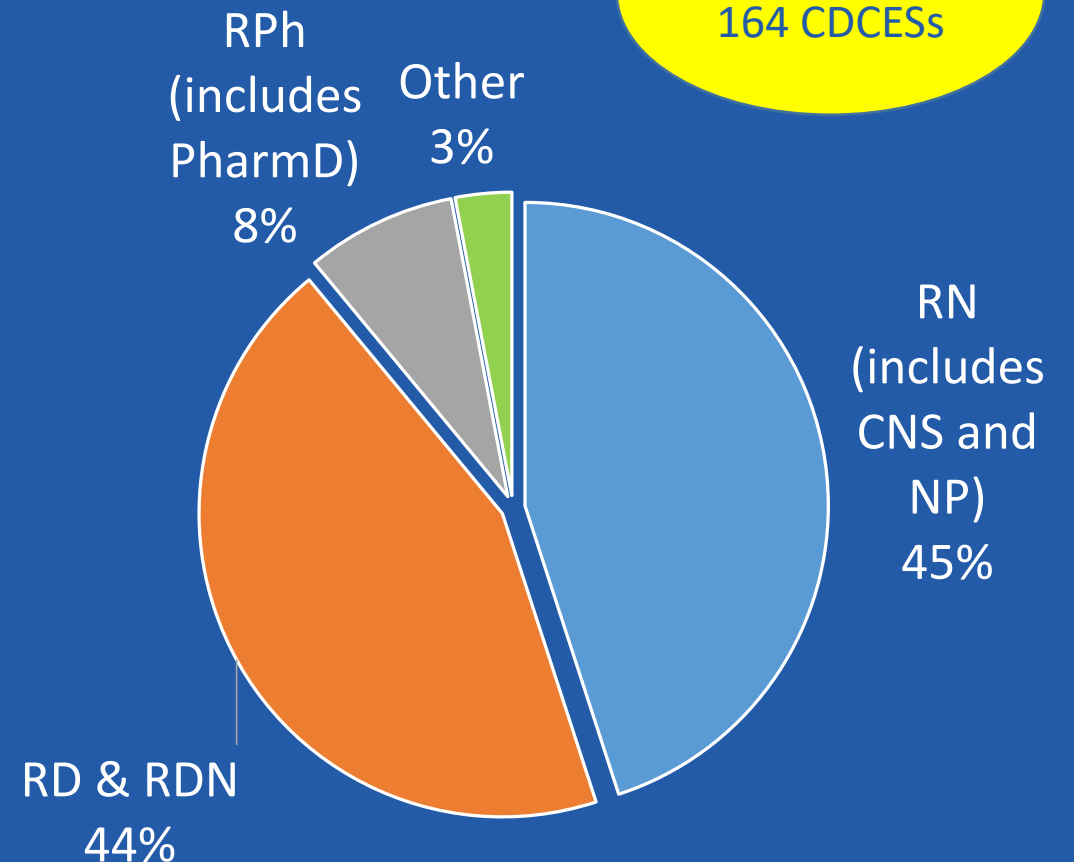
90% feel that the credential sets them apart from their peers

\*2017 Value of Certification Survey

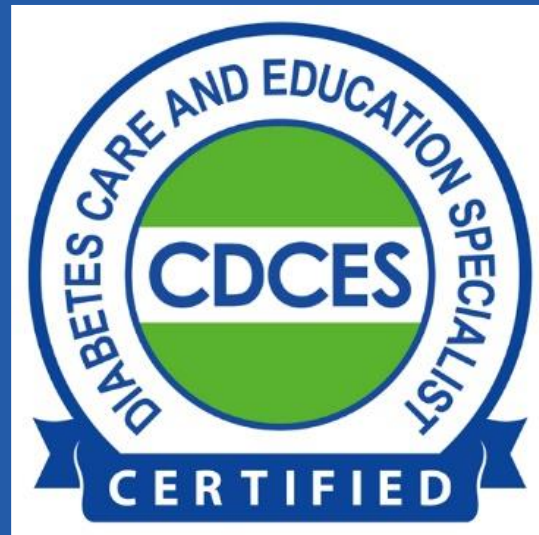
## Over 19,500 CDCESs

(as of Mar 2022)

