



# CDCES® News

Official E-Newsletter of the  
Certification Board for Diabetes Care and Education

Spring 2023 | Issue 9

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## Message from the CBDCE Chair

**James Bernasko, MD, FACOG, CDCES®**  
2023 CBDCE Chair



Dear CDCES Community,

What a difference the last couple of years has made!

Even as we are relieved that 2023 appears to have seen an evolution of COVID-19 from an active pandemic to a manageable endemic, we must acknowledge the tremendous pain wrought: family, friends, and colleagues lost or still ill; long-existing healthcare disparities worsened; and widespread severe financial hardship.

I am grateful to and acknowledge our recent Chairpersons, Jasmine Gonzalvo, Ben Klein, and Becky Sulik, who led and strengthened CBDCE during this challenging period. I look forward to continuing their efforts as the 2023 CBDCE chairperson.

Diabetes prevalence continues to rise relentlessly, disparities in healthcare access and outcomes are starkly obvious and apparent (especially for people who live in rural areas, are racial minorities, or are not affluent), and personal and public finances are severely stressed. There should be no doubt whatsoever that CDCESs are vital to the effort required to improve diabetes-related health resource access and outcomes. We should be proud and privileged to be CDCESs at this time and to have the opportunity to improve the health and lives of our respective communities meaningfully. Therefore, I urge you to encourage your colleagues to consider obtaining this credential.

Core priorities are unchanged: commitment to access, belonging, inclusion, diversity, and equity; improving the visibility and value of the CDCES credential to persons living with diabetes, policymakers, and the general public; exploring opportunities for additional credentialing options and more convenient test taking with Remote Live Proctoring; awarding scholarships and supporting fellowships to people interested in the CDCES path; and regularly refreshing the CBDCE with new board members with different backgrounds and perspectives.

In regards to the last sentence above, CBDCE will have

[Visit Website](#)



positions open on the Board of Directors again in 2024, so elections will take place this year. Have you ever thought about applying for a Board position? Check out the details and the process [on the website](#). Applications can be submitted starting on April 1. It is a wonderful way to contribute to the profession while also being an opportunity to expand your leadership skills and pursue personal and professional development goals. [Click here](#) to preview the role description for the members of the Board of Directors.

Also, CBDCE will conduct a practice analysis this year in 2023, also known as a role delineation study or job analysis. A survey of the tasks identified in the practice of diabetes care and education will be conducted with a sample of CDCESs and other diabetes care and education specialists. The practice analysis process is the foundation of a quality certification program, so your participation is vital to the outcome. Please participate if you are chosen! You can read more about the process below.

CBDCE is always eager to hear and share unique anecdotes about your everyday successes and challenges that others might find interesting, learn from, or just be happy to hear.

I look forward to a great year and remind you to take every opportunity to use and share our new, more accurate, and well-earned title—Certified Diabetes Care and Education Specialist (CDCES)! Thank you for all you do.

Respectfully,

James Bernasko. MD, FACOG, CDCES®

## CDCES 2023 Renewals

Is your CDCES credential due to expire in 2023? The standard window for renewal by CE opens July 15, 2023. Mark your calendar! The [Renewal by CE Handbook](#) is available now. Visit the [renewal page](#) to learn more about the three renewal pathways.

## Meet the 2023 Board of Directors

The 2023 CBDCE Board of Directors comprises a team of volunteer CDCESs and a public member. The Board members are dedicated volunteer leaders who bring significant expertise and set CBDCE's strategic priorities. [Meet the current CBDCE Board.](#)

## CBDCE Board Position Openings

Have you ever thought about applying for a Board position? CBDCE will have positions open on the Board of Directors again in 2024, so elections will take place this year. [Check out the details and the process on the website](#). Applications open on April 1. It is an excellent way to contribute to the profession while also being an opportunity to expand your leadership skills and pursue personal and professional development goals. [Click here to preview the role description for the members of the Board of Directors.](#)

## Practice Analysis 2023

CBDCE will conduct a practice analysis this year in 2023, also known as a role delineation study or job

analysis. A survey of the tasks identified in the practice of diabetes care and education will be conducted with a sample of CDCESs and other diabetes care and education specialists. Your participation is vital if you receive a survey that is done as part of this process. The practice analysis process is the foundation of a quality certification program, **so your participation is vital to the outcome.** [Learn more about the 2023 PATF.](#)

## CBDCE Office Move

The CBDCE office moved in September 2022 and our address is 1340 Remington Road, Suite J, Schaumburg, IL 60173. The website, email addresses, phone and fax numbers all remain the same.

