

## SECTION C – Continuing Education Activities Informational Sheet

Applicants applying for CDCES certification under the Unique Qualifications (UQ) Pathway must accrue 30 clock hours of continuing education (CE) in content areas applicable to diabetes. These CE hours must be accrued/earned in the 2 years prior to the date of the UQ application and the CE activities must be approved by one of CBDCE's Recognized Continuing Education Providers.

**Applicants will be required to upload the CE certificates for the 30 CE hours online in the UQ application – Section C of the application.**

All CE must be approved by a provider on the CBDCE List of Recognized Continuing Education Providers (see list below).

### Recognized Continuing Education Providers

Association of Diabetes Care and Education Specialists (ADCES)  
American Diabetes Association (ADiabA)  
Academy of Nutrition and Dietetics (Academy), formally the American Dietetic Association  
Accreditation Council for Pharmacy Education (ACPE) Accredited or Approved Providers  
Accreditation Council for Continuing Medical Education (ACCME- AMA) Accredited or Approved Providers  
American Nurses Credentialing Center (ANCC)  
Accredited or Approved Providers  
American Academy of Family Physicians (AAFP) American Academy of Nurse Practitioners (AANP) American Academy of Optometry (AAO)  
American Academy of Physician Assistants (AAPA) American Association of Clinical Endocrinologists (AAACE) American College of Endocrinology (ACE)  
American College of Sports Medicine (ACSM) American Medical Association (AMA) American Nurses Association (ANA)  
American Occupational Therapy Association (AOTA) American Osteopathic Association (AOA)  
American Physical Therapy Association (APTA) American Psychological Association (APA) American Podiatric Medical Association (APMA)  
Commission on Dietetic Registration (CDR) Accredited or Approved Providers  
Council on Continuing Medical Education (CCME-AOA) Approved Sponsors  
Council on Podiatric Medical Education (CPME-APMA) Approved Sponsors  
International Diabetes Federation (IDF)  
National Association of Clinical Nurse Specialists (NACNS)  
National Association of Social Workers (NASW)  
National Commission for Health Education Credentialing (NCHEC) Designated Providers

## Additional Guidelines for Reporting Continuing Education Activities

### Expectations:

- Health professionals specializing in diabetes education will demonstrate through renewal of certification:
  - knowledge and skills are up-to-date
  - ability to practice proficiently, safely, and in a manner consistent with current National Standards of Diabetes Self-Management Education and Support (NSDSMES)
  
- All CDCES who select renewal of certification by continuing education will engage in a personal assessment to identify professional needs and participate in appropriate activities that are inclusive of the Examination Content Outline in the current Handbook.

### Continuing education activities:

- Must be approved by a provider on the CBDCE List of Recognized Providers.
  
- Must be applicable to diabetes. All subject matter on the Certification Examination Content Outline published in the current Certification Handbook for Diabetes Educators is considered applicable to diabetes.
  
- Must be completed as defined by the renewal of continuing education cycles policy. (All continuing education activities must be completed prior to the application deadline and before submitting the application.)
  
- Must be at a professional level that enhances the quality and effectiveness of diabetes self-management education practice.
  
- Does not have to be discipline specific nor does it have to be in any specific area of concentration, e.g., social workers may attend a diabetes related nursing program and use those clock hours for renewal of certification

### Activities acceptable for continuing education:

- Continuing education courses
- Independent study
- Seminars
- Online programs
- Workshops
- Telephonic or video conference programs
- Conferences

### Activities not acceptable for continuing education:

- Academic courses
- Other certification/credentials awarded
- Elected office or serving on Boards and/or Committees
- Articles or books written by the applicant
- Journal clubs or professional reading
- Presentations or lectures by the applicant
- Posters or poster sessions and exhibits
- Preceptorships or mentor hours
- Research
- Volunteer activities

### Continuing Education Hours:

- A. All continuing education activities must be reported in clock hours, i.e., the actual time spent on the continuing education activity, not contact hours, credits, or units awarded by the recognized provider. One clock hour equals 60 minutes.
- B. Presentations – Participants may include in the time to be counted as clock hours the course overview, introductions, the educational presentation, and questions and answers. Time may not be counted for general announcements, breaks, lunch, exhibits, or poster sessions. Self-study programs (online or written booklets) –Participants may count the actual time spent on completing the activity. Clock hours submitted cannot be more than the number of contact hours/credits/units awarded by the recognized provider.