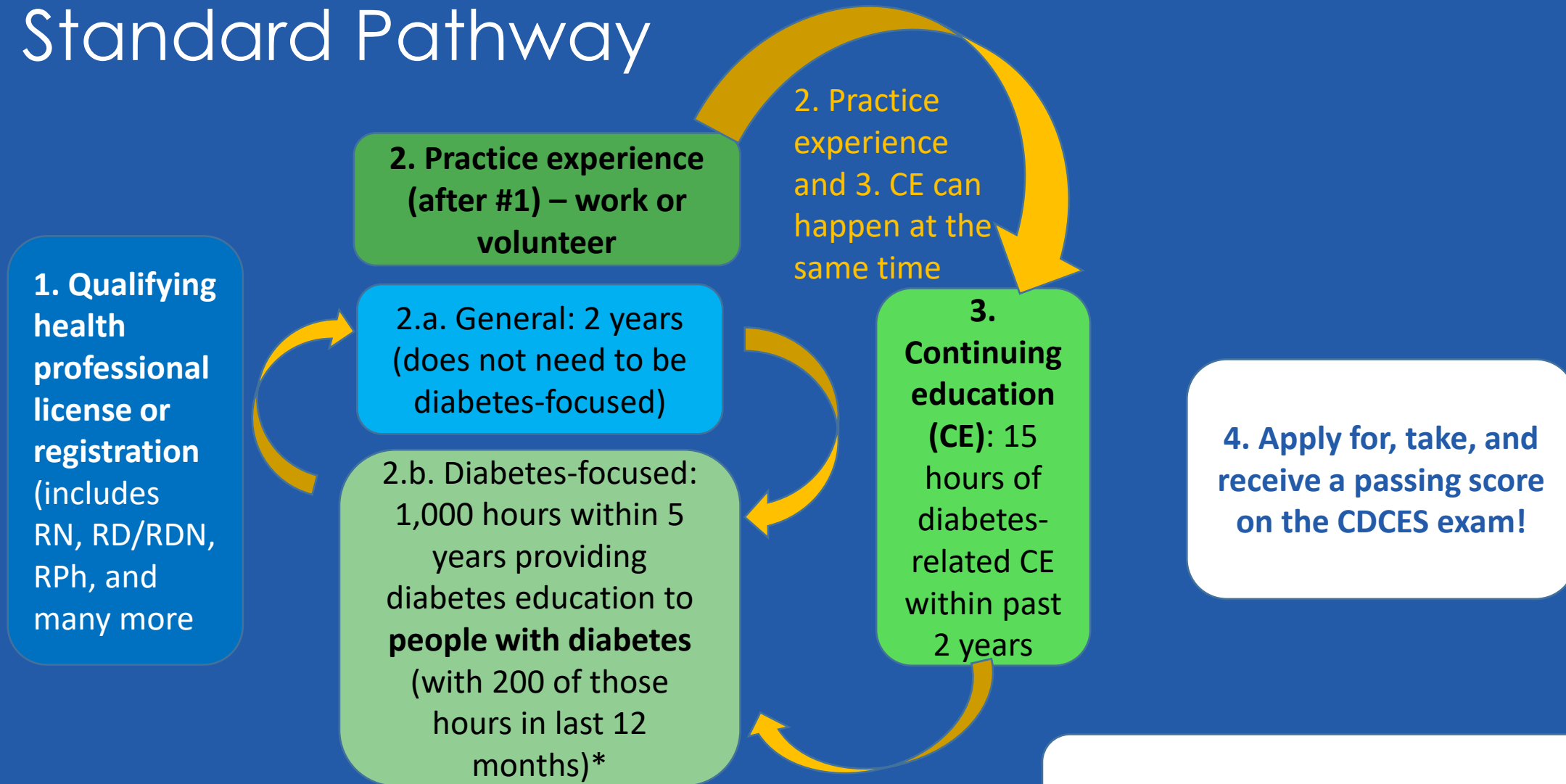
Nebraska –  
164 CDCESs



# Becoming a CDCES



# CDCES Eligibility Requirements – Standard Pathway



# CDCES Eligibility Requirements – Unique Qualifications Pathway

- Pathway for those individuals providing diabetes care and education under a master's or doctorate degree with a health-related major/concentration, but who do not hold one of the qualifying licenses/registrations or advanced degree in social work identified in standard pathway.
- *Most common examples: master's degree in exercise physiology, nutrition*
- *Important – **think about your ultimate goal** - the CDCES credential does not expand the scope of work a person is able to do under their qualifying degree/discipline. Individuals who attain certification via this pathway may encounter challenges in finding positions other than the one they use to qualify for certification. While CBDCE wants individuals to become certified, the organization is not able to devote resources to promoting this pathway to employers or insurers.*

# Pandemic Adjustments to Diabetes Focused Experience Requirement

To address the impact of the COVID-19 pandemic on the ability to accrue practice hours for health professionals pursuing the CDCES credential, the CBDCE Board of Directors has approved changes for the professional practice requirement relating to diabetes care and education (DCE) for initial certification.

