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Message from the CBDCE Chair



Jasmine D. Gonzalvo
PharmD, CDCES, BCPS, BC-ADM, LDE, FADCES
2020 CBDCE Chair

Dear CDCES Community,

As 2020 comes to a close, I'd like to express my gratitude for your continued perseverance in supporting people with and at risk for diabetes. It's been easy to become weary, overwhelmed, and pessimistic this year for so many reasons.

I know that so many of you have worked harder than ever to ensure that you're providing optimal care and support for all individuals with or at risk for diabetes. I know that you've risen above and beyond expectations to make sure that people have access to their medications and supplies, have their questions answered, and know what to do if they should get sick. Keep up the great work, you are so important!

In early 2021, CBDCE will offer scholarships to support aspiring candidates for the CDCES program from diverse backgrounds to help expand the pool of CDCESs. We will also be offering grant opportunities for CDCESs doing work in their communities and conducting research. Learn more about the new CBDCE programs below in this newsletter edition.

Unfortunately, this will be my final note to all of you as my term as Chair will end in December. I'm passing the baton to my accomplished colleague, Ben Klein. He is an effective leader who will strategically guide CBDCE into the future. It's been my privilege to serve this organization and all of you. Thank you!

**2020 Deadlines CDCES
Renewal by CE**

Visit Website

Grace Period Option to Renew Your CDCES Credential



December 31, there is a grace period option to renew by CE that runs through March 31, 2021. This option requires submittal of a hard copy application, additional fees, and your CE certificates for the 75 CEs you earned. Also required practice hours and CEs had to have been earned by December 15, 2020, in order to use the grace period option. This option does NOT give you additional time to earn any needed practice hours or CEs.

Due to the pandemic, the application fee has been reduced to \$350, significantly less than the pre-pandemic fee of \$500. Act now! Review all the details by [downloading the 2020 Renewal of Certification by CE Handbook](#). You can also renew by Examination. Visit page 9 of the [Examination Handbook for details](#).

2020 Treasurer's Report



The application fees you pay every 5 years to maintain your CDCES credential are being used sensibly by the organization to grow and maintain a quality certification program.

Serving as CBDCE's 2020 Treasurer was a significant experience for Jenni Osborne, MPH, MCHES, CDCES. Learn more about CBDCE funding and the programs launched this year from Jenni's 2020 Treasurer's Report.

Read the Report

Congratulations! Newly Certified CDCESs



Kudos to the 327 newly certified CDCESs who passed the exam from **August through November 2020**. Welcome to the CDCES community! There are [many resources available](#) to you as a new CDCES.

The CDCES credential represents a significant professional achievement. We hope you're proud of your new credential and the important work you do to help people with diabetes.

New! Scholarships, Grants and Awards

Scholarship and Grant Award Programs

In CBDCE's goal to support CDCES certification, we are proud to offer the following new Scholarship and Grant award programs in 2021. Stay tuned for more information via email and on our website.

Up to 20 Scholarships will be awarded to help CDCESs achieve their academic goals. Scholarship recipients can apply for the CDCES examination at no cost and also be able to make use of the practice examination. We will select scholarship recipients from the following categories (maximum of four recipients in each category):

- **Diversity & Inclusion** (includes health professionals that reflect any one of many aspects of diversity within the current certified population, including, but not limited to, socioeconomic status, ethnicity, race, LGBTQIA, men, and individuals with disabilities)
- **Profession Expansion** (includes health professionals with qualifying licenses, registrations, or



degrees other than RN or RD/RDN, e.g., ACSM-CEP, MSW or Unique Qualifications Pathway (UQP) candidate)

- **Veterans & Active Military Service** (includes both health professionals who are veterans or holding active military status or health professionals currently working with people with diabetes in either population)
- **Young Professional, under 30** (includes health professionals who are less than 30 years of age with qualifying license, registration, or degree for the standard pathway or UQP candidate)
- **Underserved Population** (includes health professionals working with underserved populations)

Community Initiatives Grants

CBDCE will offer grants related to community initiatives (max of \$1,000 per initiative, maximum of \$5,000 in this category). Support CDCESs performing community initiatives, e.g., CDCESs partnering with:

- Community-based organizations to provide diabetes self-management education and support (DMSES).
- Chronic disease management collaboratives to help facilitate healthy interactions, risk adjustment, and access to diabetes education and/or diabetes prevention programs to underserved communities.
- Community organizations to provide outreach efforts serving underserved communities in non-traditional venues, e.g., barber shops, beauty salons, Boys and Girls Clubs, etc.

Research Grant

We will award one research grant related to research initiatives (maximum amount of \$5,000). The grant initiative supports CDCESs pursuing research opportunities, e.g., pilot programs, surveys, implementation, and translation of clinical research across different practice and/or cultural settings, etc.



New Mentor Spotlight Award

The recipients of the 2020 and 2021 Mentor Spotlight awards will be announced in early 2021. The new award recognizes practicing CDCESs (mentors) who have taken part in the CBDCE Mentorship Program and have demonstrated outstanding mentorship to mentees interested in sitting for the CDCES exam. The recipients will be recognized at CBDCEs Leadership Reception during the August 2021 ADCES Annual Meeting and will receive one complimentary meeting registration to the ADCES meeting. Learn more about the [mentorship program](#).