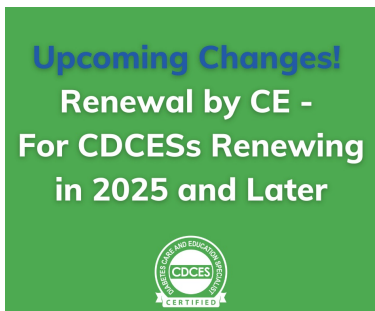
## Congratulations Newly Certified CDCESs

Welcome to the CDCES community! Congratulations to the 274 newly certified CDCESs [who passed the exam from November 2022 through January 2023](#). There are [many resources available](#) to you as a new CDCES. The credential represents a significant professional achievement. We hope you're proud of your CDCES credential and the vital work you do to help people with diabetes.

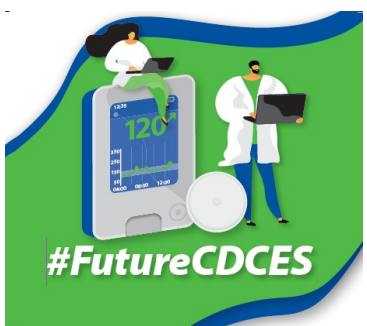
## Important Announcements



The 2023 CDCES Scholarship Program application window is open through May 15, 2023. Scholarship recipients can take the practice exam and CDCES exam at no cost. Be sure to let your colleagues know about the annual [scholarship program!](#)



**Upcoming changes!** To further promote quality diabetes care and education and engage in ongoing professional development, the CBDCE Board of Directors has changed the requirements for renewal of the CDCES by continuing education (CE). These changes will apply to CDCESs renewing their credential in 2025 and later. [Learn more.](#)



Are you planning a career fair, tradeshow, presentation with students, or [#FutureCDCESs](#)? We have [#FutureCDCES](#) stickers that you can hand out to individuals interested in a future in diabetes care and education! Email [marketing@cbdce.org](mailto:marketing@cbdce.org) to request your free stickers (limited quantity).

CBDCE is a proud sponsor of [The Diabetes Link](#). They are a national nonprofit organization helping teens and young adults navigate diabetes in an ever-changing and fast-paced world. In addition, CBDCE participates in its NextGen Fellowship Program and

supports other vital initiatives.



CBDCE encourages all CDCESs to use the current CDCES logo. We permit you to use the CDCES logo as long as your certification remains valid. Here is how to use the CDCES logo:

- Use CDCES behind your name on your email signature, business cards, and social media profiles
- Display the CDCES certificate in your workplace and
- Add the CDCES logo to promotional materials.

Request  
Logo

## CDCES Certificant Spotlight



### Meet Laura Knisley, DNP, APRN, RD, LD, FNP, BC-ADM, CDCES, IBCLC

Being a CDCES has opened many doors for me. When I became a Registered Dietitian, the credential helped me stand out on a highly competitive internship application. Later, it shined on my application to begin my education as a Nurse Practitioner.

*In each newsletter, we spotlight a CDCES! Are you interested in being featured in a future CDCES story? Contact [Susan Hall](#).*

Read Laura's  
Story

## Q & A Corner

**Q:** What are the options for CDCES renewal?

**A:** There are three renewal pathways available for CDCES renewal. Review the requirements to determine which one is best for you. Renewal Pathway 1: Renewal professional practice requirement and continuing education activities. Renewal Pathway 2: Renewal professional practice requirement and exam. Renewal Pathway 3: Continuing education activities and exam.

## CDCES Resources Available



Visit the CBDCE online shop to purchase CDCES tote bags, drinkware, pins and ID/badge holders. [Shop Now!](#)

Get listed in the Locate a CDCES Directory. Set up your public profile listing in the CDCES portal so you can be included in the directory. [Start here!](#)

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[Renewing your  
Credential](#)

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