[Click here to learn more.](#)



# Mentorship Program

- Optional mentorship program partners experienced CDCESs with health professionals who are interested in gaining experience in providing diabetes education.
- Helps the individuals accrue experience in order to meet the practice requirement to sit for the CDCES exam.
- CDCESs volunteer as mentors – provide avenue for the mentee to accrue hours providing DSMES to people with diabetes
- As partnerships are completed, mentors can accrue equivalent CEs towards renewal by CE requirements
- Mentor Spotlight Award – annual – launched 2020
- [Learn more on the cbdce.org site](http://cbdce.org)

# Scholarship Program

- Recipients receive voucher to cover initial certification application fee (\$350 value)
- Categories
  - Diversity and Inclusion
  - Young Professional
  - Veterans/Military Service
  - Profession Expansion
  - Under-Resourced Populations
- Recipients also gain access to practice exam at no cost (\$55 value)
- [Learn more](#)

2023 Program  
to launch in  
March 2023

# Applying/Taking the Exam

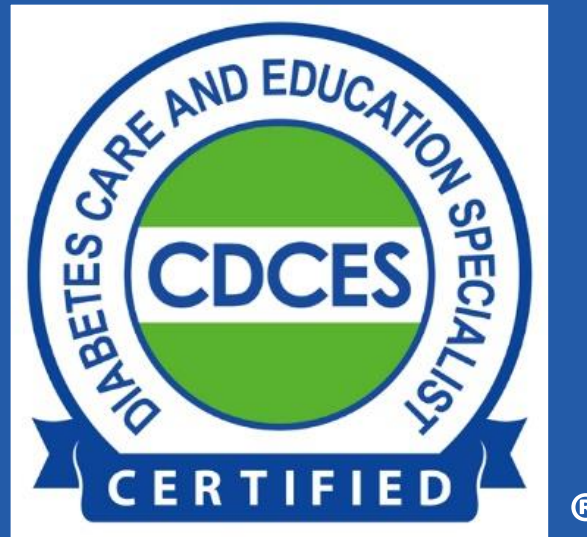
- Ways to take the Exam
  - Year-Round Application Submission and Testing
  - Simplified Application
  - In-person test centers
  - Live remote proctoring (launched 2022)



# Initial Certification Website Resources

- [Eligibility](#)
- [Scholarships](#)
- [Prepare](#)
- [Apply and Schedule](#)
- [Test](#)
- [FAQs](#)
- [Exam Handbook](#)