[Become a Mentor](#)

Important Announcements



Thank you for Your CBDCE Service

We bid farewell to Leonard Sanders MD, FACP, BC-ADM, CLS, CDCES. Thank you Leonard for your dedication to CBDCE! The Board of Directors and staff appreciate your contributions. Leonard proudly served on the CBDCE Board of Directors as Chair in 2019 and Board Member from 2016 to 2020. His key accomplishments included:

- Leading CBDCE through the initial phase of the credential name transitioning from CDE to CDCES, and the re-branding of NCBDE to CBDCE,
- Drove the revision of our 3-year strategic plan and

**Leonard Sanders MD, FACP,
BC-ADM, CLS, CDCES**

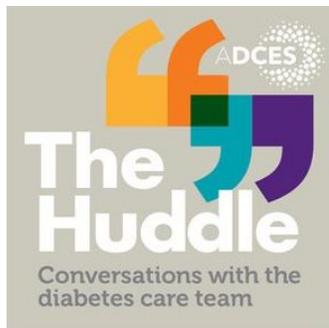
- the design of new CBDCE website,
- Graciously hosted the 2019 Board of Directors meeting/retreat in Monterey, CA, and
- Demonstrated true leadership skills and passion for high-quality diabetes care and education.



Congratulations Dr. Julia Blanchette

Julia Blanchette PhD, RN, CDCES was recently named the recipient of the CBDCE & ADCES Mentored Fellowship Award in Integrated Diabetes Management. The award will support her continuing work looking at financial barriers in emerging adults with diabetes. Learn more about her research work and what she hopes to accomplish over the next year in her exclusive interview!

[Learn More](#)



CBDCE is Featured in ADCES's Podcast

Please take a moment and listen to the Association of Diabetes Care and Education Specialists' podcast "The Huddle" with CBDCE's CEO, Sheryl Traficano, on how to become a CDCES. The podcasts are conversations with the diabetes care team featuring perspectives, issues and updates to inform your practice and elevate your role. A special thank you to ADCES for this great opportunity to collaborate on this podcast!

[Listen Now](#)



CBDCE Celebrates it's 35th Anniversary

CBDCE is turning 35 and we will be celebrating in 2021! The organization was established in 1986 as the certification board to promote the interests of diabetes educators and the public at large by granting certification to qualified health professionals involved in teaching persons with diabetes, through establishment of eligibility requirements and development of a written examination. We have come a long way from our initial 1,248 exam passers in 1986 to our current number of 19,943! Look for upcoming promotion and stories on our initial exam passers who are still certified.

CDCES Certificant Spotlight



Meet Jenni Osborne, MPH, MCHES, CDCES

Currently, I am in a position to influence chronic disease prevention and management for the Navy and Marine Corps. I work with our independent duty corpsmen and medical staff for both surface ships and submarines to develop programs that will help our deployed forces. Our current goal is to combine readiness efforts, targeted health interventions, and diabetes prevention education for more effective programs. I believe the military providers respect my CDCES credential more than my other credentials, and it has opened doors that might not be easily accessed otherwise!

Each newsletter we will spotlight a CDCES to acknowledge the work they do. If you are interested in being featured in a future CDCES story, contact [Susan Hall](#).

[Read Jenni's Story](#)

Happy Holidays



From our CBDCE family of Board of Directors and staff, we wish you and your family a safe and happy holiday season!

We have been through some challenging times in 2020 and hope that 2021 brings you health and prosperity. Happy Hollidays.

Q & A Corner

Q & A Corner: Continuing Education



Q: What is the timeframe for accruing continuing education hours?

A: Continuing education (CE) hours may be completed any time during the accrual cycle. All CE hours must be completed by the application deadline date for renewal of certification by continuing education. Here are two examples of accrual cycles:

Example A: Lisa passed the initial exam on November 2, 2013. Her accrual cycle for continuing education hours started on January 1, 2014.

Example B: Carol was initially certified in 2008 and renewed in 2013 using the continuing education option, with the renewal date of September 16, 2013. The accrual cycle for her next renewal (due in 2018) began on September 17, 2013.

CDCES Resources Available



Get Listed in the Locate a CDCES Directory

Have you activated your CDCES portal account? It's important that people with diabetes and providers can locate you in the directory. Set up your public profile listing in the CDCES portal so you can be listed in the [Locate a CDCES Directory](#). Once you've activated your account on the website, you'll sign in to the portal and set up your public directory listing that includes information about you and your practice.

[Get Listed
Now!](#)

Show your CDCES
Pride. Shop [Online](#) for
CDCES Merchandise!

Shop
Now!

Proudly Display Your CDCES Credential

Purchase CDCES-branded merchandise from the new CBDCE Online Shop



- Beautiful lapel pins
- ID/badge holders
- Zippered tote bags
- Glass water bottles
- Insulated tumblers



Order your CDCES gear now
at the CBDCE Shop -
[cbdce.org!](http://cbdce.org)



CDCES Resources

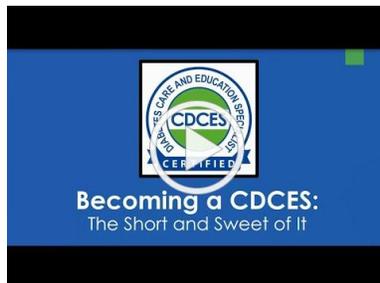
AVAILABLE



CDCES Resources Available

Additional resources are available to help promote the value of your Certified Diabetes Care and Education Specialist (CDCES) credential to the diabetes community and connect with your fellow CDCESs. Learn more about all the resource offerings available for you.

CDCES
Resources



Please Share the CDCES Video

Share this video on the **eligibility requirements of becoming a CDCES** with your peers or anyone interested in learning more about how to become a CDCES. The growing diabetes epidemic calls for more CDCESs in the future!

Share Video

[Renewing your
Credential](#)

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