



NCBDE News

A Publication of the National Certification Board for Diabetes Educators

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NCBDE Mission

To promote comprehensive and ongoing quality diabetes education and support by defining, developing, maintaining, and protecting the certification and credentialing processes.

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Message from the Chair

"But the fact is, no matter how good the teacher, how small the class, how focused on quality education the school may be none of this matters if we ignore the individual needs of our students."

~ Roy Barnes

Dear Colleagues:

I have the honor this year to serve as the Chair of the NCBDE Board. The quality of the members of the Board and the members of the various committees and task forces is very similar to assembling an all-star team in sports. These individuals volunteer their time and efforts to ensure that the integrity and quality of the CDE® program remains intact. The individuals are always working with the goal in mind of having the program reflect the best practices in the certification arena. I look forward to continuing the great work that individuals before us and those currently serving have provided.

On behalf of the Board, we are pleased to report that the number of CDEs currently practicing in the U.S. continues to increase. As of early 2016, there were just over 19,315 active CDEs, the highest number of active



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certificants since NCBDE offered the initial exam in 1986. For those CDEs up for renewal in 2015, over 2,680 CDEs who renewed used the continuing education option, and the vast majority of those individuals made use of the online renewal application option. If you last renewed in 2013 or earlier, the online renewal application option first launched for CDEs renewing in 2014, and it has been a very popular option (versus the paper application).

This past November, I am happy to report that the NCBDE Board finalized the organization's strategic plan for 2016- 2020. The plan includes: a) maintaining the integrity and relevance of the certification process; b) increasing the demand for education provided by CDEs; c) advocating for CDEs to receive reimbursement for diabetes self- management education; d) increasing the number of CDEs in practice, as we attempt to meet the current and growing need for diabetes education; and e) looking at organizational development, including cultivating future leadership and

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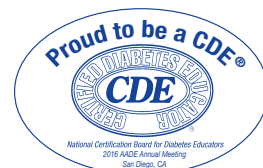


Planning to Attend the AADE Annual Meeting This August in San Diego?

Individuals pre-registering by mid-late June should receive their 2016 CDE® Buttons in the mail before the meeting. Buttons will also be available for distribution on a first-come, first-served basis to late/on-site registrants at the NCBDE exhibit booth (#1336). Note: Quantities are limited.

Don't forget to complete the ticket attached to the button and drop it off at the NCBDE exhibit booth. Entrants will qualify for a daily drawing. Winners of the drawings will receive a credit of \$250 for use in renewing their certification.

NCBDE will be providing two presentations during the meeting. The first one created for attendees interested in initial certification will take place on Friday, August 12 from 5-6pm. On Saturday, August 13, starting at 5pm, check out Maintaining Your CDE® Credential: Remind Me Again – How Do I Renew? Look forward to seeing you in San Diego!



Welcome to New Committee and Task Force Members

The NCBDE is happy to announce some changes to the Credentials, Examination, and Outreach Committees, as well as the formation of a new task force, the Advocacy Task Force.

Credentials Committee: Welcome to Carol Rasmussen, MSN, NP-C, FAADE, CDE®, Utah! Carol joins the current Committee members: Patti Duprey, MSN, APRN, CDE®, Chair of the Committee, New Hampshire; Ramona Corson, RPh, PharmD, BCPS, CDE®, Hawaii; Jasmine Gonzalvo, PharmD, BCPS, BC-ADM, CDE®, Indiana; JoAnn L. Manty, RN, DNP, CDE®, Michigan; Cathy Mullooly, RCEP, CDE®, Massachusetts; and Kathryn Peebles, RD, CDE®, Virginia.

Examination Committee: Welcome to Claire Banks, MS, RD/LD, BC-ADM, CLC, CDE®, New Mexico; Gopika Gangupantula, MD, CDE®, California, and Jo-Anne M. Rizzotto, MEd, RDN, LDN, CDE®, Massachusetts! These individuals join the other members of the Committee including: Fran Cogen, MD, CDE®, Chair of the Committee, Maryland; Sue Drogos, RN, BSN, MPA, CDE®, Illinois; Nancy Letassy, PharmD, CDE®, Oklahoma; Helen Levitt, RN, MS, CDE®, North Dakota; Christopher Lopez, PharmD, CDE®, New Hampshire; Doris

Meehan, MSN, APRN, ACNS-BC, CDE®, California; Erica Moore, MHS, RDN, LD, CDE®, BC-ADM, South Carolina; Richard Peng, MS, MBA, ACSM-RCEP, CDE®, California; Michael See, MS, RCEP, CWC, CDE®, Massachusetts; Kelly Sinclair, MS, RD, LDN, CDE®, Massachusetts; Randi Streisand, PhD, CDE®, Maryland; Robyn Tyler, RN, MS, CNS, CDE®, BC-ADM, South Dakota; and Allison B. Wiseman, RD, LD, CDE®, Washington, DC.

Outreach Committee: Greetings to Patty Anson, MS, RD, LD, CDE®, Oklahoma; Marsha Menke, MS, BSN, RN, CDE®, West Virginia; and Elizabeth S. Nix, PhD, MSN, APRN-BC, CNS, CDE®, Arkansas who joined the Committee this year! In addition, two Board members will serve on the Committee for 2016: Andrea Knatz, RD, CDE®, California, and Gail M. Overton, MScN, LN, CDE®, Texas. These individuals join fellow Outreach Committee members: Kirsten Ward, MS, RCEP, CDE®, Chair of the Committee, Massachusetts; Maria Aurora Diaz, MS, APN, ANP-BC, CDE®, Illinois; Barbara Eichorst, MS, RD, CDE®, Illinois; Rosalyn Haase, RDN, CD, CDE®, MPH, BC-ADM, Wisconsin; Alissa Segal,

PharmD, CDE®, Massachusetts; and Melisa Sigley, PharmD, CDE®, West Virginia.

Advocacy Task Force: This newly created task force will be working on advocacy efforts. Even though the charter, policies and procedures are still to be finalized, a number of brave souls have agreed to serve on the task force – many thanks! Welcome to Leslie Scott, PhD, PPCNP-BC, APRN, MLDE, CDE®, Chair of the Task Force, Kentucky; Tara Conway, MS, RD, LD, CDE®, Oklahoma; Judy Davis, RN, BA, CDE®, FAADE, Idaho; NCBDE Board members - Jane Kadohiro, DrPH, APRN, CDE®, FAADE, Nevada, and Britt Rotberg, MS, RDN, LD, BC-ADM, CDE®, Georgia; and Melva Zerkoune, MS, RDN, CDE®, Arizona.

Farewell to Examination Committee Member

We said a sad farewell to Maria Montez, RN, MSHP, CDE®, CCRA, Texas, as a member of the Examinations Committee member at the end of 2015. Thanks Maria!

Partnership with College Diabetes Network

To help CDEs better support their young adult population with diabetes*, the College Diabetes Network (CDN) and NCBDE partnered back in 2014 to provide CDEs with direct access to CDN's materials and information for transitioning young adults. This partnership continues today.

CDN provides a suite of resources for young adults, their families, friends, and clinical providers on their website (<https://collegediabetesnetwork.org/>). If CDEs would like to stay informed about CDN's programs, sign up to receive electronic updates using the following link: <http://www.tfaforms.com/382201>. The top three partnership areas that CDN and NCBDE believe CDEs could benefit from include the following:

1. CDN is excited to announce they have created new booklets from their popular Off to College materials. There will be two booklets available: one specifically

for young adults and one is for parents. To request print copies for use in your clinic or hospital, or to be notified when they are available for digital download, please email Mindy Bartleson at mbartleson@collegediabetesnetwork.org. If you are interested in hosting an Off to College event for transitioning young adults, you may use the following link: <https://collegediabetesnetwork.org/content/college-materials-and-events>.

2. A number of students in the CDN Chapter network have requested to be matched with CDE's for chapter meetings, events, and activities that they are hosting. CDN is hoping to expand upon its database of CDEs willing and able to work with young adults. If you are interested in participating, you can complete this form: <https://www.tfaforms.com/413244>.

3. Additionally, CDN is creating a database of mentors for CDN students to help them be

matched to accomplish their professional goals. CDN 1-1 Student Mentors are individuals who have a connection to the diabetes field or community and are interested in being matched with a CDN student for a 1-1 mentorship related to professional goals. If you are interested in becoming a CDN Mentor, please complete this form: <https://www.tfaforms.com/413244>.

CDN will also be presenting at the 2016 American Association of Diabetes Educators (AADE) annual meeting, discussing their successful Off to College Program. Please review the AADE program for more information on session times to learn when CDN will be presenting.

*If your patients do not include young adults, we hope you will forward this information on to a colleague who can make use of the materials.

Due to Renew in 2016?

If your credential will expire December 31, 2016 and you can document meeting the renewal practice requirement* (see “Renewal Practice Requirement” on page 7.), you may choose to renew either by continuing education (see page 5) or by taking the examination.

If you are pursuing renewal by examination, 2016 marks the year that examination application submission and testing can basically be done year-round. Refer to the 2016 Certification Examination Handbook for important details on the new application and testing processes.

The standard window for renewal by continuing education is July 1 - September 15. Additional deadlines are available, but do require additional fees. Refer to the 2016 Renewal by Continuing Education Handbook for important details.