# Currently Certified

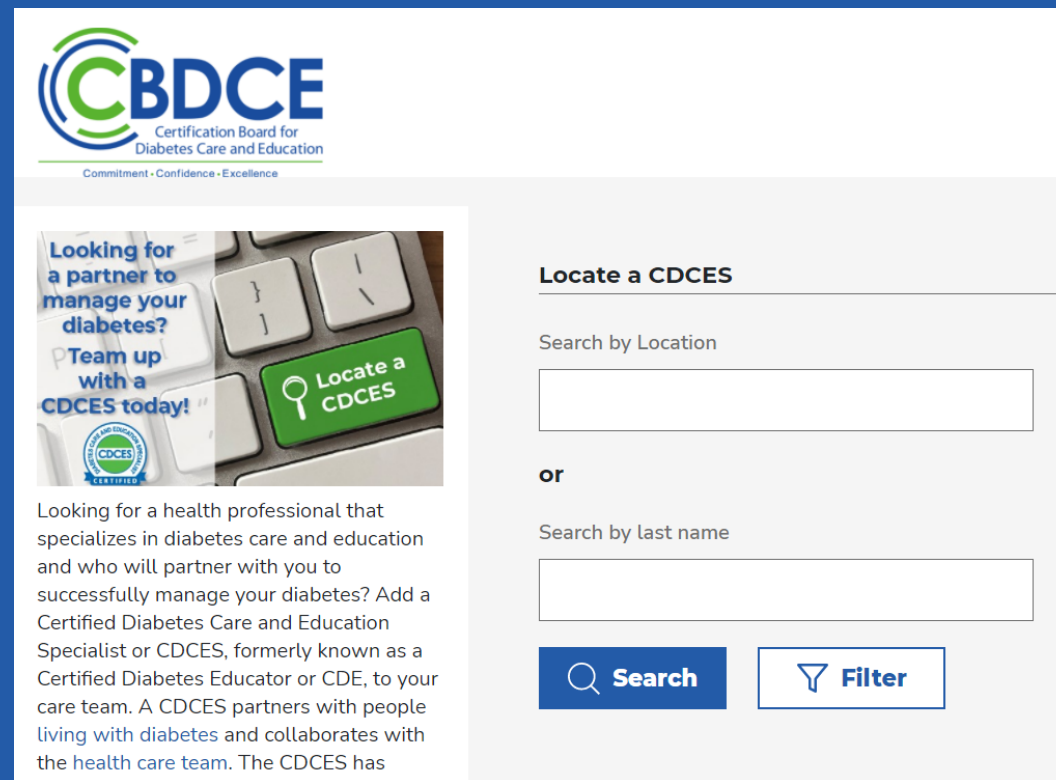


# Renewing Your CDCES Certification

- Three renewal pathways
  - Practice and CE - renewal online via CBDCE portal
  - Practice and Exam - apply online via test agency
  - Exam and CE - paper application via test agency
- Renewal practice requirement – greatly expanded over initial practice definition – wide range of experiences count for renewal purposes
- General renewal information - visit [cbdce.org](http://cbdce.org)
- Set up & [access the portal](#) for more specific details

