



CDCES® News

Official E-Newsletter of the
Certification Board for Diabetes Care and Education

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Message from the CBDCE Chair

James Bernasko, MD, FACOG, CDCES®
2023 CBDCE Chair



Dear CDCES Community,

My experience so far this year makes me optimistic. ADCES, a CBDCE-valued partner, celebrated its 50th anniversary with a successful annual meeting in

Houston.

Significant attention has been focused on, and resources are being mobilized to address increasing obesity, gestational, and overt diabetes rates worldwide, long-standing inequities in access to adequate diabetes care, and social determinants of health outcomes.

We, CDCESs, are vital, qualified, and well-positioned to provide care to people with or at risk for diabetes in a culturally competent manner that fosters inclusion, diversity, equity, and access. Although in the United States, Medicaid expansion under the Affordable Care Act and recently lowered prices of some insulin formulations are improving access to effective treatment, we should spread the word that DSMES continues to reach only a minority of eligible candidates often because they are not referred appropriately.

I am honored to have been allowed to serve as 2023 CBDCE Chair and intend to continue, like all of you, to encourage healthcare providers, payors, policymakers, and the general public to appreciate the value of CDCESs and encourage all individuals who can to consider becoming CDCES certified.

Certification matters: Certification ensures quality, consistency, and commitment to improving diabetes-related health outcomes.

I wish you continued success in all your endeavors!

Respectfully,

James Bernasko, MD, FACOG, CDCES®

CDCES 2023 Renewals

Is your CDCES credential due to expire in 2023? The extended window for renewal by CE is open through October 15, 2023. The [Renewal by CE Handbook](#) is available. Visit the [renewal page](#) to learn more about the three renewal pathway options.

Are You Listed in the CDCES Directory?

The Locate a CDCES Directory is a great tool for people with diabetes and providers to locate you. The directory allows you to promote yourself as a CDCES and the valuable care and education you provide. CBDCE launched a marketing campaign to an audience of people with diabetes running September through December 2023. The campaign directs visitors to the Locate a CDCES Directory page. Be sure you are listed in the directory to increase your visibility.

It's easy to set-up. Take a look at the [public Locate a CDCES Directory page](#) on the CBDCE website. Sign in to your [CDCES Portal](#) and choose the CDCES Directory. Be sure to make the listing visible before you save it. If you already are listed in the directory, please log-in and check that it is current.

2023 Scholarship Program

Congratulations to the [60 health professionals in diabetes care who received CDCES Scholarships!](#) The recipients can take the practice exam and apply for the Certification Examination for Diabetes Care and Education Specialists at no cost (valued at \$405). This year, the CBDCE Board awarded 40 individuals who applied but did not receive the full scholarship a complimentary practice exam. Congratulations to all!

2023 Mentor Spotlight Award Recipients



Congratulations to the [2023 Mentor Spotlight Award Recipients!](#) The two recipients received the award for demonstrating outstanding mentorship in the CBDCE Mentorship Program. Pictured left to right: James Bernasko, MD, FACOG, CDCES, 2023 CBDCE Chair; Maryanne Strobel, RN, CDCES; Catherine Rosenthal, RN, CDCES; and Sheryl Traficano, CAE, CBDCE CEO.

The Diabetes Link DiaCensus Survey

Our valued partner, [The Diabetes Link](#), has introduced the first-ever nationwide young adult diabetes census. DiaCensus is the only survey that shapes the future of diabetes care for young adults. This is the chance for your young adult diabetes patients to be part of a driving force to revolutionize diabetes care and support. Help spread the word! Please forward the [link to your young adult patients with diabetes](#)

Important Announcements

**Upcoming Changes!
Renewal by CE -
For CDCESs Renewing
in 2025 and Later**



Upcoming changes in CE requirements! To further promote quality diabetes care and education and engage in ongoing professional development, the CBDCE Board of Directors has changed the requirements for renewal of the CDCES by continuing education (CE). These changes will apply to CDCESs renewing their credential in 2025 and later. [Learn more.](#)



Mentored Post-Doctoral Fellowship
in Integrated Diabetes Management

CBDCE is a proud sponsor and collaborator with the ADCES Foundation and ADCES on a Mentored Post-Doctoral Fellowship. The ADCES/CBDCE Fellowship supports early-career scientists as they launch their careers. Current and past fellows are active in the diabetes care and education research community. The [2024-2025 Fellowship application](#) cycle is now open through December 13, 2023.



Are you planning on attending the [AAFP- FMX Conference in Chicago](#) on October 27-29, 2023? CBDCE is seeking one volunteer to help the CBDCE staff at the exhibit booth for a few hours and talk about the benefits of referring CDCESs/diabetes education to family physicians. If you are interested in helping us, please contact shall@cbdce.org. We will provide a complimentary lunch, exhibitor registration, and a thank-you gift!



CBDCE encourages all CDCESs to use the current CDCES logo. We permit you to use the CDCES logo as long as your certification remains valid. Here is how to use the CDCES logo:

- Use CDCES behind your name on your email signature, business cards, and social media profiles
- Display the CDCES certificate in your workplace and
- Add the CDCES logo to promotional materials.

Request
Logo

CDCES Certificant Spotlight



Meet Sue Stewart, RD, LD, CDCES

"Being a CDCES opened many doors for me. I was a vital partner in having a new diabetes clinic become accredited. I was the subject matter expert in multiple hospital settings and as a Health Promotion Coordinator. Having the credentials and expertise has allowed me to work with other incredible healthcare providers to ensure quality care."

In each newsletter, we spotlight a CDCES! Are you interested in being featured in a future CDCES story? Contact [Susan Hall](#).

Read Sue's Story

Q & A Corner

Q: How do I apply for renewal?

A: If you are renewing with practice hours and continuing education, you can find the online renewal by CE application in your CDCES portal (when online renewals are open). You can also find information in the Renewal of Certification by Continuing Education Handbook. If you are renewing by exam, you can find out how to apply using the [Exam Handbook](#).

CDCES Resources Available

Proudly Display Your CDCES Credential

Purchase CDCES-branded merchandise from the new CBDCE Online Shop



- Beautiful lapel pins
- ID/badge holders
- Zippered tote bags
- Glass water bottles
- Insulated tumblers



Order your CDCES gear now
at the CBDCE Shop -
[cbdce.org!](http://cbdce.org)



Visit the CBDCE online shop to purchase CDCES tote bags, drinkware, pins and ID/badge holders. [Shop Now!](#)

Get listed in the Locate a CDCES Directory. Set up your public profile listing in the CDCES portal so you can be included in the directory. The directory is used by people with diabetes and healthcare providers. [Start here!](#)

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