Renewal of certification notices were mailed in late October 2015 to CDEs whose credentials will expire December 31, 2016. Because of name and/or address changes, a number of these notices could not be delivered. It is important to note that non-receipt of this courtesy mailing does not relieve the certificants of meeting renewal certification requirements. An email notice was also sent in March to all those with an email address on file, along with a post card reminder in early May. Remember that it is the responsibility of the renewing individual to submit a current Application and fee prior to the applicable deadline date. The NCBDE cannot be held responsible for lost, misdirected or late mail.

Obtaining a Handbook

Continuing Education Renewal: The 2016 Renewal by Continuing Education Handbook includes the instructions on how to renew by continuing education. To obtain the 2016 Renewal by Continuing Education Handbook, contact the NCBDE national office, by telephone at 877-239-3233, facsimile at 847-228-8469, or e-mail at info@ncbde.org (be sure to include “NCBDE CE Renewal Handbook” in the subject line of the request and your mailing address in the message). The Handbook is also available in pdf format and may be downloaded from the NCBDE web site (<http://www.ncbde.org/assets/1/7/RenewalHBCurrent.pdf>).

Since your last renewal, you’ll notice a lot of different information in the 2016 Handbook as NCBDE has rolled out an option to renew by continuing education online. We hope CDEs will find the online renewal option user-friendly and convenient. Individuals may still submit paper applications, but a paper application is not included in the Handbook. It will need to be obtained via a pdf download for completion and submission. In addition, per the information in the Handbook, please note that processing time will be significantly longer when using a paper application than using the online renewal method. CDEs wishing to still submit paper applications to renew will need to obtain one using the following link: http://www.ncbde.org/assets/1/7/2016CEPaperAppFillableFinal_0316.pdf.

Examination Renewal: The 2016 Examination Handbook includes the instructions and paper application form to renew by the Certification Examination. To obtain the 2016 Examination Handbook and Application, contact the testing agency, Applied Measurement Professionals, by telephone at 913-895-4600, facsimile at 913-895-4651, or e-mail at info@goamp.com (be sure to include “NCBDE Application” in the subject line of the request and your mailing address in the message). The Handbook and Application are also available in pdf format and may be downloaded from the NCBDE web site (http://www.ncbde.org/assets/1/7/Handbook_Current.pdf).

Please note that those who do not pass the Certification Examination or successfully renew by continuing education before the credential expiration date must stop using the CDE® designation until such time as they successfully renew certification.

Kindly refer questions about renewal of certification to the NCBDE national office at 877-239-3233 or by e-mail at info@ncbde.org.

*If you do not meet the renewal practice requirement and still wish to maintain the credential, renewal can only be accomplished through documentation of acceptable continuing education hours and passing the examination. Visit the web site at http://www.ncbde.org/currently_certified/renewalinformation/ for additional information and access to required documentation.

New Retired Status Available

The Board of Directors announced last year that a retired status recognition is available for CDEs who have retired and do not plan to maintain an active CDE® credential.

General Information

The Retired status was established to recognize a retired Certified Diabetes Educator’s service and commitment to the diabetes educator profession, as well as their achievement and maintenance of the CDE® credential. This voluntary status is available to active status CDEs who are no longer actively working, volunteering, or practicing in diabetes education, but wish to maintain their relationship with NCBDE. Individuals obtaining Retired status will receive a

certificate of recognition and be included on a published listing of Retired Status Certified Diabetes Educators.

Retired Status Guidelines

- a. Individuals must actively hold the CDE® credential in good standing or have been in good standing at the time their credential expired in order to request Retired status.
- b. Individuals who have allowed their CDE® credential to expire due to retirement can apply for Retired status within 5 years from their expiration date, e.g., expired on 12/31/2014 due to retirement prior to that date can apply for retired status through 12/31/19.

- c. The individual must (1) hold an active CDE® credential for a minimum of 10 years (e.g., 2 cycles), and (2) have no unresolved adverse disciplinary actions or canons of ethics violations actions at the time of the request for Retired status.
- d. Retired status is for certificants who retire from the field of diabetes education with no plans to return or to renew their CDE® certification.
- e. A one-time processing fee is required with the Retired Status Request Form.
- f. Once the Retired Status Request Form and

Changes to Reinstatement of Expired Credentials Requirements

Do you know person who let their CDE® credential expire several years ago and then wished to become certified again, but could not meet the initial certification eligibility requirements? As reported in last year's Chair message, a recommendation from the Credentials Committee to the Board of Directors was approved regarding requirements to become actively certified for those whose credential had expired. In the past, if an individual's certification expired, the person had one year following expiration to reinstate

their certification by applying for and passing the examination. At the time of application, the individual would need to document either 1,000 hours of renewal practice experience or 75 hours of acceptable continuing education activities. After one year, individuals needed to document meeting initial eligibility requirements, including 1,000 hours of diabetes self-management education within a 4 year window, with 400 hours of that time within the last 12 months. The Credentials Committee made the recommendation to allow individuals

whose certifications had expired within the last 5 years to apply for the Examination using either 1,000 hours of renewal practice experience or 75 hours of acceptable continuing education activities. For 2016, individuals whose credentials expired on 12/31/2011 to 12/31/2015 can make use of this reinstatement process. The Examination Handbook has full details, including the applicable accrual cycles. See "Renewal Practice Requirement", page 7, for more information on that specific requirement.

Examination Available All Year-Round Now

As one of the vast majority of CDEs who choose to renew by continuing education, you may not think about the examination too often these days. But, if you know other diabetes educators who are working toward applying for the examination, we hope that you'll steer people to the NCBDE web site and the national office whenever questions about eligibility and the examination come up. Many things have changed over time regarding the program, including eligibility requirements and how and when people apply for the examination.

The most exciting news lately is that 2016 marked the first year that individuals can apply and test basically any time during the year.

There are no more application windows or testing windows per se. Individuals can apply to take the examination all year-round. Once approved, they will have 90 days to schedule and take the examination.

With people being able to apply on-line in most instances, an individual could theoretically apply using the online application on Monday, June 13, 2016 and, if not chosen for audit, on that very day, be able to see what dates and times seats are available between Tuesday, June 14-Tuesday, September 13 and confirm an appointment to sit for the exam, perhaps as early as June 14. There is one catch with this new availability. There are only so many

seats available each day at each testing center, and it's first-come, first-served. Be sure to encourage your fellow diabetes educators who are ready to sit to apply and test now. If applicants all wait to apply in say October with a goal of testing by December – there may not be enough seats for all interested in testing in those last few months of the year. But, with over 190 testing centers available and the 90 day testing window, we hope that everyone applying will be able to find a convenient date and time to sit for the exam.

Please spread the word!

Join the Discussion

If you haven't had a chance yet, be sure to check out the NCBDE Facebook page. Join the 2,700 others who have liked our page. This more casual communication platform is a great way to get updates on NCBDE activities. Here's the link: <https://www.facebook.com/CertifiedDiabetesEducators>. We've also created a NCBDE group on Linked In: <https://www.linkedin.com/groups?home=&gid=8233015>. Join the discussions!

Visit from the CEO - Initial and Renewal of Certification Presentations

For 2016, NCBDE has set aside limited funds for Sheryl Traficano, MBA, CAE, NCBDE's CEO, to talk about CDE® certification at diabetes educator meetings. Content* will be similar to the presentations that have been given at the American Association of Diabetes Educators (AADE) annual meeting over the past few years. Please help spread the word about this opportunity. If you know of anyone planning a meeting where a presentation on initial or renewal of certification might be a good fit for the audience, please have the coordinator reach out with the dates and location

of the meeting. It's first-come, first-served as far as the budget and required attendance at other events is concerned, but Sheryl would love to be a part of as many meetings as possible this year. Sheryl can be reached at 847-228-9795, ext. 22, or straficano@ncbde.org. Depending on the demand and success of the presentations, NCBDE will likely consider funding presentations going into 2017 and beyond.

*Note: These presentations are considered information sessions and should not be considered continuing education activities.

Renewal of Certification by Continuing Education Option

For CDEs who can document meeting the renewal practice requirement, this avenue of renewal is available as an alternative to the Certification Examination for Diabetes Educators. The continuing education option may be used each time renewal of certification is due, provided the CDE® can document meeting all current eligibility requirements at the time of application.

The renewal of certification by continuing education is intended to enhance continuing competence of certificants by providing each practitioner the opportunity to choose between the Certification Examination or using continuing education. The deadline date for submitting an application to renew certification by continuing education is not the same as the deadline dates for applying to take the Certification Examination. All continuing education hours must be completed by the applicable deadline of the year the credential will expire (e.g., applying using the standard deadline 9/15/2016 for those with credentials expiring 12/31/2016 OR 9/15/2017 for those with credentials expiring 12/31/2017). The standard deadline falls in mid-September, extended deadline is mid-October and late deadline is mid-December. An additional grace period option is available through March 31 of the following year.

General Information

Renewal of certification demonstrates that professionals previously certified have maintained a level of contemporary knowledge in diabetes education.

NCBDE requires all CDEs to renew certification every 5 years. It is the responsibility of the individual certificant to maintain certification and to stay abreast of any changes in certification and renewal requirements. The dates of the credential should be monitored and applications for renewal submitted by published deadlines.

If renewal of certification by continuing education is chosen, 75 hours of continuing education applicable to diabetes will have to be completed for the 5 year cycle.