# New Website - May 2020

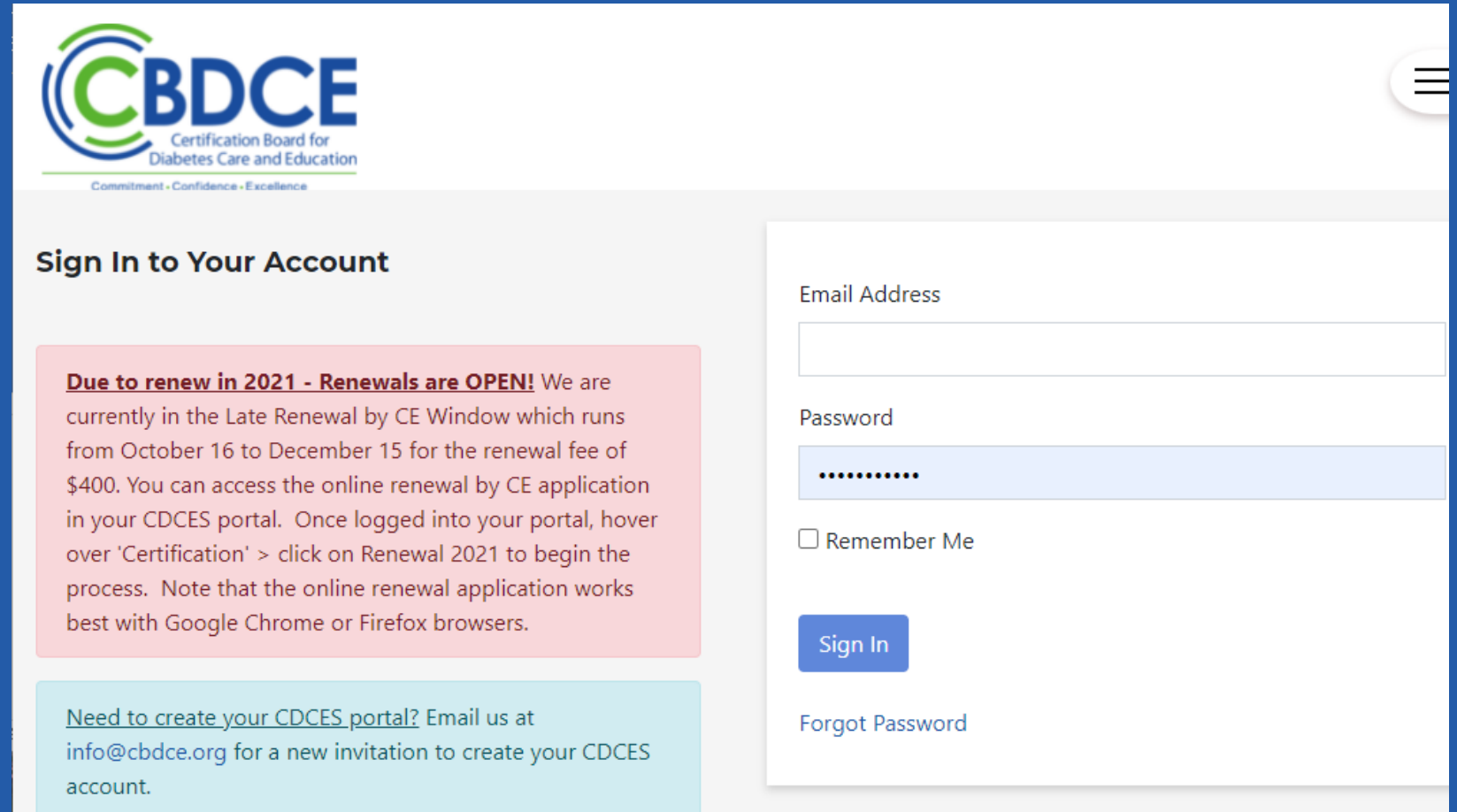
- Updated look
- Upgraded user experience
- New portal for CDCESs (Have you activated your account yet? 😊 If not, [click here to request a new invitation.](#))



The screenshot displays the CDCES website interface. At the top left is the logo for the Certification Board for Diabetes Care and Education (CBDCE), with the tagline "Commitment • Confidence • Excellence". Below the logo is a promotional banner featuring a keyboard with a green key that says "Locate a CDCES". The banner text reads: "Looking for a partner to manage your diabetes? Team up with a CDCES today!". Below the banner is a paragraph of text: "Looking for a health professional that specializes in diabetes care and education and who will partner with you to successfully manage your diabetes? Add a Certified Diabetes Care and Education Specialist or CDCES, formerly known as a Certified Diabetes Educator or CDE, to your care team. A CDCES partners with people living with diabetes and collaborates with the health care team. The CDCES has". To the right of the banner is a search section titled "Locate a CDCES". It includes two search options: "Search by Location" and "Search by last name", each with a corresponding text input field. Below these fields are two buttons: a blue "Search" button with a magnifying glass icon and a white "Filter" button with a funnel icon.

# Currently Certified - Portal

- Portal Log in – Dashboard + More Detailed Renewal Info



**CBDCE**  
Certification Board for  
Diabetes Care and Education  
Commitment • Confidence • Excellence

### Sign In to Your Account

**Due to renew in 2021 - Renewals are OPEN!** We are currently in the Late Renewal by CE Window which runs from October 16 to December 15 for the renewal fee of \$400. You can access the online renewal by CE application in your CDCES portal. Once logged into your portal, hover over 'Certification' > click on Renewal 2021 to begin the process. Note that the online renewal application works best with Google Chrome or Firefox browsers.

[Need to create your CDCES portal?](#) Email us at [info@cbdce.org](mailto:info@cbdce.org) for a new invitation to create your CDCES account.

