



CBDCE 2023 Continuing Education Activities Packet[±]

[±]Needed only by those CDCESs renewing by Exam in 2023 who CANNOT document meeting the renewal practice requirement or those individuals whose CDCES credential expired between 2018 to 2022 who CANNOT document meeting the renewal practice requirement. Individuals in either of these groups must successfully document 75 hours of acceptable continuing education activities and pass the Examination to re-gain an active CDCES credential.

GUIDELINES FOR REPORTING CONTINUING EDUCATION ACTIVITIES

1. EXPECTATIONS:

- Health professionals specializing in diabetes education will demonstrate through renewal of certification:
 - knowledge and skills are up-to-date
 - ability to practice proficiently, safely, and in a manner consistent with current National Standards of Diabetes Self-Management Education and Support (NSDSMES)
- All CDCESs who select renewal of certification by continuing education will engage in a personal assessment to identify professional needs.
- To further promote quality diabetes care and education and engage in on-going professional development, CDCESs:
 - must participate in CE activities twice during their renewal cycle regarding the annual release of American Diabetes Association's Standards of Medical Care for Diabetes (SOC)*. (Note: Optional for renewals through 2024, required for renewals starting in 2025)
 - are encouraged to take CE in at least one of the following topics during their renewal cycle (individual or program level): education principals/teaching strategies; diabetes-related technology; leadership/strategy (e.g., CQI, change agent, program development); population health; or diversity, equity, inclusion and accessibility (e.g., social determinants of health, cultural competency)

2. CONTINUING EDUCATION CYCLES FOR 2023 APPLICATIONS:

Refer to the Accrual Cycles Table.

3. CONTINUING EDUCATION ACTIVITIES:

- A total of 75 CE hours are needed to renew by CE. You may earn all the hours in the *formal* category or a combination of *formal* and *expanded* categories. Be mindful of the *expanded* CE hour limits. Additionally, use of the *expanded* hours is not required.
- Formal CEs must be provided by or approved by a provider on the CBDCE List of Recognized Providers.
- Must be applicable to diabetes.
- All subject matter on the Certification Examination Content Outline is considered applicable to diabetes.
- Must be completed as defined by the renewal of continuing education cycles policy.
- All continuing education activities must be completed prior to application submission.
- Must be at a professional level that enhances the quality and effectiveness of diabetes care and education practice.
- Does not have to be discipline specific nor does it have to be in any specific area of concentration, e.g., social workers may attend a diabetes related nursing program and use those clock hours for renewal of certification.



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ACTIVITIES ACCEPTABLE FOR CONTINUING EDUCATION:

A total of 75 CE hours are needed to renew by CE or reinstate with exam and CE. You may earn all the hours in the *formal* category or a combination of *formal* and *expanded* categories. Be mindful of the *expanded* CE hour limits. Additionally, use of the *expanded* hours is not required.

FORMAL ACTIVITIES:

- Continuing education courses
- Independent study
- Seminars
- Online programs
- Workshops
- Telephonic or video conference programs
- Conferences

EXPANDED ACTIVITIES:

- Taking Academic courses
- Presentations or lectures by the certificant
- Publications – articles or books written by the certificant
- Service as a Mentor in CBDCE's Mentorship Program

ACTIVITIES NOT ACCEPTABLE FOR CONTINUING EDUCATION

- Other certification/credentials awarded
- Elected office or serving on Boards and/or Committees
- Journal clubs or professional reading
- Posters or poster sessions and exhibits
- Research
- Volunteer activities



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Accrual Cycle Information

Information below is applicable ONLY for current CDCESs who CANNOT document meeting the practice requirement. Renewal is dependent upon successfully documenting 75 hours of applicable continuing education activities and successfully passing the Examination.				
Category	Number of Continuing Education Hours Required	Accrual Date for Continuing Education Activities	Professional Practice Experience	Accrual Start Date for Professional Practice Experience
Renewal of Certification – 1st Renewal (e.g., first certified in 2018)	75 hours	January 1, 2019	n/a	n/a
Renewal of Certification – certified prior to 2018		September 16, 2018	n/a	

Information below is applicable ONLY for individuals whose credentials expired between 12/31/2018 to 12/31/2022. Upon application, individuals must be able to document 75 hours of acceptable continuing education activities. Reinstatement is dependent upon documenting 75 hours of applicable continuing education activities and then successfully passing the Examination. Refer to Renewal Practice Requirement of the 2023 Certification Examination for Diabetes Care and Education Specialists Handbook, <i>page 8</i> , for definition of practice. All CEs must be earned prior to application date.		
Category	Number of Continuing Education Hours	Accrual Start Date for Continuing Education Activities
Credential Expired 12/31/2018 to 12/31/2022	75 continuing education hours	1/1/2018



Recognized Continuing Education Providers

Continuing education programs must be provided by or approved by one of the following:

Association of Diabetes Care & Education Specialists (ADCES) (Previously AADE)
American Diabetes Association (ADiabA)
Academy of Nutrition and Dietetics (Academy), formerly the American Dietetic Association
Accreditation Council for Pharmacy Education (ACPE) Accredited or Approved Providers
Accreditation Council for Continuing Medical Education (ACCME-AMA) Accredited or Approved Providers
American Nurses Credentialing Center (ANCC) Accredited or Approved Providers
American Academy of Family Physicians (AAFP)
American Academy of Nurse Practitioners (AANP)
American Academy of Optometry (AAO)
American Academy of PAs (AAPA)
American Association of Clinical Endocrinologists (AACE)
American College of Endocrinology (ACE)
American College of Sports Medicine (ACSM)
American Medical Association (AMA)
American Nurses Association (ANA)
American Occupational Therapy Association (AOTA)
American Osteopathic Association (AOA)
American Physical Therapy Association (APTA)
American Psychological Association (APA)
American Podiatric Medical Association (APMA)
Commission on Dietetic Registration (CDR) Accredited or Approved Providers
Council on Continuing Medical Education (CCME-AOA) Approved Sponsors
Council on Podiatric Medical Education (CPME-APMA) Approved Sponsors
International Diabetes Federation (IDF)
National Association of Clinical Nurse Specialists (NACNS)
National Association of Social Workers (NASW)
National Commission for Health Education Credentialing (NCHEC) Designated Providers

Continuing education hours from accredited academic institutions within the United States or its territories granting degrees related to professional practice are also accepted. Contact the CBDCE national office for information.

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Name _____ CDCES NO _____

75 Clock Hours Are Needed To Renew With Continuing Education (CE) Activities.

Renewal of certification by CE requires that CDCESs meet eligibility requirements and complete 75 clock hours of CE in content areas applicable to diabetes during their applicable accrual cycle. A minimum of 45 of the 75 CE requirements must be Formal activities and must be approved by a provider on the CBDCE List of Recognized Providers. No more than 30 clock hours of Expanded activities can be claimed toward the 75 CE requirement. Use of Expanded activities is optional and not required.

Formal Continuing Education Activities – Minimum of 45 clock hours

Before completing this form, refer to the Guidelines for Reporting Continuing Education Activities, pages 1-3.

Title of Activity	CBDCE Recognized Provider* (Do not use abbreviations or acronyms for the first listing of an organization) *Provider must appear on the CBDCE List of Recognized Providers.	Date(s) Attended or Completed (mm/dd/yyyy)	Hours Being Claimed
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
Subtotal Number of Hours for THIS Page			
TOTAL HOURS Formal Activities			

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Name: _____

Title of Activity	CBDCE Recognized Provider* (Do not use abbreviations or acronyms for the first listing of an organization) *Provider must appear on the CBDCE List of Recognized Providers.	Date(s) Attended or Completed (mm/dd/yyyy)	Hours Being Claimed
11.			
12.			
13.			
14.			
15.			
16.			
17.			
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19.			
20.			
21.			
22.			
23.			
24.			
25.			
26.			
27.			
Subtotal Number of Hours for THIS Page			
TOTAL HOURS Formal Activities			

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Name: _____

Title of Activity	CBDCE Recognized Providers* (Do not use abbreviations or acronyms for the first listing of an organization) *Provider must appear on the CBDCE List of Recognized Providers.	Date(s) Attended or Completed (mm/dd/yyyy)	Hours Being Claimed
28.			
29.			
30.			
31.			
32.			
33.			
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36.			
37.			
38.			
39.			
40.			
41.			
42.			
43.			
44.			
Subtotal Number of Hours for THIS Page			
TOTAL HOURS Formal Activities			

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Name: _____

Title of Activity	CBDCE Recognized Providers* (Do not use abbreviations or acronyms for the first listing of an organization) *Provider must appear on CBDCE List of Recognized Providers.	Date(s) Attended or Completed (mm/dd/yyyy)	Hours Being Claimed
45.			
46.			
47.			
48.			
49.			
50.			
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52.			
53.			
54.			
55.			
56.			
57.			
58.			
59.			
60.			
61.			
Subtotal Number of Hours for THIS Page			
TOTAL HOURS Formal Activities			

Name: _____

Title of Activity	CBDCE Recognized Provider* (Do not use abbreviations or acronyms for the first listing of an organization) *Provider must appear on the CBDCE List of Recognized Providers.	Date(s) Attended or Completed (mm/dd/yyyy)	Hours Being Claimed
62.			
63.			
64.			
65.			
66.			
67.			
68.			
69.			
70.			
71.			
72.			
73.			
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75.			
76.			
77.			
78.			
Subtotal Number of Hours for THIS Page			
TOTAL HOURS Formal Activities			

Name _____ CDCES NO _____

Expanded Activities - Maximum 30 clock hours

Renewal of certification by continuing education activities requires that CDCESs meet eligibility requirements and complete 75 clock hours of continuing education in content areas applicable to diabetes during their applicable accrual cycle. If using Expanded activities, no more than 30 clock hours of Expanded activities can be claimed toward the 75 CE requirement.

Use of the Expanded Activities is optional. If you do not use any activities under the Expanded Category, then you must have at least 75 through the traditional way - Formal Activities.

Before completing this form, refer to the Guidelines for Reporting Continuing Education Activities, page 1- 3.

<p align="center"><u>Expanded Activity Category (Select one)</u></p> <p align="center">Academic Coursework Presentations Publications Service as a Mentor in the CBDCE Program</p>	<p align="center">Activity Name</p>	<p align="center">Date(s) Attended or Completed (mm/dd/yyyy)</p>	<p align="center">Hours Being Claimed</p>
1.			
2.			
3.			
TOTAL HOURS Expanded Activities			