Renewal by Continuing Education Cycles

After initial certification, continuing education, activities must be completed between January 1 of the following year and the application deadline date for renewal, i.e., September 15, five years later.

For subsequent certification periods, all continuing education must be completed

Continuing Education Accrual Cycle Examples

Example	75 Hours required for each	Credential Expires	Hours may be accrued from
A	G. Doe – newly certified in 2011	12/31/2016	1/1/2012
B	K. Evans – renewed by continuing education in 2011 (9/15/2011 deadline)	12/31/2016	9/16/2011
C	D. Wright – renewed by continuing education in 2011 (10/15/2011 deadline)	12/31/2016	10/16/2011
D	J. Smith – newly certified in 2015	12/31/2020	1/1/2016
E	M. Johnson – renewed by continuing education in 2015 (9/15/2015 deadline)	12/31/2020	9/16/2015
F	J. Davis – renewed by continuing education in 2015 (10/15/2015 deadline)	12/31/2020	10/16/2015
G	P. Jones – renewed by continuing education in 2015 (12/15/2015 deadline)	12/31/2020	12/16/2015

between the day after the application deadline date, i.e., September 16, and the application deadline date for renewal, i.e., September 15, five years later. See Accrual Cycle Examples box above.

Continuing education activities:

- must be approved by a provider on the NCBDE List of Recognized Providers.
- must be applicable to diabetes. All subject matter on the Certification Examination Content Outline published in the current Certification Examination Handbook for Diabetes Educators is considered applicable to diabetes.
- must be completed as defined by the renewal by continuing education cycles policy. (All continuing education activities must be completed prior to submitting the application.)
- must be at a professional level that enhances the quality and effectiveness of diabetes self-management education practice.
- do not have to be discipline specific nor do they have to come from any specific area of concentration, e.g., social workers may attend a nursing program applicable to diabetes and use those clock hours for renewal of certification.

Activities acceptable for renewal of certification by continuing education:

- Continuing education courses
- Seminars
- Workshops
- Conferences

- Independent study
- On-line programs
- Telephonic or video conference programs

Activities not acceptable for renewal of certification by continuing education:

- Academic courses
- Certification/credentials awarded
- Elected office or serving on Boards and/or Committees
- Articles or books written by the certificant
- Journal clubs or professional reading
- Presentations or lectures by the certificant
- Posters or poster sessions and exhibits
- Preceptorships or mentor hours
- Research
- Volunteer activities

Recognized Providers

The list of recognized providers is available in the 2016 Renewal of Certification by Continuing Education Handbook, on the web site or by contacting the office at 877-239-3233 or 847- 228-9795.

Only continuing education applicable to diabetes and offered by a provider* on the NCBDE List of Recognized Providers or continuing education applicable to diabetes provided by accredited academic institutions granting degrees related to professional practice may be submitted. The academic institutions (colleges and universities) must be accredited by nationally recognized regional accrediting bodies.

Renewal of Certification by Continuing Education Tips

For CDEs renewing in 2016:

- Obtain a copy of the 2016 Renewal of Certification by Continuing Education Handbook. Information about how to do this will be found elsewhere in the newsletter. Then, before doing anything else, read all instructions for submitting an application and identify the requirements.
- Try out the continuing education tracking area available on the NCBDE website - www.ncbde.org. You can access this area of the site to make use of the Continuing Education Tracking area after logging into the CDE Log In area of the site. Choose the CDE Log In menu option (top of screen on left-hand side of page). You may also access it by choosing the “CDE Log In” item on the drop down menu option of the “Currently Certified” menu located on the right-hand corner of most pages of the ncbde.org web site. Please note that you will need your certificate number handy to log in to this area of the site for the first time.
- If you are chosen for audit, some Summary Form of Continuing Education Activities Form tips:
 - Avoid using initials or acronyms for courses and providers the first time you list the course or provider. Or better yet – make use of the fillable audit form and use the drop down box to identify the provider.
 - Each activity must include a full title, not just a course number.
 - If it is not evident from the activity’s title that the content is applicable to diabetes, submit an outline or include a brief description of how the activity is applicable to diabetes. Do not submit outlines or descriptions if it is clear from the title of the activity that it is applicable to diabetes.

- Specify the number of hours being claimed if the entire activity/course is not applicable to diabetes (e.g., “10 hours/24 hrs total”). You may want to report sessions individually or include a program/course outline with applicable content highlighted.
- In a multiple day workshop, claim only content applicable to diabetes if diabetes is not the total focus of the program.
- If you have more continuing education hours than the number required, it is advisable to report them. This will save the review committee from having to request more information if it isn’t clear that some courses were applicable to diabetes.

For ALL CDEs anticipating renewal of certification by continuing education:

- These items cannot be over-emphasized:
 - Check NCBDE web site regularly to verify eligibility requirements, application deadline dates, and published time frame for continuing education activities.
 - Make sure the providers of continuing education activities that are being considered for certification renewal are on (or approved by an organization on) NCBDE’s recognized provider list.
 - Remember that individual state boards of licensure, including state boards of nursing, are only acceptable providers if they are accredited/approved by one of the providers recognized by NCBDE, such as the American Nurses Credentialing Center (ANCC). The provider on the Recognized List is the organization that must be reported on the Summary form if you are chosen for audit.
 - Lastly, simply because a continuing education activity is offered by a provider

recognized by NCBDE, it does not automatically ensure that the activity itself is acceptable for renewal by continuing education. You will want to make sure the activity meets all the requirements before including it in your list of activities for renewal by continuing education.

- Keep a copy of the activity’s outline and/or program brochure in your file in case you need it when documenting the content specifically applicable to diabetes (e.g., a dietetic or nursing meeting with a non-specific title of “2013 State Conference” or an item such as “Prescribers Letter” – neither of these titles would be specific enough to verify content is applicable to diabetes if you are chosen for audit and need to verify the hours. You will want to review the outline/brochure to report the appropriate content.
- Mark the name of the recognized provider on your certificates or verification of attendance as the activities are completed if the organization offering the activities are accredited or approved by an organization on the Recognized Provider list. You may not be able to locate this important information if you need to fill out audit documentation several years later.
- Be certain that the continuing education offerings you wish to claim were completed within the allowed time frame.
- If you opt for the Extended or Late Application Deadline Date, it is important to understand that you may accrue continuing education (and practice) hours up to the date of application submission. However, your accrual cycle for the next renewal will begin after the chosen deadline date.
- Applications and audit documentation must be completed in English and handwriting must be legible.

Practice Examination Available

A practice examination (PE) is available. The PE is designed to provide candidates with a meaningful resource as they prepare to take the Certification Examination (Examination). It is purchased and administered over the internet through a division of Applied Measurement Professionals, NCBDE’s testing agency (<http://store.lxr.com/dept.aspx?id=71>).

The PE is intended to give Examination applicants an understanding of the type and format of items used on a particular Examination and to practice taking an abbreviated version of the Examination. The questions were selected from the NCBDE item bank in proportion to the number of items in each content area of the major outline headings and subheadings within the major content headings of the Examination Content Outline. The questions are also representative of the three cognitive levels used in the Examinations, i.e., recall, application, and analysis. Just like Examination score reports, the score report for the PE provides a total of correct answers for each major area of the content outline. It will not include details on the specific items answered incorrectly. The PE includes a total of 50 questions and the fee to take the PE is \$55.

REMINDER: Practice Requirement for Renewal of Certification in Effect

Since the implementation in 2010, a practice requirement for renewal of certification has been in place. The requirement has been in effect since 2010. CDEs need to document a minimum of 1,000 hours of professional practice experience during the five-year certification cycle, in addition to either taking the Certification Examination or renewing by continuing education. The professional practice requirement for renewal of certification, however, is NOT the same as that required for initial certification. Please note that there is also an option available for any CDE® who cannot document meeting the practice requirement but who still wishes to maintain their CDE® credential.

NCBDE recognizes that diabetes education is an evolving specialty and that experienced CDEs often assume roles other than the practice of diabetes self-management education required for initial certification. **In addition, beginning in 2011, the original definition was expanded to include applicable volunteer activities.**

Definition of Professional Practice

For purposes of recertification, practice means providing a direct or indirect professional contribution to the care and self-management education of people with diabetes.

What is Included in this Definition

This definition is intended to be as inclusive as possible of positions currently held by CDEs, including program development, program management, public health/community surveillance, volunteer activities, diabetes related research, clinical roles in diabetes industry, case management, professional education, consultant roles to industry or other providers, or others.

What is NOT Included

Employment in the manufacture, direct sales, or distribution of diabetes-related products or services in pharmaceutical or other diabetes related industries, or jobs or volunteer activities unrelated to diabetes will not meet the practice requirement.

The 1,000 hours of professional practice experience must:

- Take place in the United States or its territories
- Be completed during the appropriate five year certification cycle. For those renewing for the first time, the start date for accruing practice hours is the January 1 following the year of initial certification. For those who have previously renewed, the start date for accruing practice hours is the day after the deadline date of their last renewal by continuing education or the fall exam deadline date (e.g., for those renewing in 2016, those who renewed by continuing education on September 15, 2016, accrual starts September 16, 2011; for a CDE® who renewed by exam on June 6, 2011, the accrual date starts on September 16, 2011). All hours must be obtained prior to the date of application for renewal.

There is no requirement about how or when this must be accomplished, e.g., to complete 200 hours per year, or to be practicing at the time of application.