Email Address

Password

Remember Me

[Sign In](#)

[Forgot Password](#)



# Currently Certified - Dashboard

The screenshot shows the user dashboard for SherylB Traficano. The header includes the CBDCE logo and navigation links: Locate, Verify, Resources, Media, Contact, Search, and Sign Out. The main navigation bar highlights the CDCES Portal, Certification, Plan Ahead, CE Hours, CDCES Directory, and Account. The dashboard content is split into two columns. The left column displays the user's name, SherylB Traficano, and their certification details: Certification Number 0000042, Expiration Date 12/31/2021, Last Exam/Renewal Date 09/15/2016, and Public Profile Hidden. The right column, titled 'Dashboard', welcomes SherylB and lists the portal's functions: tracking CE hours, updating contact info, adding directory listings, verifying expiration dates, finding handbooks, reading newsletters, and ordering wallet cards.

**CBDCE**  
Certification Board for  
Diabetes Care and Education  
Commitment • Confidence • Excellence

Locate Verify Resources Media Contact Search Sign Out

CBDCE Home CDCES Portal

CDCES Portal Certification Plan Ahead CE Hours CDCES Directory Account

**Dashboard**

**Welcome SherylB**

The CDCES Portal will help you manage and track your certification. In the portal you can

- Easily track your continuing education activities under the "CE Hours" menu item
- Review your contact information. If your information has changed you can update it in the Account Section
- Add or update your "CDCES Directory" listing so you can be found by people who need your services locally
- Verify your expiration date
- Find the most up to date certification handbooks
- Read issues of the CBDCE Newsletter
- Access and order duplicate wallet cards and certificates