What documentation do you need to provide to show you have accumulated at least 1,000 hours of practice?

It is always prudent to keep detailed information for your personal records. In fact, if

you plan to have someone verify your practice hours (if you are audited), you should check with them to see what would satisfy their need for detail. The good news, however, is that there is no requirement for you to document these hours in detail on the application for renewal. You will be asked to attest to meeting all of the current eligibility requirements, including the 1,000 hour practice requirement.

If an application is chosen for audit, you will need to have a supervisor (or for those in private practice, another qualified health care professional) sign a similar statement that confirms you have fulfilled the practice requirement. Of course, if you are renewing by the continuing education pathway, you will need to maintain copies of your continuing education credits/certificates in the event they need to be submitted as part of an audit.

For Those Unable to Meet the Practice Requirement

For CDEs who wish to maintain certification status but do not or cannot meet the practice requirement, there is still an avenue available to you for maintaining your credential. During the five year period that certification is valid, if a CDE® has practiced less than the required 1000 hours, has taken employment unrelated to diabetes care and education, is on leave from employment or has retired, but still wishes to maintain certification as a diabetes educator, the requirements to hold a current, active unrestricted license or registration for the same discipline held at the time of initial certification and to demonstrate knowledge of current standards and practices by documenting relevant continuing education activities and passing the examination. No exceptions will be available.

Three CDEs Win at 2015 AADE Annual Meeting

Congratulations to the three CDEs who were winners of the NCBDE drawings held during the American Association of Diabetes Educators Annual Meeting in New Orleans, held August 5-8! These CDEs will be able to renew certification without paying the \$250 fee, which is being waived by NCBDE.

- Sudie J. Gordy, RD, CDE®, Georgia
- Flora Molina, RN, CDE®, California
- Laura A. Nolan, RN, CDE®, Arizona (pictured right)

Buttons were mailed to over 1,000 CDEs who had pre-registered for the meeting and a number of CDEs stopped by the NCBDE exhibit booth to pick up a button on-site. Many CDEs also dropped by the booth to deliver their tickets for the drawings. It was great to visit with all of you!

We look forward to seeing many CDEs in San Diego this August!



Summary of the 2015 Certification Examinations and Renewal of Certification by Continuing Education

The mission of the National Certification Board for Diabetes Educators (NCBDE) is to define, develop, maintain and protect the certification and credentialing process to promote ongoing quality diabetes education and support.

To inform the public, potential candidates, and those currently holding the Certified Diabetes Educator® (CDE®) credential, NCBDE each year publishes a summary of the results of the certification examination for diabetes educators (Examination) administered the previous year, and the results of renewal of certification by continuing education.

Certification Examination for Diabetes Educators – 2015

A new Examination Content Outline was implemented beginning with the 2015 Examinations reflecting the results of a 2013 practice analysis, which surveyed Certified Diabetes Educators about the tasks they performed. Questions on the Examination are linked directly to a task or tasks. Each question, therefore, is designed to test if the candidate possesses the knowledge necessary to perform the task or has the ability to apply it to a job situation.

A total of 2,328 candidates took the Examination, 1,083 in the spring and 1,245 in the fall. Of the total, 69% took the examination for the first time, 23% had previously taken the examination, but had not passed, 4% were previously certified individuals whose credentials had expired, and 5% renewed certification status.

2015 Renewal of Certification by Continuing Education

Renewal by continuing education in 2015 required that CDEs hold the license or registration for the same discipline held at the time of initial certification and, during the five year recertification cycle, a) meet the renewal practice requirement of 1000 hours of professional practice, and b) earn 75 hours of continuing education in content areas applicable to diabetes. For those CDEs who meet the practice experience requirement, the renewal by continuing education option may be used each time recertification is due. A CDE® who cannot document meeting the practice requirement must accrue the required hours of continuing education at the time of application for the Examination and successfully pass the Examination.

A total of 2,685 CDEs submitted applications for renewal of certification by continuing education; more than 99% successfully completed the process.

Overall Numbers of CDEs

In fall 1986, 1,248 health professionals successfully completed the certification process to become the inaugural group of CDEs. As of January 2016, there were 19,315 credentialed CDE® health professionals.

Pass/Fail Statistics			
Spring 2015	Total	Pass	Fail
Candidates writing the examination for the first time-standard pathway	736	61.68%	38.32%
Candidates writing the examination for the first time-unique qualifications pathway	2	100%	0%
Candidates renewing certification by examination	23	86.96%	13.04%
Candidates with expired credentials (expired 2013)	25	84.00%	16.00%
Candidates with expired credentials (expired prior to 2013)	19	68.42%	31.58%
Candidates repeating due to unsuccessful previous attempt(s)	276	39.86%	60.14%
Candidates repeating due to unsuccessful previous attempts(s) unique qualifications pathway	2	0%	100%
Total Candidates Spring Administration	1,083	57.25%	42.75%

Table 1.

Pass/Fail Statistics			
Fall 2015	Total	Pass	Fail
Candidates writing the examination for the first time-standard pathway	854	64.17%	35.83%
Candidates writing the examination for the first time-unique qualifications pathway	8	75.00%	25.00%
Candidates renewing certification by examination	83	93.96%	6.04%
Candidates with expired credentials (expired 2014)	10	90.00%	10.00%
Candidates with expired credentials (expired prior to 2014)	35	88.57%	11.43%
Candidates repeating due to unsuccessful previous attempt(s)	251	39.04%	60.96%
Candidates repeating due to unsuccessful previous attempt(s) unique qualifications pathway	4	50.00%	50.00%
Total Candidates Fall Administration	1,245	62.00%	38.00%

Table 2.

CDE® Artwork Available

Camera-ready artwork of the CDE® logo is available to Certified Diabetes Educators at no cost from the NCBDE national office. This artwork may be used by CDEs on their business cards, letterhead, or other stationery. Contact the NCBDE office (877-239-3233 or info@ncbde.org) to obtain your artwork.



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building organizational capacity. As mentioned in last year's newsletter, successful outcomes will be achieved by collaborating with other organizations whenever possible and by engaging in ongoing opportunities that promote and recognize the value of the CDE® certification to a multitude of stakeholders.

HERE'S ARE SOME HIGHLIGHTS FROM THE LAST 12 MONTHS...

Saying a Fond Farewell to Outgoing Board Members

Sue McLaughlin, MOL, BS, RD, CDE® of Omaha, Nebraska finished her service as the 2015 Board Chair, and will finish up her term this year in the role of Immediate Past Chair. The NCBDE said goodbye to three Board members at the end of 2015 – Judy Davis, RN, BA, CDE®, FAADE of Boise, Idaho; Lenita Hanson, MD, CDE®, of Punta Gorda, Florida, and Kellie Rodriguez, MSN, MBA, CDE® of Southlake, Texas. Judy served as Treasurer in both 2014 and 2015, in addition to her role as Board member. Kellie's term included serving as Chair-Elect, Chair and Immediate Past Chair. We will miss having all three of these individuals, who brought wonderful leadership skills and experience with them when they joined the Board. Judy is continuing to volunteer on behalf of NCBDE as a member of the newly created Advocacy Task Force.

Welcome to our New NCBDE Board Members



Joan Bardsley, MBA, RN, FAADE, CDE®



Britt Rotberg, MS, RDN, LD,
BC-ADM, CDE®



Leonard Sanders, MD, BC-ADM, CDE®

As a result of the November 2015 Board meeting, we are very happy to announce that the CDEs who were elected to the NCBDE Board of Directors at the November 2015 Board meeting were Joan Bardsley, MBA, RN, FAADE, CDE®, of Great Falls, Virginia; Britt Rotberg, MS, RDN, LD, BC-ADM, CDE® of Atlanta, Georgia; and Leonard Sanders, MD, BC-ADM, CDE® of Monterey, California. These new Board members started their four year terms on January 1, 2016. Welcome, welcome, welcome!

Officers Update

In addition to Sue moving into the office of Immediate Past Chair this year, I'm glad to be able to let you know that Carolé Mensing, RN, MA, CDE®, FAADE of Walpole, Massachusetts was elected to the position of Chair-elect for 2016. Carolé will take over as Chair on January 1, 2017. Kelly Rawlings, our very talented public member, will serve as Treasurer in 2016.

NCBDE Achieves NCCA Accreditation

In March of this year, we received news that the NCBDE Certified Diabetes Educator® (CDE®) program had received accreditation by the National Commission for Certifying Agencies (NCCA) for a five-year period. The accreditation process required submission of an application demonstrating the program's compliance with the NCCA's Standards for the Accreditation of Certification Programs. NCCA is the accrediting body of the Institute for Credentialing Excellence (formerly the National Organization for Competency Assurance). Since 1977, the NCCA has been accrediting certifying programs based on the highest quality standards in professional certification to ensure the programs adhere to modern standards of practice in the certification industry. To review the news release, visit: http://www.ncbde.org/assets/1/7/accreditationinitialrelease_final_032216.pdf.

Advocacy

Last year, we reported that the NCBDE had been in communication with the American Association of Diabetes Educators (AADE) about making a change to the state licensure model which it had been using to encourage state licensure of diabetes educators. In the original model, CDEs were typically able to apply for licensure in a simple process, but a pathway was also available to designated health professionals to attain licensure with completion of an education course and some training – possibly as little as 250 hours – with no assessment of diabetes knowledge prior to licensure. This pathway was a cause of concern for any number of reasons, but particularly for consumer safety. One of the reasons expressed by various states' legislators for not wishing to include an examination as part of the licensure process was a concern about the cost for implementing an assessment process. NCBDE is offering to serve as the examination administrator for any future state licensure legislation that would require an examination for individuals who are not already CDEs. We are very happy to report that AADE has agreed to include wording in future legislation that reflects this change. By serving in this role, the NCBDE would allow states to keep costs to establish licensure at a minimum, and licensed diabetes educators would be encouraged to pursue certification when they are able to document meeting all certification eligibility requirements. NCBDE would also look closely at the cost for the licensure exam in relation to initial certification to ensure that individuals choosing to apply for certification would not pay more than those taking the licensure examination.

With the minimal movement in the federal legislative environment on any front, NCBDE Board and staff did not make a trip to the hill after the April 2015 visit reported in last year's newsletter regarding legislation to establish reimbursement for diabetes education - "Access to Quality Diabetes Education Act of 2015" (H.R. 1274 and S. 945). You can review NCBDE's current position statement on that reimbursement can be found on the web site at: <http://www.ncbde.org/PosStatements/statement-on-access-to-quality-diabetes-education-act-of-2015/>.

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CHECK IT OUT!

NCBDE's web site can be found at:

www.ncbde.org

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The following was mentioned in the last few issues of the newsletter, but just a reminder that in response to advocacy and licensure initiatives, NCBDE has established a site that will support CDEs learning about NCBDE's positions on various state and federal issues related to diabetes education and also facilitating CDEs reaching out to their state and federal legislators when action is needed. Currently, content on this site pertains to information on the Indiana licensing situation, the Access federal legislation, and the concerns associated with state licensure. The site can be accessed at <http://cqrcengage.com/ncbde/home>. All CDEs are urged to spend time updating their awareness of these issues.

Academy of Certified Diabetes Educators

We wanted to be sure that you were aware that the Academy of Certified Diabetes Educators (ACDE), the membership association that launched in 2014, did stop operations in December 2015. We hope that CDEs who are not involved in a national association related to diabetes will consider taking another look at the memberships available to health professionals through such organization as the American Association of Diabetes Educators and the American Diabetes Association.

Successful Launch of the Grace Period for Renewal by Continuing Education

The newly created grace period option was successfully launched for those CDEs with expiration dates of 12/31/2015. Over 60 CDEs made use of this new option, allowing them to reinstate their credential after missing one of the 3 windows that cover July 1 - December 15. The grace period option is available from December 16 – March 31 of the following year after expiration. Making use of this option allows for renewing by continuing education even after the December 31 expiration, as well as maintaining the renewal cycle and certification number. For more details, see the 2016 Renewal by Continuing Education Handbook (available at www.ncbde.org).

Certified Diabetes Educators have distinguished themselves from individuals that provide diabetes information. Though requirements have changed over time, each individual that has earned the CDE® certification has met a minimum education/licensure requirement, as well as obtained a minimum number of hours providing diabetes self-management education (DSME), and, last, but definitely not least, passed a validated exam.

Information is important, if correct. CDEs have made the effort to learn more about how diabetes affects individuals in distinct ways. Our experiences providing DSME allows us to identify areas and solutions that may help the individual with diabetes know more about their condition and hopefully improve their clinical and personal journey with diabetes. Thank you for becoming a CDE® and helping people with diabetes.

Best wishes for the remainder of 2016!

Sincerely,



John "Tommy" Johnson, PharmD, CDE®,
BC-ADM, FAADE

Chair, NCBDE Board of Directors

Reminder - Updated Website Launched

The launch of NCBDE's updated web site took place in mid-June 2012. We hope that our CDEs appreciate the new look and functionality. One of the most exciting aspects of the site is that it has been expanded to include content to help individuals with diabetes understand how having a CDE® in their corner can make a difference in their ability to manage their disease. It also provides a way for those individuals to search for a CDE® in their area.

It is important to note that NCBDE will need the help of all CDEs to make the "Find a CDE" search successful for those individuals who are looking for your guidance. Each CDE® who wishes to be included in the search database will need to add their practice information to the site and will also want to be sure to keep this information up to date.

We are also happy to let our CDEs know that we have expanded the information available in the CDE only area to include their last renewal date (whether by examination or by

continuing education), their expiration date, and the personal contact information NCBDE has on file for that individual. The CDE only area remains the place where (optionally) a CDE® can enter their continuing education activities details, along with providing access to product order forms, newsletters archive, and other documents. CDEs also have the ability, once they have initially accessed the CDE only area, to change both their user name and password if they wish.

NOTE: New for CDEs renewing – the application to renew by continuing education can be completed using an online renewal option via this area of the web site. Check the Renewal Handbook for more details!

To access the CDE only area the first time, a CDE® will need to log in to this section of the site. Access to this area can be found in several places, but the easiest access can be found by clicking on the "CDE Login" menu option shown at the top left-hand section of any page of the site.

1. When the "Yes, I am a CDE" log in screen appears, the CDE® will want to:
2. Unless you have changed it, for the user name field: enter the certificate number (full 8 digits, and no dashes). The certificate number can be found on your certificate or wallet card.
3. Unless you have changed it, for the password field: enter last name as maintained in NCBDE's database (case sensitive format, e.g., Doe, not DOE or doe). The last name as maintained in the database can be found in the To: portion of the header of the email message or certificate/wallet card.
4. Hit the "Log In" menu button.
5. Review the data available on the "Welcome to the CDE area" screen to ensure NCBDE has the correct personal contact information (Please note this personal information is not accessible or provided to those individuals looking for a CDE®). From this screen, a CDE® can change their password using the

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Mentorship Program Report

In late 2010, the NCBDE announced the creation of a Diabetes Educator Mentorship Program (Program) in association with the American Association of Diabetes Educators (AADE) and the American Diabetes Association (ADA). This optional Program was created to promote careers that will lead to a Certified Diabetes Educator® (CDE®) designation and improve access to much needed diabetes self-management education (DSME).

The optional program kicked off in early 2011 and partners experienced CDE-credentialed diabetes educators with healthcare professionals who are interested in gaining experience in providing diabetes self-management education. The goal is to assist these professionals with meeting the current hours of experience practice requirement for CDE® certification.

Hopefully you are aware that the NCBDE Board of Directors approved several eligibility changes that kicked off in 2014. One of these changes effectively removed the limit to the number of volunteer DSME hours that can be accrued in the Program to qualify for initial certification. In fact, volunteer DSME hours are no longer only available through participation in the Program, but can be obtained in any volunteer setting (e.g., free medical clinic). With those changes, the Board also felt it was time to formalize the oversight of the Program under NCBDE's Credentials Committee. Feedback from mentor and mentee surveys will be helping the Credentials Committee in a review of the Program. In addition, an article has been authored by J. Beck that summarizes the first few years of the program. The article, Diabetes Educator Mentorship Program: Mentors Requested was published in The Diabetes Educator, February 2015 41: 38-42.

Last year, the Board approved changes to the mentor requirements that will encourage CDEs who are not in recognized or accredited programs to apply as a mentor. Please look over the new requirements (below) and see if you may now qualify as a mentor.

At press time, there were 166 CDEs serving as active mentors, over 131 approved mentees are in active partnerships with mentors, and over 146 individuals are approved to move forward in seeking a partnership with a mentor. A total of 134 health professionals have completed the Program – accumulating volunteer hours towards eligibility for certification and hopefully providing them with a foot in the door to securing a hired position as a diabetes educator, with a grand total of 91 of

those mentees having successfully passed the certification examination - becoming CDEs!

Mentor Eligibility Criteria

The current eligibility criteria for mentors are:

- CDE®, in good standing, for 3 years
- Current practice as a Diabetes Educator, providing DSME services
- Other preceptor/mentoring experience
- Verify that DSME provided includes*:
 - a process to coordinate educational activities
 - the individual's learning needs and goals
 - a curriculum (appropriate diabetes content areas, learning objective, methods of instruction delivery and methods for learning evaluation)
 - documentation of the educational activities
 - communication to the individual's primary care provider and/or the referring provider
 - regular assessment of the needs of your community and changes made based upon those needs
 - regular evaluation of the educational effectiveness and outcomes with results used to make changes in the educational activities
- Agree to complete and submit appropriate Mentor/Mentee monitoring documentation

* Additional information may be requested for any application and is required if the application is chosen for audit. Random audits will be conducted. In addition, applications can be audited for any reason. If an application is chosen for audit, the practice's diabetes education curriculum and other documentation verifying components of DSME as identified above will be required.

Interested in Serving as a Mentor?

First, thank you for your interest in serving as mentor. The application packet is available on NCBDE's web site as a downloadable file - either in pdf or word format. If you would like a hard copy of the application mailed to you, please contact the NCBDE national office.

Mentee Eligibility Criteria

The eligibility criteria for mentees are:

- Meet NCBDE discipline requirements in effect at the time of application
- Volunteer hours must be accrued within a

maximum 4 year period immediately prior to applying for certification

- Provide DSME volunteer hours under guidance of NCBDE Mentor

For those interested in participating in the program as mentee, it is recommended that the individual carefully review the Examination discipline requirements prior to applying to verify that she/he meets that aspect of NCBDE's eligibility criteria.