**SherylB Traficano**

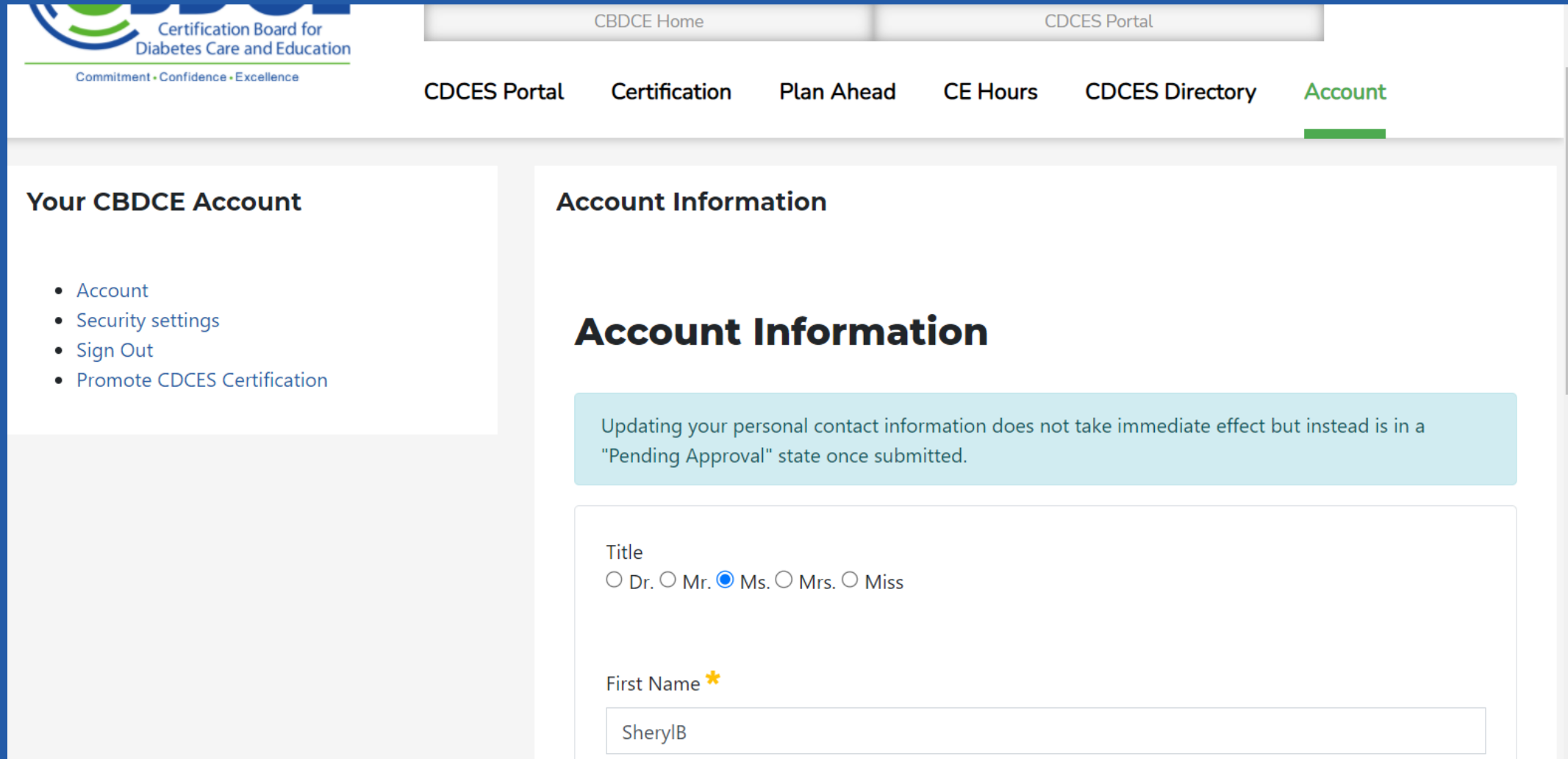
**Certification Number**  
0000042

**Expiration Date**  
12/31/2021

**Last Exam/Renewal Date**  
09/15/2016

**Public Profile**  
Hidden

# Currently Certified – Record Info



The screenshot shows the CDCES Account Information page. The top navigation bar includes 'CBDCE Home' and 'CDCES Portal'. The main navigation menu has 'Account' highlighted. The left sidebar lists 'Your CBDCE Account' with links to 'Account', 'Security settings', 'Sign Out', and 'Promote CDCES Certification'. The main content area is titled 'Account Information' and contains a message about pending approval for updates and a form for updating personal information.

**CBDCE Home** **CDCES Portal**

**CDCES Portal** **Certification** **Plan Ahead** **CE Hours** **CDCES Directory** **Account**

**Your CBDCE Account**

- Account
- Security settings
- Sign Out
- Promote CDCES Certification

**Account Information**

**Account Information**

Updating your personal contact information does not take immediate effect but instead is in a "Pending Approval" state once submitted.

Title  
 Dr.  Mr.  Ms.  Mrs.  Miss

First Name \*  
SherylB

# Currently Certified - Verification

CDCES Portal **Certification** Plan Ahead CE Hours CDCES Directory Account

**Welcome!**

CBDCE is here to help you maintain your credential. Visit the [Plan Ahead](#) section to

- Learn about becoming a mentor
- Familiarize yourself with the renewal process
- Track your continuing education credits

**Print Your Credential Verification Document or Wallet Card**

You can print out verification of your certification, as well as a complimentary version of the wallet card.

Name:	SherylB Traficano
Certification number:	00000042
Expiration Date:	12/31/2021
Last Exam or Renewal Date:	09/15/2016

[Email Verification Letter](#) [Print Verification Letter](#) [Print Wallet Card](#)

# Currently Certified - CE Activities Tracking

## Continuing Education Activities

*If you are or will be renewing with CE, please note that you do not need to enter your CEs in this section in order to place your renewal by CE application.* Using the CE tracker use is optional for CDCESs. If you will be using the CE hours tracking, to make the process more smooth, have the dates, hours, location and types of education on hand before you begin entering your activities. Important Note: This tool is provided to CDCES to assist you in keeping track of your CE hours and you are NOT required to enter your CEs in order to place your renewal application.

To add a CE activity > Click on **Add Entry** > Enter your information in each of the fields. See *Helpful Hints* below for additional tips.

To Search > You can search by keywords, activity date, or type (formal/expanded). Enter your search parameters > Click on **Search** > Your result will be displayed at the bottom of the page.