The application packet is available on NCBDE's web site as a downloadable file in pdf format. If you would prefer to receive a hard copy version of the application, please send an email message requesting the document (info@ncbde.org). Be sure to include your mailing address when sending your message.

Listing of Mentors by State (as of 4/29/2016)

We are so grateful to the CDEs who have applied to serve as mentors – thank you! Without their participation, there could be no Program! We'd also like to express our sincere appreciation to their institutions/practices for taking the steps needed to support the Program.

AZ

Rachel Calendo, RN, CPNP, CDE®
Cardon Children's Medical Center /
Bannerhealth

Jeanne Fenn, RN, PNP, CDE®
University of Arizona Medical Center

Alberta McCabe, MSN/Ed, RN, CDE®
Phoenix Indian Medical Center - Diabetes
Center of Excellence

Robin Wineinger, RD, CDE®, MED
Carondelet Diabetes Care Centers/St. Mary's
Hospital Diabetes Care Center

CA

Dana Armstrong, RD, CDE®
Diabetes & Nutrition Support Services

Lou Erin Castillo, RN, CDE®
Diabetes Care Center - Shasta Regional
Medical Center

Mary Jean Christian, RD, CDE®
University of California, Irvine Medical
Center

Ann Doherty, RN, CDE®
Alta Bates Summit Diabetes Center

Harriett Ann (Sue) Fernstrom, MPH, RD,
CDE®
Alta Bates Summit Medical Center

Danielle Halewijn, RD, CDE®
PIH Health

Elissa Hallen, RN, CDE®
Sutter Health CPMC

Maribeth Inturrisi, RN, MS, CNS, CDE®
Physician Foundation at California Pacific
Medical Center

Kathleen Jarvis, RN, CDE®
Kaiser Permanente

Jeanne Johnson, RN, CDE®
Kaiser Permanente

Elizabeth Leong, RD, CDE®
Bay Area Diabetes and Wellness Center

Michelle Mason-Chadd, RN, CDE®
Kaiser Permanente

Vicky McKay, MS, RD, CDE®
Kaiser Permanente

Terry Peterson, RN, CDE®
University of California, Irvine Health Care

Martha Quintana, RN, BSN, CDE®, CPT
Diabetes Health Center

Virginia Smelser, RN, CDE®
John Muir Health, Diabetes Center/
Cambridge Elementary School

Jacqueline Thompson, MS, RD, CDE®
Diabetes Health Center

Lois Weiss, RN, CNS, CDE®
St. Mary's Medical Center

CO

Lisa Harris, MS, RD, CDE®
Poudre Valley Hospital Center for Diabetes
Services/Medical Center of the Rockies
Center for Diabetes Services

Mary Kathryn Ashley Voelmle, RN, FNP,
CDE®
Barbara Davis Center for Diabetes

FL

Loretta Holley, RN, MSN, CDE®, WCC
Preferred Home Health Services

Deanna Howard-Gonzalez, RD, LD, CDE®
Twin Cities Hospital

GA

Sara Reece, PharmD, CDE®
The Longstreet Clinic

IA

Sharon Ferguson, RN, CDE®
Mahaska Health Partnership

IL

Randi Barbon, RN, CDE®
Centegra Diabetes Center

Susan Bettenhausen, RN, CDE®
Adventist Health Partners

Gloria Boland, BSN, RN, CDE®
Advocate Condell Medical Center

Carole Corder, MS, RD, CDE®
St. Anthony's Memorial Hospital

Kelly Cuffe, RD, CDE®
Riverside Medical Center

Susan Drogos, RN, BSN, CDE®, MPA
Northwest Community Hospital

Sarah Ferguson, ACNS-BC, BC-ADM, CDE®
Centegra Diabetes Center/Delnor Center for
Diabetes Management

Amy Fischl, MS, RD, LDN, BC-ADM, CDE®
University of Chicago Kovler Diabetes Center

Catherine Geraci, RN, APN, CDE®
LaRabida Children's Hospital

Nancy Jerger, RN, RD, CDE®, CPT
St. Joseph Hospital/Resurrection Health Care

Beryl Larson, RN, MSN, CDE®, CNL
Mercy Hospital and Medical Center, Diabetes
Center

Susan McLaughlin, RN, CDE®
University of Chicago Kovler Diabetes Center

Charlotte Niznik, RN-APN, CDE®
Northwestern University/Div. Maternal-Fetal
Medicine

Vasanthi Prabhaker, MS, RD, LDN, CDE®
Central Dupage/Delnor Hospital

Deborah Redd, RN, CDE®
Illinois Valley Diabetes Center for Excellence

Tavia Vital, RN, CDE®
Unity Point Health, Trinity

IN

Rose Flinchum, MS, CNS, CDE®
Indiana University Health, La Porte Hospital

KS

Andrea Dohlman, RN, APRN, CDE®
University of Kansas Health Systems/Cray
Diabetes Center

Patricia Hohman, APRN, CDE®
Lawrence Memorial Hospital

Amy Huelle, RD, CDE®
The University of Kansas Medical Center

KY

Theresa Clark, MS, RD, LD, CPT, CDE®
Diabetes Resource Center of Hopkinsville

Deborah Deck, RN, CDE®
Jennie Stuart Medical Center

Linda Mills, RN, BSN, CDE®
Baptist Regional Medical Center

LA

Jen Avis, MEd, LD, RD, CDE®
St Francis Diabetes and Nutrition Center

MA

Amy Campbell, RD, CDE®
Good Measures

MD

Andrea Ford, BSN, RN, CDE®
Shady Grove Adventist Hospital

Mariya Fox-Rabinovich, RD, LDN, CDE®
Washington Adventist Hospital

Angela Ginn-Meadow, RN, LDN, CDE®
University of Maryland Center for Diabetes &
Endocrinology

Sharon Evette Hawks, MS, RD, LDN, CDE®
Nutrition and Diabetes Education Center,
LLC

Linda Henderson, RN, CDE®
Holy Cross Hospital

Karen Hollis, RD, LDN, CDE®
UMMS Center for Diabetes and
Endocrinology

Michele McBride, RN, BSN, CDE®
Shady Grove Adventist Hospital/Washington
Adventist Hospital

MI

Azza Elmorsy, RN, CDE®
Beaumont Health System - Troy

Clisty Kinlin, RD, CDE®
St. Joseph Mercy Center for Diabetes

Robert Kocembo, OD, FCOVD, CNS, CDE®
Western U/Salus University

Pamela Milan, RD, MBA, CDE®
Henry Ford Health System

Timira Perry, RN, BSN, CDE®
Oaklawn Hospital

MN

Denise Brown, RD, LD, CDE®
Health Partners

Marsha Hughes, MS, RD, CDE®, LD
HealthEast

Gail Radosevich, RD, CDE®, LD
HealthEast Care System, Diabetes Care

MO

Ruth Mencl, RN, MN, CDE®, CPT
St Lukes East Hospital Diabetes Center

Vicky Taylor, RN, CDE®
Saint Luke's Hospital

MS

Patricia Stuart, BS, MPH, MS, CDE®
Keyhabits, LLC

NC

Timothy Daly, PharmD, CDE®
Mission Hospital's Diabetes & Health
Education Center

Sara Foreman, RD, LDN, CDE®
Albemarle Regional Health Services

Karen Hoerner, RN, CDE®, MSN, FNP
Mission Hospital Diabetes Education Center

Wanda Honeycutt, RN, CDE®
Rowan Regional Medical Center

Susan Houston, RN, CDE®, CHC
Vidant Employee Wellness

Melissa Hurteau, RN, BSN, CDE®
WakeMed Health and Hospitals

NH

Shawna Bedard, MS, RD, LD, CDE®
Concord Hospital Diabetes and Nutrition
Services

Jane Hackett, RD, MA, LD, CDE®
Exeter Hospital

Tina Layton, RD, LD, CDE®
Good Measures, LLC

Sandra Madden, RN, CDE®
Dartmouth-Hitchcock

NJ

Margaret Eckler, MS, RD, CDE®
Summit Medical Group

Lois J. Gerst, RN, BSN, CDE®
Virtua Center for Nutrition & Diabetes Care

Francine Grabowski, MS, RD, CDE®
Center for Health & Wellness at Cooper
University Hospital

Meaghan Kim, RN, CDE®
AtlantiCare

Robin Stout, RN, CDE®
Virtua Center for Nutrition and Diabetes Care

NM

Tami Bates, RN, CDE®
Gila Regional Medical Center

Karen-Lynn Fiato, CNP, CDE®
Presbyterian Hospital

Patricia Heck, RN, CDE®
Gila Regional Medical Center

Rebecca Kiss, RN, BSN, CDE®
NMVAHCS - New Mexico VA Healthcare
System

Barbara Macmillan, RN, CNS, CDE®,
BC-ADM
University of New Mexico Hospital

Linda Reineke, RD, CDE®
University of New Mexico Hospital

Dee Romine, RN, RD, CDE®
Veteran's Medical Center

NV

Jan Boyer, MS, RN, CDE®
Diabetes Health Services

NY

Shirley Ackerman, PhD, CRRN, CDE®
NYU Langone Medical Center

Molly Bederian, RN, RD, CDE®
Seton Health

Mary Capacci, RN, MSN, FNP, CDE®
St. Joseph Neighborhood Health Center

Patricia Cochrane, BS, RN, CDE®
Finger Lakes Health; Geneva General
Hospital

Linda Cohen, RN, CDE®
Downstate Medical Center

Margaret Diliberto, NP, CDE®
Glen Cove Hospital

Rosalia Doyle, RD, CDE®
North Shore University Hospital

Marie Frazzitta, NP, DNP, CDE®
Northshore Center - Diabetes in Pregnancy

Samuel Grossman, BS Pharm, PharmD, CDE®
Diabetes Care On The Go

Ann Marie Hasse, RN, BSN, CDE®, CPT
North Shore University Hospital

Chukwuma Madu, PharmD, CDE®
Xtra Care Pharmacy/Freeport Medical Supply
Inc.

Lisa Olszowy, RN, CDE®
Ellis Medicine Diabetes Care

Susan Rioux, MS, RN, CNS, CDE®
St. Joseph's Hospital Health Center

Kathie Rohrs, MSN, BSN, RN, CDE®
Nathan Littauer Hospital

Julia Schulman, RN, MSN, CDE®
North Shore LIJ Health Systems

Gail Serino, RN, BSN, CDE®
Syracuse Veteran's Administration

Sunhi Shin, RN, CDE®
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Laura Smith, RN, CDE®
Our Lady of Lourdes Memorial Hospital

OH

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Louis Stokes VA Medical Center

Mary Julius, RD, LD, CDE®
Louis Stokes Cleveland VAMC

Kathryn Kudlapur, RN, BSN, CDE®
Hocking Valley Community Hospital

Tamara Lincoln, CNP, CDE®
Community Health Care

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Susan Hobbins, RN, BSN, CDE®
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Amanda Hoffman, RD, LDN, CDE®
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HopeHealth Diabetes Center

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Janice Hertz, RN, CDE®
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We would also like to thank the following CDEs who participated in the mentor program, but who have "retired" from service in that role or are temporarily inactive for various reasons: Monica Aungier, BSN, RN, CDE®, from New York; Cheryl Barry, RN, MS, CDE®, from New Hampshire; Tammy Bartz, RD, CDE®, from Michigan; Jean Baumann, RN, BSN, CDE®, from Colorado; Christie Beatson, RD, CDE®, from Colorado; Janice Beattie, RN, BSN, CDE®, from Pennsylvania; Debbie Bell, RD, LD, CDE®, from Kentucky; Sonia Benel, RN, CDE®, from Georgia; Claire Blum, MSEd, RN, CDE®, from Tennessee; Patricia Ines Camazon-Herrera, RN, CDE®, from California; Jennifer Campbell, PharmD, CDE®, from Tennessee; Carol Carioti, RN, MSN, NP, CDE®, from

New York; Susan Carter, MS, RD, CDE®, from California; Marisa Castaldini, MS, RD, CDE®, from California; Arun Chowdhary, RD, CDE®, from California; Gayle Curto, RN, BSN, CDE®, from California; Joan Czarnowski-Hill, RD, CDE®, from Massachusetts; Linda Dale, RN, CDE®, from Michigan; Kimberly Davidsaver, RN, CDE®, from Ohio; Patricia Davidson, DCN, RD, CDE®, from New Jersey; Gloria Dobies, RN, BSN, CDE®, from Florida; Wendy Drew, MSN, RN, CDE®, from New Hampshire; Jan Droke, BSN, RN, CDE®, from Texas; Tracy Egan, RD, CDE®, from New Jersey; Terri Lynne Epler, RN, CDE®, from Pennsylvania; Marilyn Finch, RN, MS, CDE®, from Florida; Eileen Fiorina, RD, CNSD, LD, CDE®, from Pennsylvania; Jo Fleming, RN, CDE®, from Massachusetts; Carol Freshley, RN, CDE®, from Maine; Kristin Geist, RN, CDE®, from Texas; Amparo Gonzalez, RN, CDE®, from Georgia; Martha Gonzalez, RD, LD, CDE®, from Texas; Valarie Diane Greenleaf, MS, RD, LD, CDE®, from Kansas; Heidi Gunderson, RD, LD, CDE®, from Minnesota; Jennie Hahn, RD, CDE®, from Michigan; Amie Hardin, RD, LD, CDE®, from Alabama; Nancy Hughes, RD, CDE®, from California; Patricia Hutchison, RN, MSN, CDE®, from Pennsylvania; Loretta Iazzetti, DNP, CPNP, CDE®, from New York; Debra Iverson, APRN, BC-ADM, CDE®, CTN, from Colorado; Susan Iwasa, RN, MSN, CDE®, from Idaho; John Johnson, PharmD, CDE®, BC-ADM, from South Carolina; Kimberly Johnson, RN, BSN, CDE®, from Massachusetts; Lynn Johnson, PA-C, CDE®, from California; Kay Jordan, RN, MSN, CDE®, from Georgia; Marlene Kelly, RN, CDE®, from Illinois; Linda Kerr, RN, MSN, NP, CDE®, from California; Mary Lucina Kessler, APRN, ACNS-BC, CDE®, from Indiana; Sharon Krispinsky, RN, BSN, CDE®, from Florida; Debra Lane, RN, CDE®, from Minnesota; Lucy Larsen, RN, BSN, CDE®, from Arizona; Sandra Leal, PharmD, MPH, CDE®, from Arizona; Bridget Levich, RN, CNS, CDE®, from California; Linda Lowey, RN, MS, CDE®, CWON, CPT, from Georgia; Sherry Ludwig, RN, BSN, CDE®, from Florida; Ruth Lundstrom, MSN, ANP, RN, CDE®, BC-ADM, from Massachusetts; Andrea McCarty, MS, RD, LD, CDE®, from West Virginia; Ronda Merryman-Valiyi, RN, CDE®, from Kentucky; Mary Miller, RD, MEd, CDE®, from Illinois; Colleen Miller-Owen, RN, CDE®, from Illinois; Sharon Morgan, RN, CDE®, from Virginia; Janet Morrison, RD, CDE®, from Minnesota; Patricia Morrison, BSN, RN, CDE®, from California; Debra Nelson, RN, CDE®, from Maryland; Kelley Newlin, APRN, CDE®, from

OPTION / Continued from page 5

(*Several state licensure boards require continuing education for renewal of licensure. Acceptance by a state board of licensure does not guarantee that a continuing education program meets NCBDE criteria. The continuing education must be applicable to diabetes and the licensing board must be approved or accredited by a provider on the NCBDE List of Recognized Providers.)

Continuing Education Hours (Clock Hours)

- All continuing education activities must be reported in clock hours, i.e., the actual time spent on the continuing education activity, not contact hours, credits, or units awarded by the recognized provider. One clock hour equals 60 minutes.
- If a recognized provider awarded 2 contact hours for an activity that was 2 hours in length, 2 clock hours would be reported to NCBDE for that activity. The clock hours submitted cannot be more than the number of contact hours/credits/ units awarded by the recognized provider.

- For presentations, participants may include in the time to be counted as clock hours the course overview/introductions, educational presentation, and questions and answers. Time may not be counted for general announcements, breaks, lunch, exhibits, etc. For self-study programs (on-line or written booklets), participants may count the actual time spent on completing the activity.

Other Information

The course title should provide an indication of the content of the course. If you are chosen for audit, a brief description of content (or course outline or brochure) should be attached when the course title does not indicate course content. Individuals are welcome to make use of the Continuing Education Tracking area that is available on NCBDE's web site after logging into the CDE Log In area of the site. You can access this area of the site from the home page (www.ncbde.org). Choose the CDE Log In menu option at the top of screen on the left-hand side of page. You may also access it by choosing the "CDE Log In" item on the drop

down menu option of the "Currently Certified" menu located on the right-hand corner of most pages of the web site. Please note that you will need your certificate number handy to log in to this area of the site for the first time.

Individuals who choose to renew using the continuing education option should maintain a file of verifications of attendance or other supporting documentation verifying participation for each continuing education activity. When renewal is due, the CDE® will be required to submit an Application by the deadline date. If chosen for audit, individuals will need to verify all eligibility requirements, including the continuing education activities used for renewal. For the audit, continuing education activities will need to be documented by completing a Summary of Continuing Education Activities form and copies of certificates of completion, verifications of attendance, and/or other supporting documentation verifying participation for each continuing education activity reported.

Initial Eligibility Requirement Changes — Just a Reminder

For individuals who have held the CDE® credential for some time – this article is just a reminder that there have been some changes to the initial certification requirements recently. In particular, NCBDE approved three changes effective in 2014 related to initial certification as a diabetes educator.

- NCBDE is very aware of the need for qualified diabetes educators to be available to help the increasing numbers of people affected by prediabetes and diabetes achieve the best outcomes. In 2013, NCBDE announced an addition to the list of health professionals who can qualify for initial certification that started in 2014 – the Master Certified Health Education Specialist (MCHES) – a credential awarded by the National Commission for Health Education Credentialing, Inc. Individuals holding the MCHES credential and who meet all of the NCBDE eligibility requirements could begin applying for the Certification Examination for Diabetes Educators (Examination) last year.

The rigorous requirements to obtain the MCHES credential and the documentation provided by the Society for Public Health Education when submitting the request were important factors in the approval. In addition,

the most recent publication of the National Standards for Diabetes Self-Management Education and Support identify that health educators can be an effective part of the diabetes self-management education team.