*Helpful Hints on Entering Hours* > Please be reminded the CE hours that you will enter in this section need to be formatted and entered as hours. If you are entering activities earned for CE credits, then you need to convert to an hour format. *For example:* If you earn 1.5 CE credits for an activity when you are entering the hours

## CE Hours

**Add Entry**

Keywords

Formal  Expanded

Activities completed after

and/or before

**Search**

Summary	Date	Duration	Action
Formal <b>Testing</b> American Occupational Therapy Association (AOTA)	Oct 4, 2021	8:00	<b>Actions</b>

# Currently Certified – Find a CDCES Listing

CDCES Portal Certification Plan Ahead CE Hours **CDCES Directory** Account

## Your Public CDCES Profile

**i** Visibility: Your profile is saved but NOT visible to the public.

First Name  
SherylB

Last Name  
Traficano

Populations Served **?**

- Administrative (indirect patient care)
- Ages – Adolescents, Young Adults
- Ages – Adults, Geriatric
- Ages – Infants, Toddlers, School Age
- Gestational
- Latent Autoimmune Diabetes in Adults (LADA)
- Maturity Onset Diabetes of the Young (MODY)

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- Administrative (indirect patient care)
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- Latent Autoimmune Diabetes in Adults (LADA)
- Maturity Onset Diabetes of the Young (MODY)
- Prediabetes
- Prevention
- Type 1
- Type 2

Focus Area **?**

- Autoimmune Diseases (e.g. Celiac, Cystic Fibrosis, etc.)
- Behavioral Counseling
- Continuous Glucose Monitoring
- DSMES Services Coordination/Administration
- Eating Disorder Counseling
- Gastroparesis
- Insulin Pumps
- Medical Nutrition Therapy
- Medication Induced Diabetes
- Medication Therapy Management
- Provider Education
- Sports/Athletics

# Currently Certified Website Resources

- [Portal Log in](#) – Dashboard + More Detailed Renewal Info
- [Find a CDCES](#)
- [General Info](#)
- [Mentorship Program](#)
- [CDCES Stories](#)
- [CDCES Shop](#) – SWAG!



# Other News about the Certification Program

- Outreach Efforts
  - Continued focus on reaching individuals earlier in career, e.g., National Student Nurses Association
  - Continued focus on increasing diversity in certificant pool, across many parameters including age, race/ethnicity, discipline, e.g., National Hispanic Nurses Association

# Spread the Word on Becoming a CDCES

## Help spread the word...

- Talk about your certification journey with others
- Let people know about the scholarship and mentorship programs

## Encourage people to

- Check out [cbdce.org](http://cbdce.org)
- Visit our [Facebook](#) and [LinkedIn](#), and [Instagram](#) pages
- Visit our [YouTube channel](#)

Preparing for the  
Certification  
Examination for  
Diabetes Care and  
Education Specialists?

**Suggestions** & **TIPS**



Commitment,  
Confidence  
and Excellence  
in Certification







[www.cbdce.org](http://www.cbdce.org) • [info@cbdce.org](mailto:info@cbdce.org)

Phone: 847.228.9795

Certification Board for Diabetes Care and Education  
Schaumburg, IL



# Why I Became a CDCES® ...

**“It is crucial to have a CDCES as a team member in the hospital, as well as, outpatient setting...Not only does the CDCES educate, they also encourage and collaborate on how to manage and improve care. CDCESs are a vital part of the diabetes management team and have the time to spend with patients that physicians do not always have to help achieve the best outcomes.”**

Rebecca Morrison, BSN, RN, CDCES®  
Marietta, GA

# Why I Became a CDCES® ...

**“Every CDCES that I have met at local and national meetings are so excited to share their ideas; it is like one big family who really cares about treating people with diabetes and helping each other to do better in our careers. How can someone not be excited to join such a group!”**

Julie Stading, PharmD, CDCES®  
Creighton University, Eagle, NE

# Why I Became a CDCES®...

**“The most rewarding part of being a CDCES is helping people with diabetes overcome barriers and improve their health. My decision to becoming certified was the best career move I have taken as a Registered Dietitian!”**

Debra D'Angelo, RDN, CDCES®  
Dietitian/Diabetes Educator,  
Regal Medical Group, Camarillo, CA