- In the past, only volunteer diabetes self-management education (DSME) practice hours accrued through the Diabetes Education Mentorship Program could be accepted as part of the required 1000 hours of DSME needed for initial certification. Starting in 2014, any volunteer DSME hours of practice experience is able to be counted towards eligibility. As with any eligibility requirement, verification of volunteer DSME hours will be needed if an applicant is randomly chosen for an audit.
- NCBDE also approved the launch of an alternative pathway for eligibility to become a CDE® – known as the Unique Qualifications Pathway – for individuals providing diabetes education that do not qualify under the current list of health professionals applying for initial certification. This pathway is designed for health professionals holding an advanced degree in a health-related area/concentration. This pathway has different eligibility requirements and involves a "pre-application" process. The

information and application for the Unique Qualifications Pathway are available on the NCBDE web site. Individuals approved through this pathway began taking the Examination in 2014.

With the expansion of qualifying practice hours and the development of the alternative pathway, NCBDE hopes more health professionals will pursue a passion for diabetes education and, ultimately, certification as diabetes educators, the gold standard that helps the public and the health care industry identify a health professional with knowledge and experience in diabetes education.

RETIRED / Continued from page 4

fee have been processed, a Retired Status certificate identifying the individual's retired status will be mailed to the individual within four to six weeks.

- g. The Retired status designation does not expire or need to be renewed.
- h. Retired status does NOT allow individuals to use the CDE® acronym. Use of the CDE® acronym and registration mark associated with their name is strictly prohibited. Individuals may use the designation "Certified Diabetes Educator (Retired)", but NOT CDE (Retired).
- j. Individuals holding Retired status do not qualify for open CDE® seats on the NCBDE Board of Directors. Qualifications for other volunteer positions may vary, but in general, individuals holding Retired status will not usually qualify for these positions.
- j. Retired status explicitly identifies that an individual does not hold active status. Retired status is permanent.
- k. If Retired status individuals wish to reactivate the credential, they must apply, pay for and pass the Certification Examination for Diabetes Educators using the initial certification eligibility requirements and fee in place at the time of application.

Retired Status Request Process

- A qualified individual may request that their status be changed to Retired status through completion of the "Retired Status Request Form" and submission of a one-time fee via mail – currently \$30.
- Requests must be postmarked no later than 5 years after expiration date.
- Once a qualifying individual completes and submits the "Retired Request Form", along with the fee, their designation will be changed to "Retired" in the NCBDE database record.
- A letter confirming Retired status will be provided, along with a certificate.
- The names of those approved for Retired status will be added to the listing on the NCBDE web site on a special recognition page.

Visit the NCBDE web site (www.ncbde.org) or contact the NCBDE national office (info@ncbde.org or 877-239-3233) to request the Retired Status Information and Request Form Packet.

MENTORSHIP / Continued from page 14

New York; Stacey O'Donnell, RN, CDE®, from Massachusetts; Everet Owens, RN, BSN, MS, CDE®, from New York; Osa Peck, RN, BSN, CDE®, from Oregon; Annette Pedersen, APRN, RD, LD, BC-ADM, CDE®, from Ohio; Patricia Pugsley, RN, MSN, CDE®, from Connecticut; Katherine Rataj, RN, BSN, CDE®, from Illinois; Brenda Rendelman, RD, CDE®, from Ohio; Julie Diane Roberts, RD, CDE®, from Minnesota; Cynthia (Cindy) Rudolph, RN, CDE®, from California; Joyce Rudolph, RN, MSN, CDE®, from Pennsylvania; Leigh Russell, RN, MSN, CDE®, from Ohio; Julie Sease, PharmD, BCPS, CDE®, BCACP, from South Carolina; Rose Shehan, RN, CDE®, from Colorado; Deborah Smith, RN, MSN, CDE®, from Nevada; Debbie (Deborah) Sousa Hull, RD, CDE®, from California; Amy Stacy, MS, RD, CDE®, CDN, from New York; Peggy Steere, RN, CDE®, from Washington; Robin Talley, RN, CDE®, from California; Sheryl Tindell, MS, FNP-BC, CDE®, from Florida; Cynthia Tucker, BSN, RN, CDE®, from Maryland; Joyce Vergili, Ed.D, RD, CDE®, from New York; April Vincent, RD, CDE®, from California; Denise West, RN, CDE®, from California; Maryellen Westerberg, RD, MPH, DrPH, CDE®, from California; Kathleen Wietrak, APRN, CDE®, from Connecticut; Paula Woodward, RN, CDE®, from Virginia; and Hui-ying Yang, CNP, CDE®, from California.

WEBSITE / Continued from page 10

"Change Password" menu button from the left-hand side of the screen. If a change is made, please be sure to make a record of the password.

6. If a CDE® wishes to become part of the "Find a CDE" search database, choose "Become Locatable" menu button from among the left-hand menu options or link available at the bottom of that page. Here the CDE® will then enter the contact information for their practice/program and save it. Once the information has been saved, the CDE® is a part of the "Find a CDE" database. (Be sure to keep this information up to date. Individual may want to set a reminder in their task list to check this information once or twice a year.)
7. If a CDE® would like to track their continuing education activities, please choose the "Track Hours" menu button from among the left-hand menu options, and then click on "Continuing Education Tracking" link. Note: This area has been updated to allow CDEs to maintain activities over more than one cycle and filter the activities by date.

We hope that our CDEs will appreciate the features of the site. If there are any questions, please contact the NCBDE national office.

Can People with Diabetes Find You?

Help us be sure that people with diabetes or prediabetes who are looking for CDEs to help them can indeed find you. The NCBDE's web site (www.ncbde.org) includes a section identified as "Living with Diabetes?" This section provides information to people living with diabetes about how a CDE® can help them manage their diabetes.

It also allows individuals to search for CDEs in their area. Your participation is vital to ensure that the search function can provide this information to consumers. CDEs need to take a few moments to enter (and be sure to maintain) their practice/program contact information on the web site. Please take a moment and log in to the CDE Login area of the site and choose to "become locatable". You are encouraged to review the "Updated Web Site Launched" article on page 10.

Don't Lose Your Certificate... Frame It!

NCBDE office staff members often receive calls from CDEs who have misplaced their certificates. Don't take the chance of being one of those people. Take advantage of NCBDE's arrangement with Framing Success to have the certificate framed, choosing from a variety of handsome styles.

Each frame includes a custom mat with the NCBDE logo highlighted in gold to match the design of the certificate. The design of the frames allows you to easily insert the certificate yourself, making it unnecessary to send the certificate to the framing company and risk losing it along the way. The frame options range in price, and because NCBDE does not earn royalties on the sales and you deal directly with Framing Success, you obtain the lowest possible price. See all the options by visiting the Framing Success site at <https://www.framingsuccess.com/category/list/sid/1953>.

CDE® Record Update Form 2016

NCBDE requests that **all** CDEs take a few minutes to complete this record update form in its entirety on an annual basis and return it . ***Return the completed form to:***

NCBDE ● 330 E Algonquin Road, Suite 4 ● Arlington Heights, IL 60005

Fax: 847-228-8469 ● Email info@ncbde.org

To prevent data entry errors, please enter information neatly.

Full Name (first, middle initial, last)	
Former Name/Maiden Name*	
CDE Certificate Number (8 digits)** OR birthday (mm/dd)*	
Home Address (include street address, city, state, and postal code)	
Home Telephone Number* (inc. area code)	
Mobile Phone Number* (inc. area code)	
Home E-mail Address Preferred <input type="checkbox"/>	
Employer*	
Work Address* (include department, street address, city, state, and postal code)	
Work Telephone Number* (inc. area code)	
Work E-mail Address Preferred <input type="checkbox"/>	
Professional Discipline (nurse, dietitian, pharmacist, etc.)	

1) Check "NO" if you do not wish your name and mailing address to be made available to those organizations/parties requesting use of NCBDE mailings lists. (Uses may include announcements of job openings or educational offerings, research inquiries, state diabetes & diabetes prevention programs communications, diabetes-related equipment/supplies information, membership solicitations, etc.)

No

2) Check "NO" if you do not wish your name and preferred email address to be made available to those organizations/parties requesting use of NCBDE email lists. (Uses similar to mailing lists above.)

No

Signature _____ Date _____

**This information is requested for contact and/or identification purposes only. It is considered confidential and is not made available to anyone requesting CDE® information.*

***This information may be provided for verification purposes, including job/program related verifications and verification of active status as a CDE®.*

Revised 5/16



**National Certification Board
for Diabetes Educators**

330 East Algonquin Road, Suite 4
Arlington Heights, IL 60005

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2016 CALENDAR

NCBDE EVENT/DEADLINE DATE	LOCATION	DATE
NCBDE Exhibit – American Association of Diabetes Educators Annual Meeting	New Orleans	August 12-15
Becoming a CDE®: Facts, Common Myths, and Exciting News		August 12
Maintaining Your CDE® Credential: Remind Me Again – How Do I Renew?		August 13
NCBDE Board of Directors Meeting	Chicago area	August 27-28
Standard Application Filing Date - 2016 Renewal of Certification by Continuing Education Deadline		September 15
NCBDE Exhibit – Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo	Boston	October 15-18
Extended Application Filing Date - 2016 Renewal of Certification by Continuing Education Deadline		October 15
NCBDE Board of Directors Meeting	Chicago area	November 5-6
Late Application Filing Date - 2016 Renewal of Certification by Continuing Education Deadline		December 15
Grace Period Option Filing Date – 2016 Renewal of Certification		March 31, 2017